JD Almond's TENNIS LESSONS

Private Lessons

Private and Semi-Private lessons are available for both juniors and adults. The private lesson rate (1:1 ratio) is $50 per hour. The semi-private lesson rate (2:1 ratio) is $27.00 per person per hour.

Create Your Own Clinic

Can't find a junior or adult class that fits your schedule? Did you ever want to take a class with just your friends? Your TIME, your FRIENDS, and the PRO! Contact JD for specific details.

Junior Tennis Program (5 week program)

- ***Beginner/Adv. Beginner (Ages 7-12 years)***

The basics of tennis will be taught including: ground strokes, volleys and serves. The purpose of this class is to have fun while constantly working towards the goal of real tennis games and the ability to rally. Must have 3 registered students in order to have the class.
Sundays 4:00 pm-5:00 pm Members - $70.00 Non-Members - $85.00
Session: May 2nd – June 6th (skip May 30th and rain date June 13th)

- ***Intermediate/Advanced (Ages 10-16 years)***

This is for juniors who have participated in a junior team program for at least one winter and/or three summers. We will be working on stroke production, singles and doubles strategy, and footwork skills. Juniors interested in participating in tournaments and/or playing high school tennis is recommended. Must have 3 registered students in order to have the class.
Sundays 5:00 pm-6:30 pm Members - $105.00 Non-Members - $125.00
Session: May 2nd – June 6th (skip May 30th and rain date June 13th)

Adult Tennis Program (5 week program)

- ***Beginner/Adv. Beginner Class***

The basics of tennis will be taught including: ground strokes, volleys and serves. The purpose of this class is to have the players work towards the goal of playing real tennis games and the ability to rally. Must have 3 registered students in order to have the class.
Sundays 6:30 pm-8:00 pm Members - $105.00 Non-Members - $125.00
Session: May 2nd – June 6th (skip May 30th and rain date June 13th)

Cardio Tennis (All Levels)

Forget running on the treadmill! Drills will give players of all abilities an ultimate, high energy workout. Get on the tennis court for a fun and fast paced work out. Cardio Tennis is designed for all levels and ages. Enjoy a new, fun group activity featuring drills to give players an ultimate, high energy workout.
Sundays 3:00 pm-4:00 pm Members - $75.00 Non-Members - $90.00
Session: May 2nd – June 6th (skip May 30th and rain date June 13th)

For more information contact:
JD Almond at 703-501-1773, or via email at jdalmond@starpower.net.