



Girls Lacrosse Winter Clinic

Take this opportunity over the winter to fine-tune the basics and prepare for spring tryouts. At camp you will:

*Sharpen your stick skills.
Develop your individual defensive/offensive skills.
Work on your speed and agility.
Have fun!*

Director: Alex Whitworth, Current PVI head coach

Coaches: PVI coaching staff & current players

Who can sign up? Girls in grades 2-8. Beginners and experienced players are welcome!

When: January 25th, February 1, and February 8 , 4-6PM come to one or all!

Where: Panther Activity Center (PAC)

How much? \$40 per session, or \$100 for all 3

What do I bring? Lax stick, goggles, mouthguard, indoor sneakers, water bottle

Register online: www.pvirlax.net

Make checks payable to: Paul VI High School

Mail to: Paul VI High School

Attn: Girls Lacrosse

10675 Fairfax Blvd

Fairfax, VA 22030

Questions or Concerns, Please email Alex Whitworth @ awhitworth@paulvi.net

Name:		DOB:	
Parent Email:		Grade:	
Phone:		Lax Experience:	
Please Check Sessions Attending: January 25 _____ February 1 _____ February 8 _____			
I understand that lacrosse is a contact sport. I accept that there is risk of injury while playing or practicing the sport of lacrosse. I knowingly assume all risks associated with participation, even if arising from the negligence of the participants or others, and assume FULL responsibility for my participation. I authorize the PVI lacrosse staff to act for me according to their best judgment in any emergency requiring medical attention.			
Parent Name:	Emergency Contact #		
Parent Signature:	Second Emergency Contact #		

PLEASE MAIL IN REGISTRATIONS BY JANUARY 15!!