

General Information

Each camper will work directly with the Ballard High School coaching staff. The Ballard High School (BHS) Youth Football camp is committed to a planned program of football development for your son, including blocking, tackling, passing, catching, kicking, and other specialties in a safe, non-contact football environment. Athletes will learn the BHS Football fundamental drills, offense, and defense.

Camp Location

BHS Football Field
1418 NW 65th St
Seattle, WA 98117

Cost

\$100 for one session, \$180 for two sessions.
(includes camp T-shirt)
Make checks out to BHS-ABC Football

Together
Everyone
Achieves
More

Address Correction Required

BHS ABC Football
Attn: Joey Thomas
c/o Ballard High School
1418 NW 65th Street
Seattle, WA 98117

BALLARD HIGH SCHOOL YOUTH FOOTBALL CAMP

Session #1-June 25-29, 2012

Session #2-July 2-6, 2012 (no camp 7/4)

Open to grades K-9

9:00 am to 12:00 pm

Check-in 8:30 am

Ballard High School Field

Each session will be composed of different activities, skills, and drills.



Beaver Football
We All We Got!

Email: coachthomas.bhs2@yahoo.com

2012 BEAVER FOOTBALL

Together Everyone Achieves More



Joey Thomas

Campers,

This is a great opportunity to learn football fundamentals, meet the BHS coaching staff, and enjoy a great sport.

Our staff has high school, collegiate and professional football experience—we love the game. My staff and I are committed to not only making the players better on the field but also better young men.

Coach Thomas

coachthomas.bhs2@yahoo.com



Beavers in action!

Coach Thomas, a decorated athlete from John F. Kennedy High School, was a three-sport athlete in football, basketball and track. While playing for the Lancers, Thomas was a two time high school all-area and all-state selection in football. He accepted a football scholarship to the University of Washington where he red-shirted his freshman year, then decided to transfer to Montana State University where he had 122 career tackles as a defensive back and 11 interceptions, and was selected as a two time All-American and All-Big Sky conference football player. Thomas was the 3rd round draft pick for the Green Bay Packers in 2004. He then played for the New Orleans Saints, the Miami Dolphins and finished his professional career with the Oakland Raiders.



Sign-up Form

Player Name _____

Address _____

Phone _____

Parent Name _____

Grade (now) _____

School _____

E-mail _____

As parent or guardian, I hereby give permission for my son to participate in the Ballard Beavers Youth Football camp and acknowledge the fact that he is physically able to participate in camp activities. I acknowledge that I am responsible for any and all medical expenses due to my child's illness or any injuries.

Signature of parent or guardian _____

How to Register

Mail check & form to:

Joey Thomas c/o Ballard High School
1418 NW 65th Street
Seattle, WA 98117

Make checks payable to:

BHS-ABC Football

Session #1

Session #2

Cost

\$100 for one session, \$180 for two sessions.
(includes camp T-shirt) Total= _____

T-Shirt Size: _____