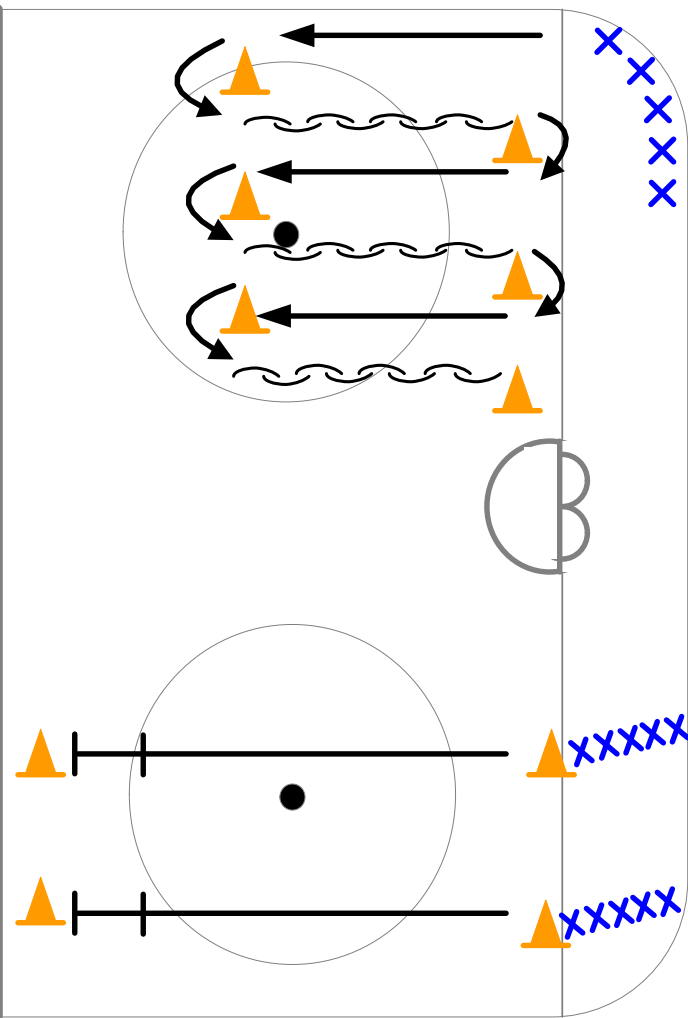
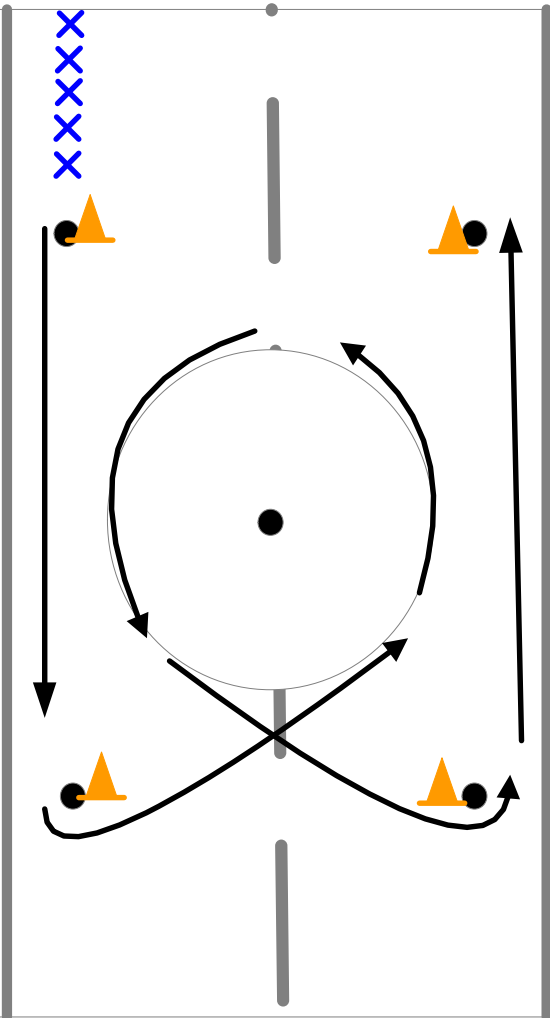
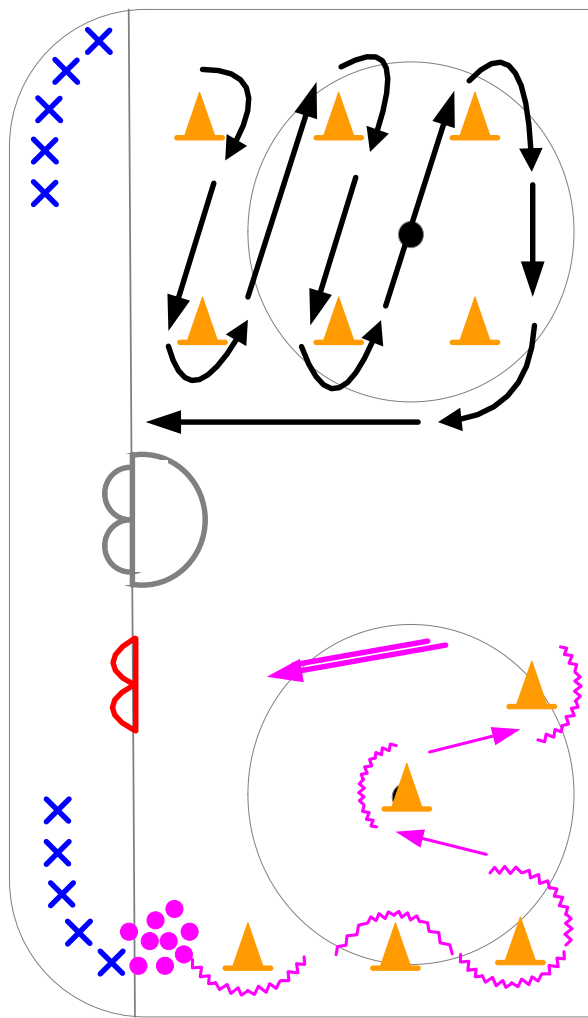


Station 1: Skating
Agility - Tight Turns

Station 3: Skating
Agility - Crossovers

Station 4: Skating
Backward/Forward
Transitions



Station 2: Stick
Handling and Shooting

Station 5: Skating
Speed and Stops