



## 2010 Grapefruit League Rules

### Games:

- Games will begin at 6:15 pm.
- Games will be cancelled when lightning is present.
- Batters will receive 4 attempts to hit the ball off the tee.
- All batters will hit each inning; the runners will advance one base at a time.
- The last batter will run all of the bases until she reaches home plate.
- Stealing is not allowed.
- There should be at least one coach on the field to provide direction for the players.
- Coaches must rotate players each inning.
- Fields should be raked by the home team each night, after the game or practice is complete.

### Cancellations:

- Games will be cancelled when rain is hard enough to close the fields or when coaches mutually agree to cancel game ahead of time.
- It is the coach's responsibility to notify the players and parents ASAP in the event of a cancellation.
- Make up games, if the teams are rained out and would like to makeup the game they can do so on Friday evenings or Saturday, this is up to the coaches to set this up, and let the players, parents and the league director know.

### Sportsmanship:

- All players, parents and coaches will keep their team's chants and cheers positive, name calling will **not** be tolerated.
- All players will give 100% effort regardless of the score and be respectful of their teammates, coaches, umpires and opponents.
- Mistakes are part of the game, brush them off. Teams that give 100% effort overcome their mistakes.
- All parents will be supportive and encouraging of all players. The coaches and umpires have a tough job, be supportive of their commitment to volunteer.
- Parents that can't demonstrate good sportsmanship will be given a warning on the first offense, and asked to leave the field after their second offense. A parent asked to leave the field because of poor sportsmanship, will not be allowed to attend another game or practice until they have called and discussed their poor sportsmanship with the league director

**Equipment:**

- Please take good care of the equipment, try to place the heavier items into the Jo Boxes 1<sup>st</sup> (pitching machine and bases) with lighter items on top.
- Please make sure the players take good care of the equipment, by not hitting bats against the poles and not throwing helmets.
- All players must use batting helmets with a face mask on them. There are no exceptions!
- FIRST AID kits are in every box if they need restocking (especially ice packs) let the league director know.

**Contact Information:**

League Director      Chuck Popp  
952-210-7320  
[cncpopp@msn.com](mailto:cncpopp@msn.com)

[www.lakevillefastpitch.org](http://www.lakevillefastpitch.org)