



Majors 2010 Rules

Games:

- Games will begin at 6:15 pm
- Games will be cancelled when lightning is present.
- Games are to be 5 innings or 75 minutes. Scores are to be reported by the home team to the league director. Email them to cncpopp@msn.com
- No inning shall start after 7:30 pm
- The strike zone will be from the shoulders to knees with liberal inside and outside corners. Please encourage your players to swing away.
- A dropped 3rd strike is an out.
- No infield fly rule will be played.
- No walks, a batter can strike out.
- After 3 balls, the coach for the batting team will come in and pitch to his player.
- A maximum of 10 players on the field. The four outfielders must start on the grass; until the ball is hit.
- Two defensive coaches can be on the field at any time, except in tournament play when no coaches will be allowed on the field.
- Coaches must rotate players each inning. A pitcher can pitch only 3 innings per night.
- Fields should be raked by the home team each night, after the game or practice is complete.
- The maximum runs scored in an inning is 5. A half inning is over when a team scores 5 runs or gets 3 outs, whichever is first.

Batting & Base Running:

- The batter must make an attempt to not be hit by a pitched ball which is thrown by a player. A hit batter may go to first base when hit by a player but not a coach.
- A hit batter may elect to stay and hit if they like.
- Base runners can advance one base on an overthrow, except at home. To go home the ball must be put in play by a hit or bunt.
- Bunting is allowed and encouraged.
- No stealing.
- Leading off is allowed after the pitch is released by the pitcher.

Pitching:

- A player will pitch until she gets 3 balls on a batter, and then the batting team coach will pitch to that player.

Umpires:

- Each team will supply 1 umpire per game. Umpires will call balls and strikes when the opposing team is pitching.

Cancellations:

- Games will be cancelled when rain is hard enough to close the fields or when coaches mutually agree to cancel game ahead of time.
- It is the coach's responsibility to notify the players and parents ASAP in the event of a cancellation.
- Make up games. If the teams are rained out and would like to makeup the game they can do so on Friday evenings or Saturday, this is up to the coaches to set this up, and let the players, parents and the league director know.

Sportsmanship:

- All players, parents and coaches will keep their team's chants and cheers positive, name calling will **not** be tolerated.
- All players will give 100% effort regardless of the score and be respectful of their teammates, coaches, umpires and opponents.
- Mistakes are part of the game, brush them off. Teams that give 100% effort overcome their mistakes.
- All parents will be supportive and encouraging of all players. The coaches and umpires have a tough job, be supportive of their commitment to volunteer.
- Parents that can't demonstrate good sportsmanship will be given a warning on the first offense, and asked to leave the field after their second offense. A parent asked to leave the field because of poor sportsmanship, will not be allowed to attend another game or practice until they have called and discussed their poor sportsmanship with the league director.

Equipment:

- Please take good care of the equipment, try to place the heavier items into the Jo Boxes 1st (pitching machine and bases) with lighter items on top.
- Please make sure the players take good care of the equipment, by not hitting bats against the poles and not throwing helmets.
- All players must use batting helmets with a face mask on them. There are no exceptions!
- FIRST AID kits are in every box if they need restocking (especially ice packs) let the league director know.

Contact Information:

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www.lakevillefastpitch.org