



**City of Alexandria
Department of Recreation, Parks and Cultural Activities
Sports Section**

2013 Alexandria Titans Youth Football Program
Home Field Rules and Regulations
George Washington Middle School

Welcome to the City of Alexandria!!

Below are the field access requirements for George Washington Middle School (home of the Alexandria Titans Youth Football Program). **No one except official coaches, team statisticians, cheerleaders, Commissioners and FCYFL Executive Committee will be allowed inside of the game field fence area.** (Team parents, lawyers, doctors, trainers, photographers and etc. will not be allowed) Please pass these rules and regulations on to your coaches and parents and spectators so they will understand our regulations.

Field Rules and Regulations:

1. The Head Coach will report to the Commissioner, Assistant Commissioners or recreation department staff when they arrive at the field. The Head Coach will be advised of the field regulations. They must turn in two (2) copies (one for the opposing team and one for the Field Coordinator) of the official **FCYL league roster only** and be directed where to warm-up in the designated areas only prior to the game. **Teams must be lined up ready to enter the field at least 10 minutes prior to the scheduled start of the game.**
2. **ALEXANDRIA WEARS RED JERSEYS AT HOME.** If your team wears red jerseys also, **you must provide** the alternate away jerseys that do not conflict with Alexandria to your team. We will not be providing alternate jerseys.
3. Respect the officials. **DO NOT** harass, threaten and/or inappropriately engage an official. If you have a problem, please contact the Commissioner, the Assistant Commissioners or recreation department staff.
4. **Sportsmanship first.** Please ensure your players, coaching staff and spectators show good sportsmanship no matter what.
5. We welcome you as our guest. Teams will be expected to follow the rules and regulations at our field and we will make sure you're treated appropriately. Parents, players, coaches will act accordingly while at our fields. If you have a problem with one of these do not hesitate in contacting the recreation department staff.

Failure to do so will mean they will be asked to leave the school grounds immediately by our security personnel or staff.

6. Any injuries should be addressed appropriately to the recreation department staff. In the case of an open cut or scrap IMMEDIATELY remove the player, clean and cover the area. If you don't have the appropriate first aid materials, we will provide assistance.
7. **NO PETS are allowed on the City of Alexandria school grounds.** They must remain in your car or take them home.
8. **NO SMOKING IS ALLOWED. The school is a smoke free facility.**
9. All trash from your team's bench area must be cleaned up before leaving the field.
10. The Titan Booster Club will be selling concessions at the games.
10. Snacks after the game must be distributed outside the field area and all trash must be placed in the trash receptacles before leaving the facility.
11. Spectators are also required to place all trash in the trash receptacles.
12. If you have any questions or concerns, please see the Field Commissioner or the recreation department staff.

Director of Sports & Assistant Titans Commissioner:
Mac Slover - mac.slover@alexandriava.gov

Youth Sports Supervisor:
Tamika Coleman - tamika.coleman@alexandriava.gov

Football Commissioner: Jim Gibson – gccjg@aol.com

Alexandria Recreation Sports Office: 703.746.5402

Youth Sports Weather Hotline: 703.746.5597

Field Locations

**George Washington Middle School
1005 Mt. Vernon Avenue
Alexandria, Virginia 22305**