



Newburyport Youth Hockey

INSTRUCTIONAL HOCKEY

2010/2011 season

The goal of the Program is to teach girls and boys basic hockey skills while at the same time creating a fun environment for both the children and their parents.

The season begins in September and is capped off by participating in the Larry Fournier Memorial Tournament at the end of February. Games are played at the Graf Rink, Newburyport as are most practices.

Some of the things your player will learn this year:

- 🌀 Starting and stopping;
- 🌀 Skating forward and backward with the puck;
- 🌀 Passing, receiving and shooting the puck;
- 🌀 Cross-over skating (strong-side and weak-side);
- 🌀 Basic elements of the game of hockey; and
- 🌀 Being part of a team, being a good teammate and good sportsmanship.

Required equipment includes: Hockey helmet **with mask**; practice jersey; shoulder/chest pad; elbow pads; gloves; pants; shin pads; socks (can be found at Amesbury Skate and Sport); skates; and hockey stick. Game jerseys are provided by the League.

Registration will take place at the Graf Rink on Monday, March 15 and Wednesday, March 17 from 6 pm to 8 pm on both nights. Registration will be capped at 32 players (2 teams of 16). Any registrations received after the initial 32 will be placed on a wait list. Please note: preference will be given to current NYHL families and Newburyport residents before new out of town families are considered. The registration form can be found on nyhl.org.

Instructional players **do not** tryout. Your child needs to be at least **5 years of age prior to December 31, 2010.**

The fee for registration is \$175 for each player being registered. Questions can be emailed to directors@nyhl.org.