

Single Wing Philosophy

By Coach Clement

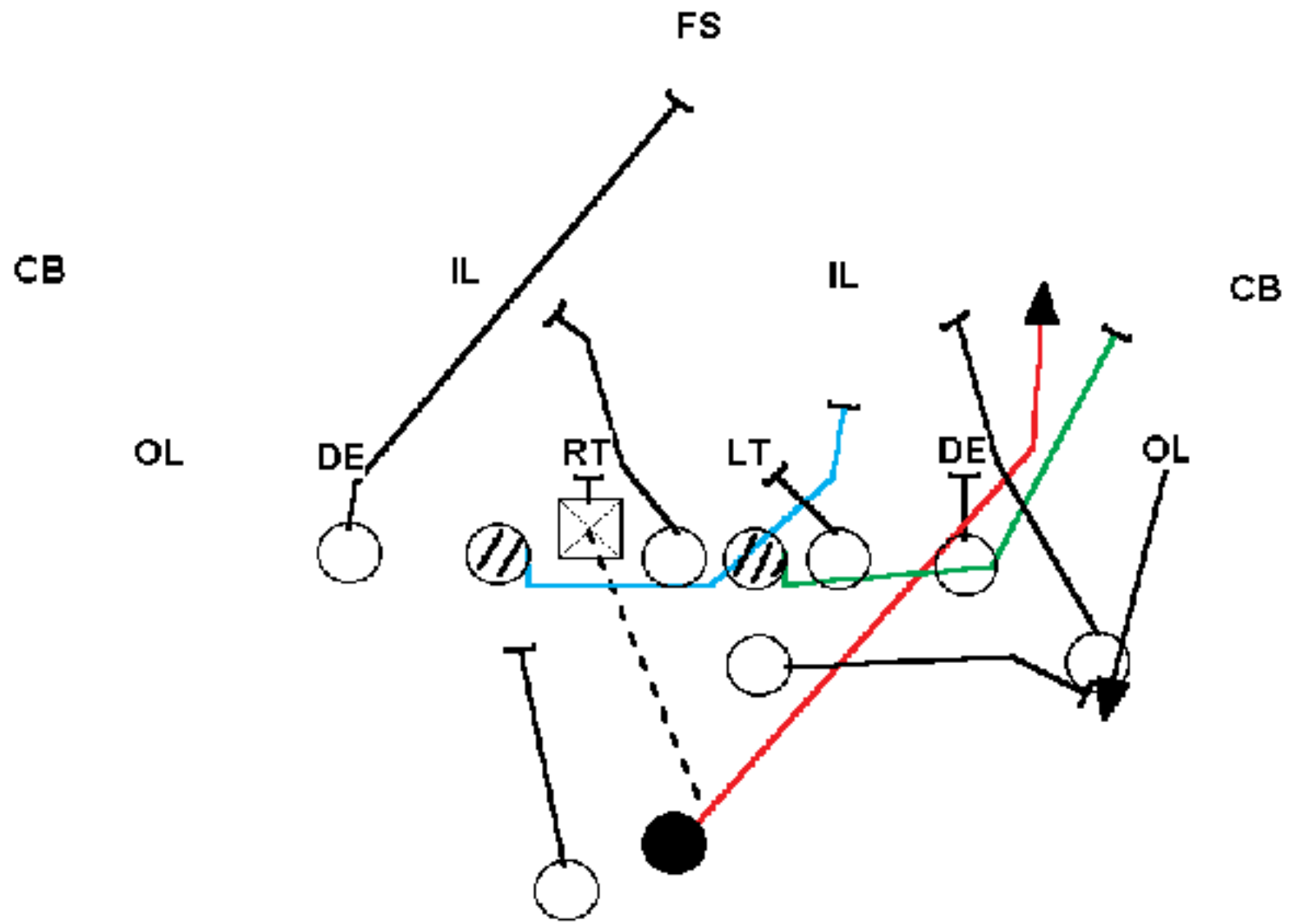
The Single Wing is an offensive system that has been in existence almost since the beginning of football as we know it. The Single Wing style of football is power, deception, and diversity. This trademark trinity makes the Single Wing one of the deadliest and most effective offenses (still) in existence today. Most of today's offenses, Wing-T, Double-Wing, I, Run-and-Shoot, all are hybrids of the Single Wing. With a little adjustment the Single Wing became these offenses.

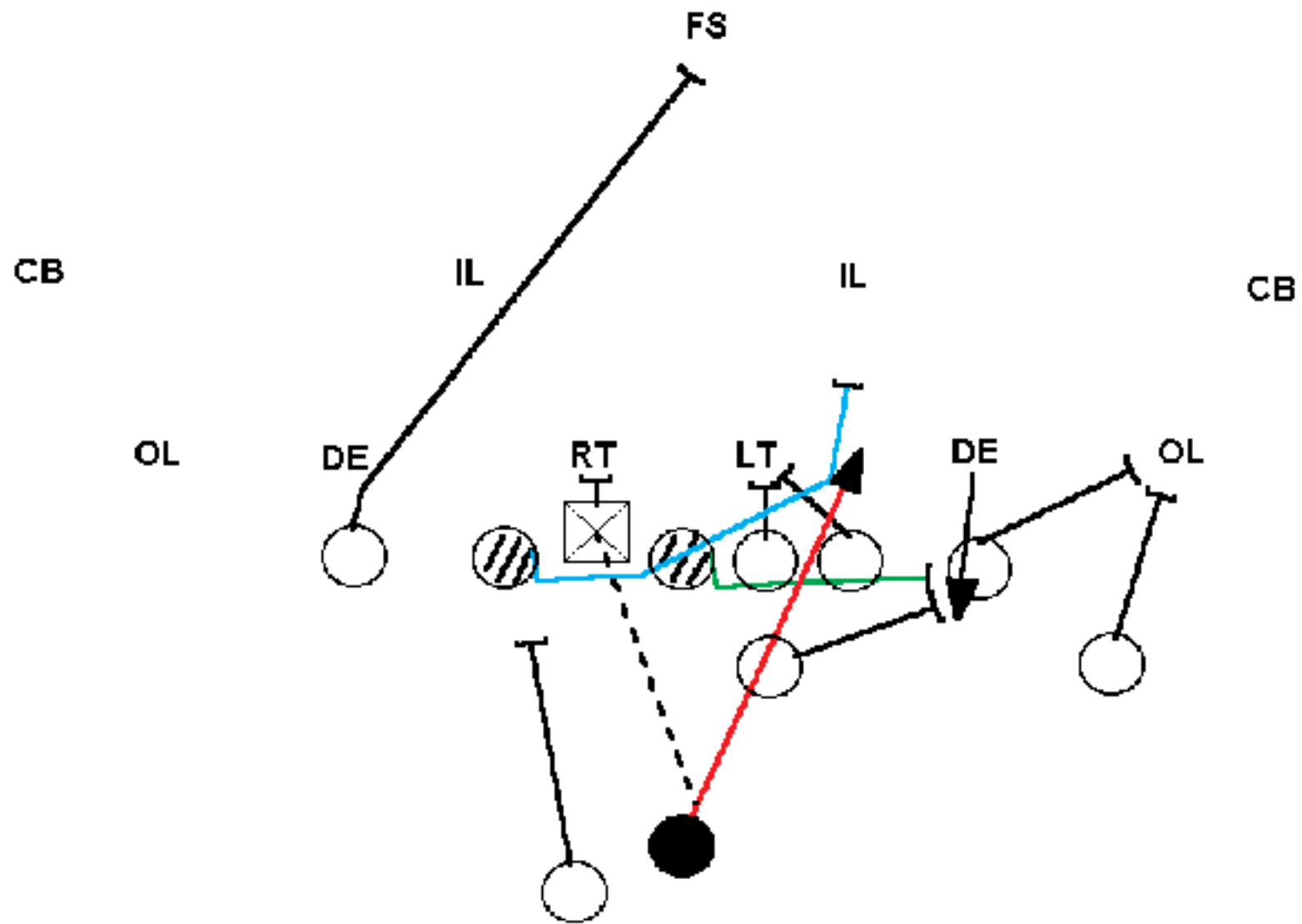
The ideas and concepts I discuss are partly my own adaptation of the Single Wing to my pee-wee football team. The majority was taken from three sources: Simplified Single Wing Football by Kenneth W. Keuffel, Modern Single Wing by Charles W. Caldwell, Jr., and Single Wing with the spinning fullback by John F. Aldrich. These books are essential for a Single Wing coach to have or read at the least.

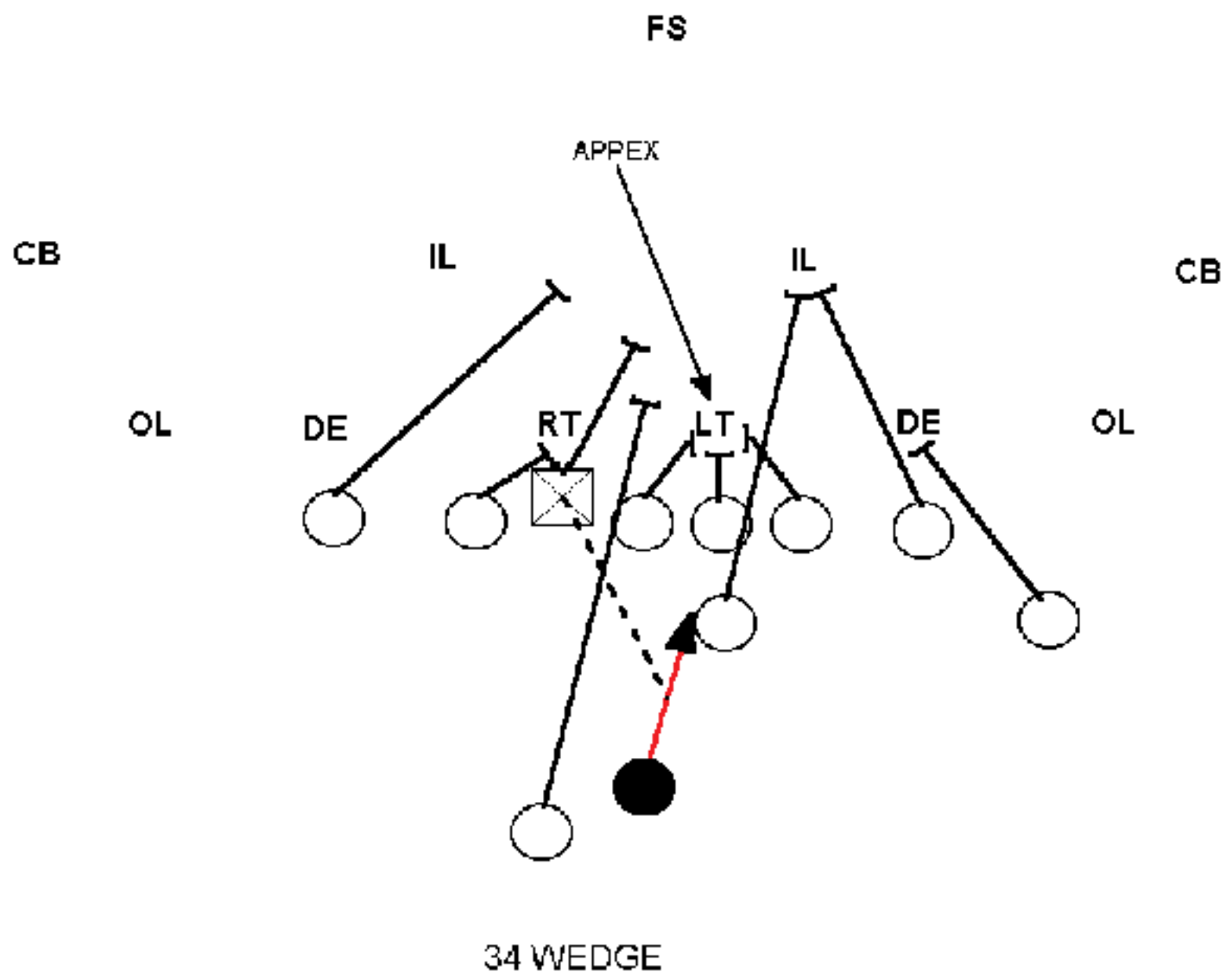
The power of the Single Wing comes from the unbalanced line, the line spacing, and the number of blockers at the point of attack (POA). The unbalanced line forces the defense to adjust or be outflanked all day. The tight spacing allows reach and double team blocking ease. Finally, we try to get as many of our 11 to the POA as possible. The wing, blocking back and fullback usually all go to the POA along with a few guards and tackles. This combo gives a powerful offense.

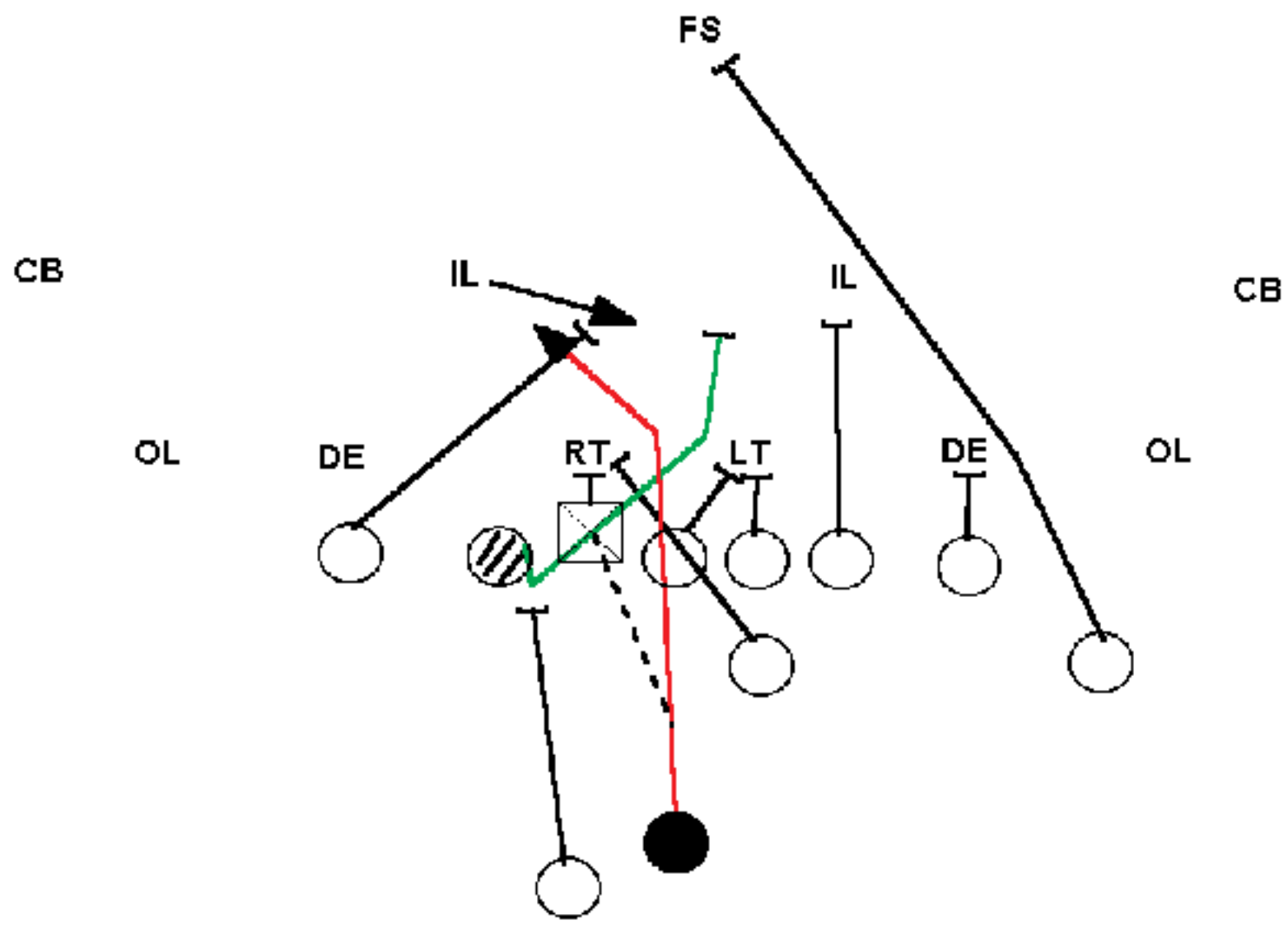
Even though it looks pretty straight forward, the Single Wing can be very deceptive. With the number of people that can handle the ball, just finding the carrier can become a problem. Add in the spinning of the full and tail back and this adds to the confusion. Also, there are a number of counters and reverses out of the base plays. Once the defense pins its ears back and comes after the run, then you hit them with the pass-run option or just a plain pass play. Ohhhh, they can pass too! There are 3 quick receivers that can get into the pattern. But what makes the Single Wing really tricky is the ball handling. All the backs are taught to tuck the ball into their gut and hide it by bending over it.

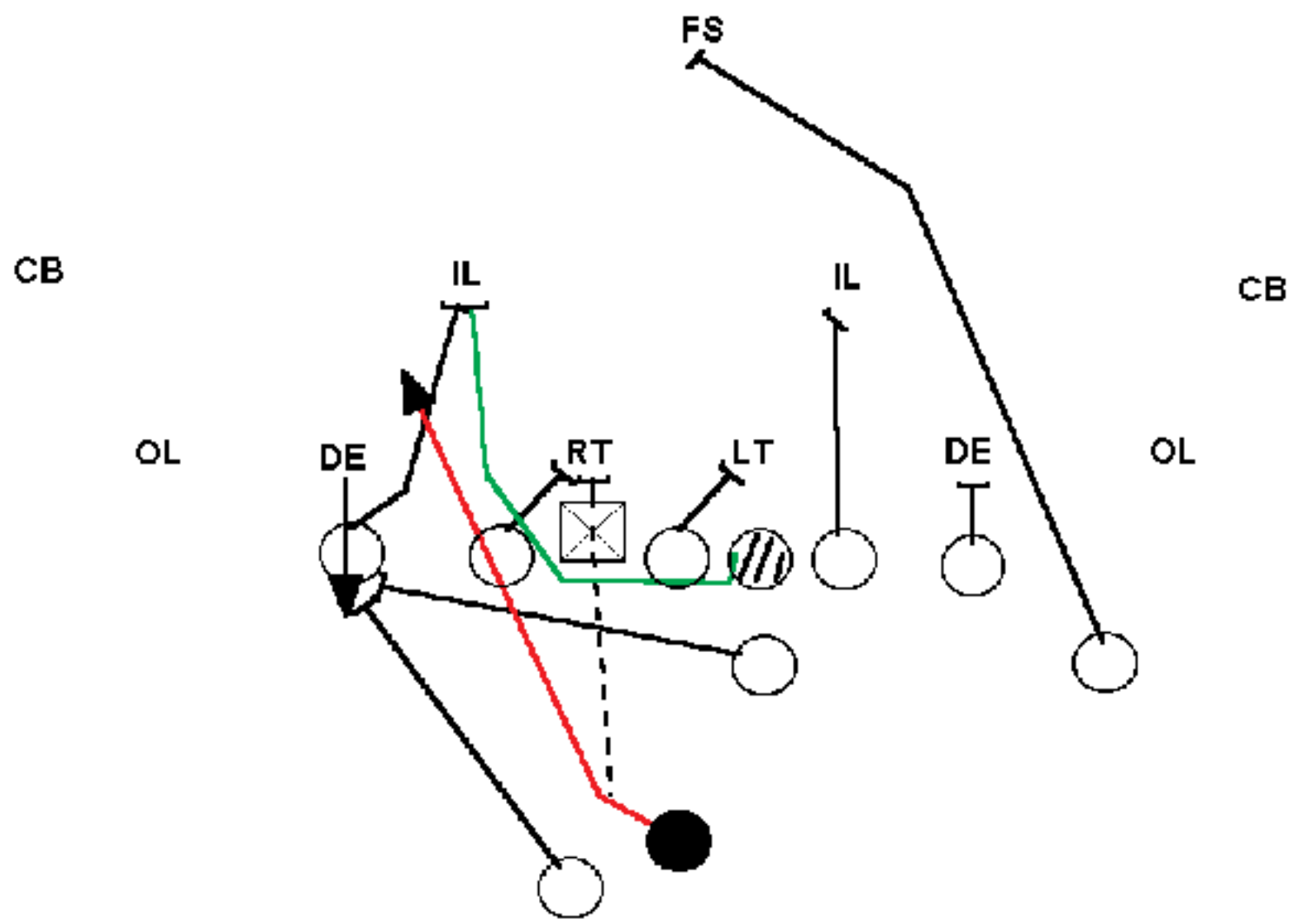
Finally the Single Wing is very adaptable. There is not a defense that cannot be penetrated by this offense. If the defense is prepared to stop the run the pass kills them and vice versa. I use zone blocking to adjust for stunts and blitzes. Also, there are many formations that come from the base. Ex. double wing, flexing the fullback wide, moving the wing and the blocking back.

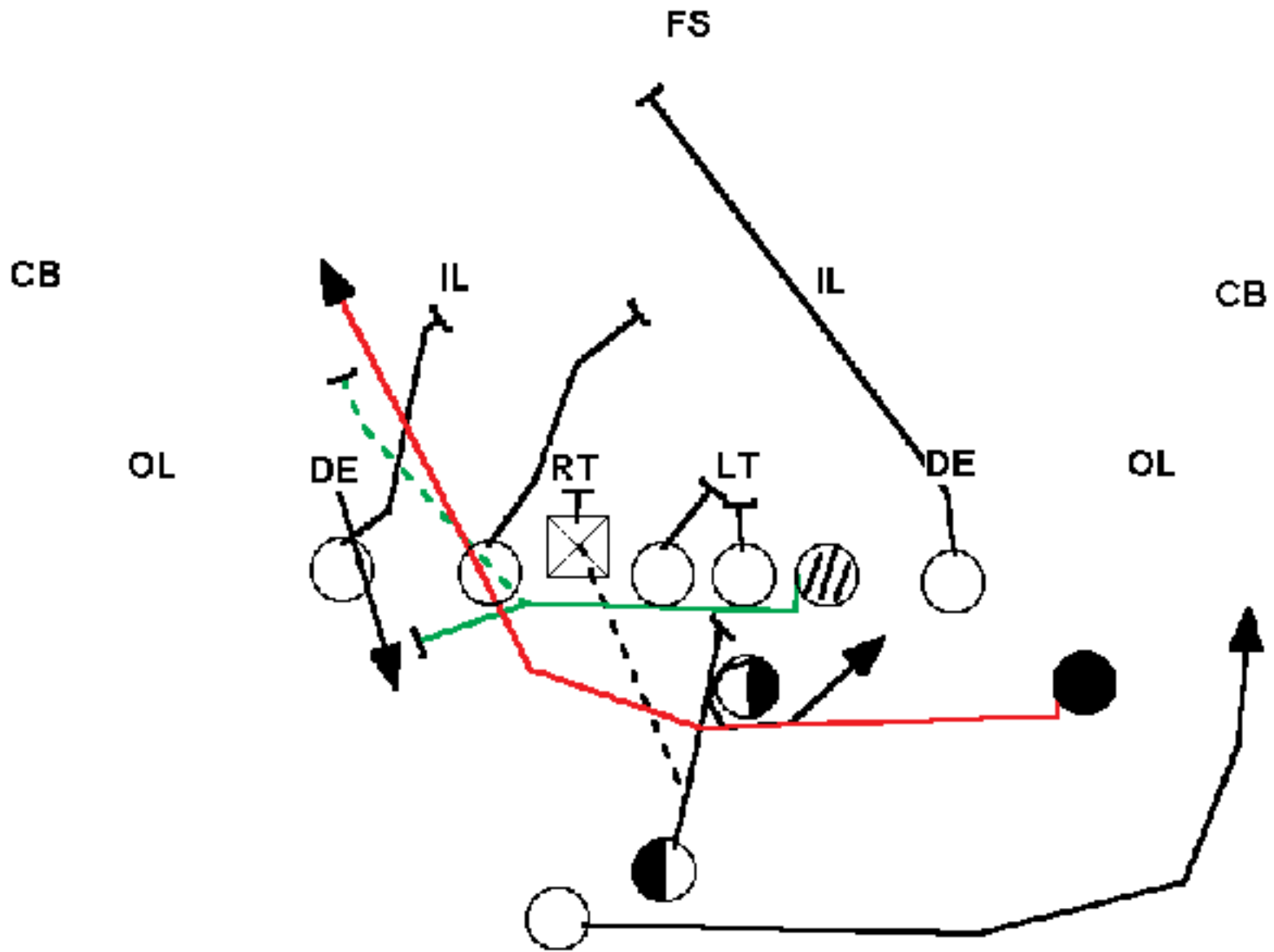






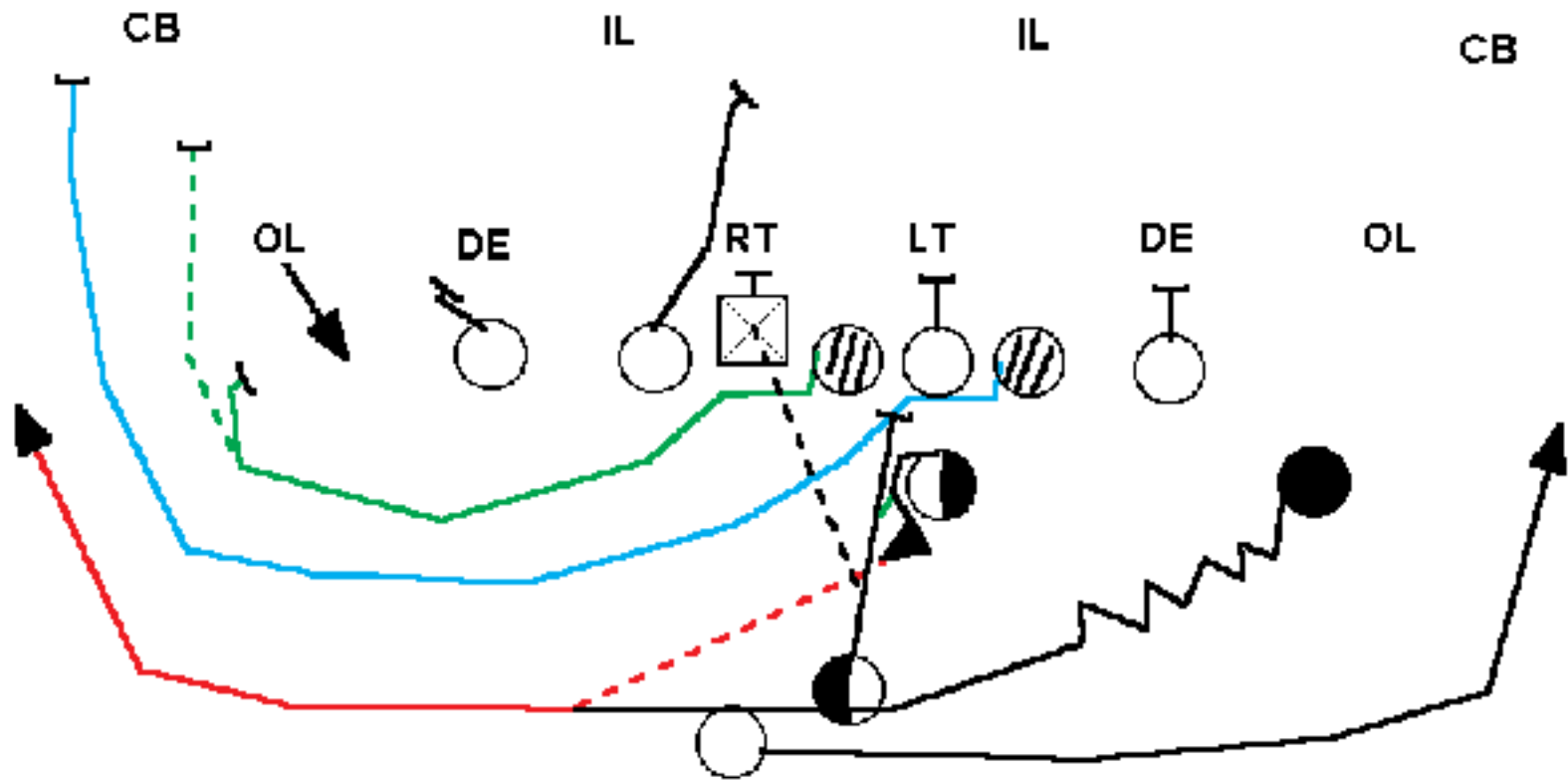




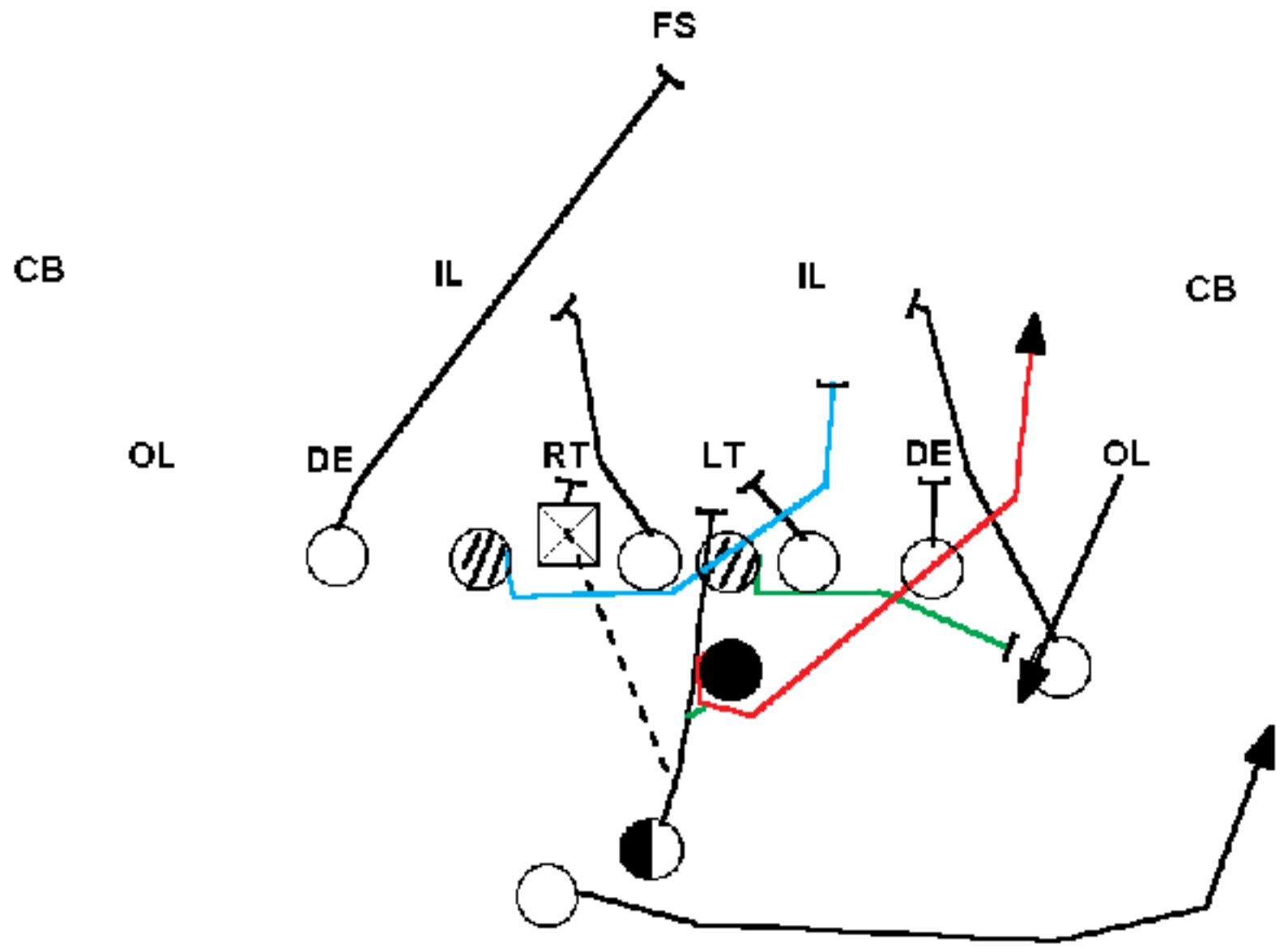


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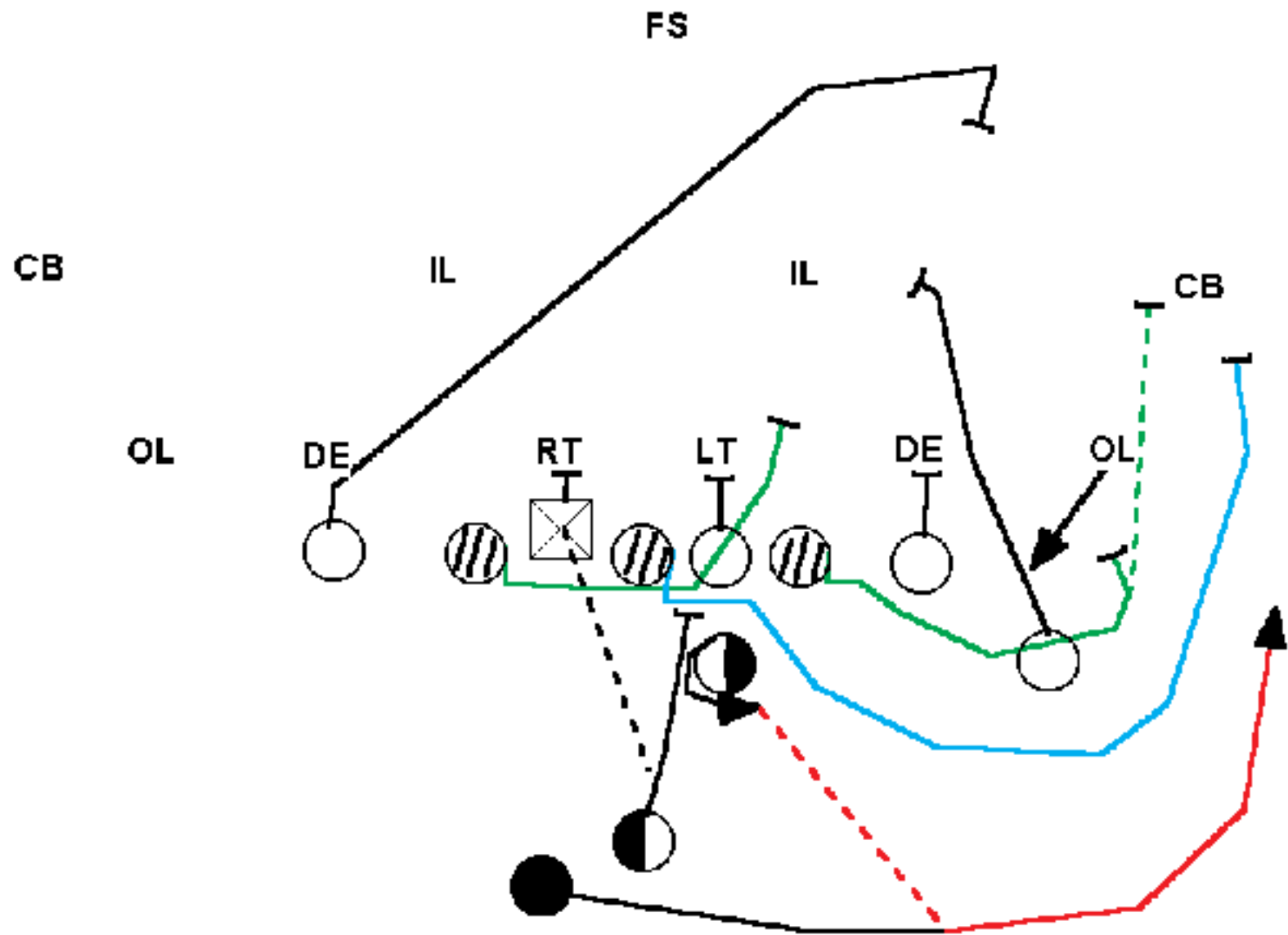
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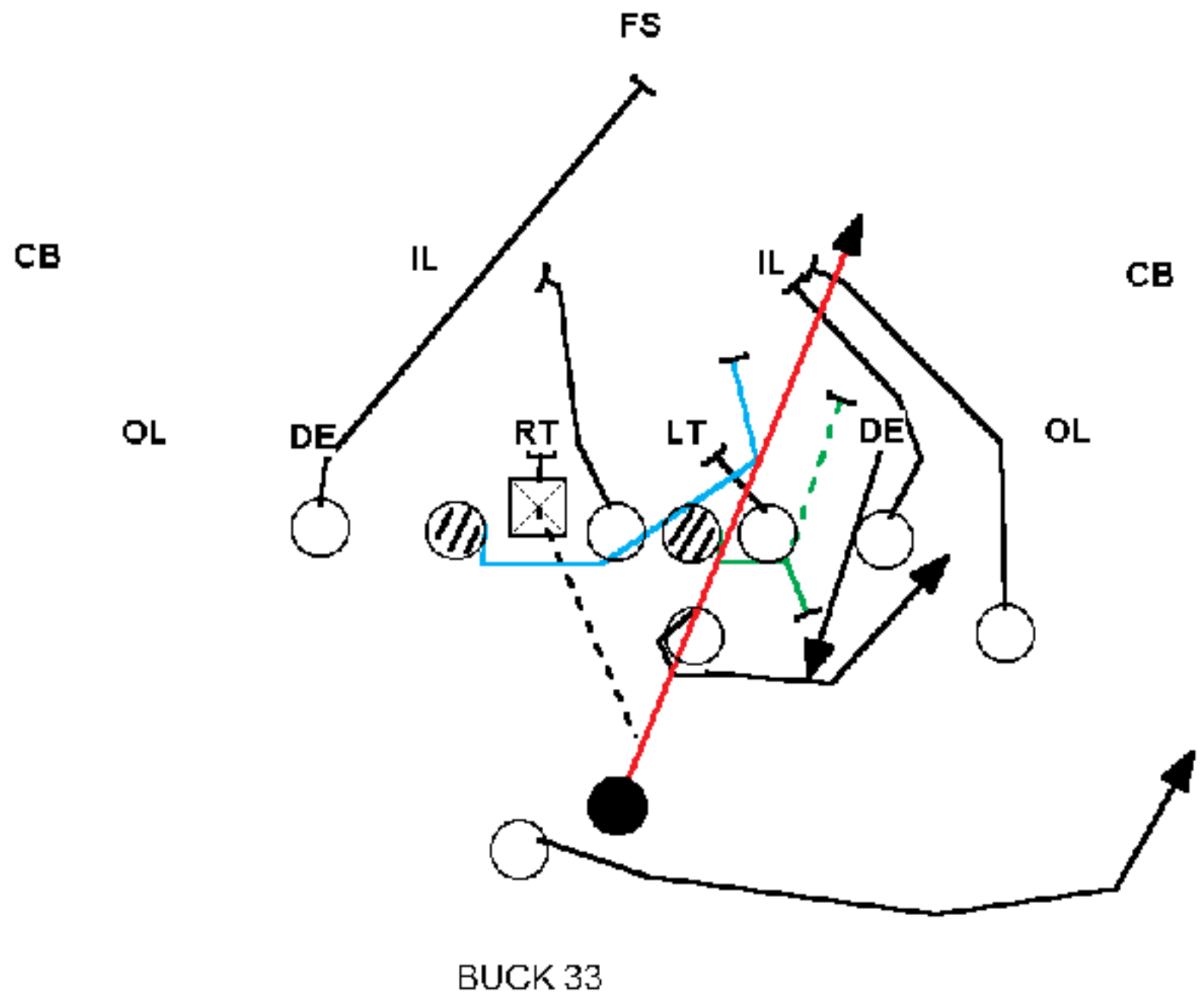
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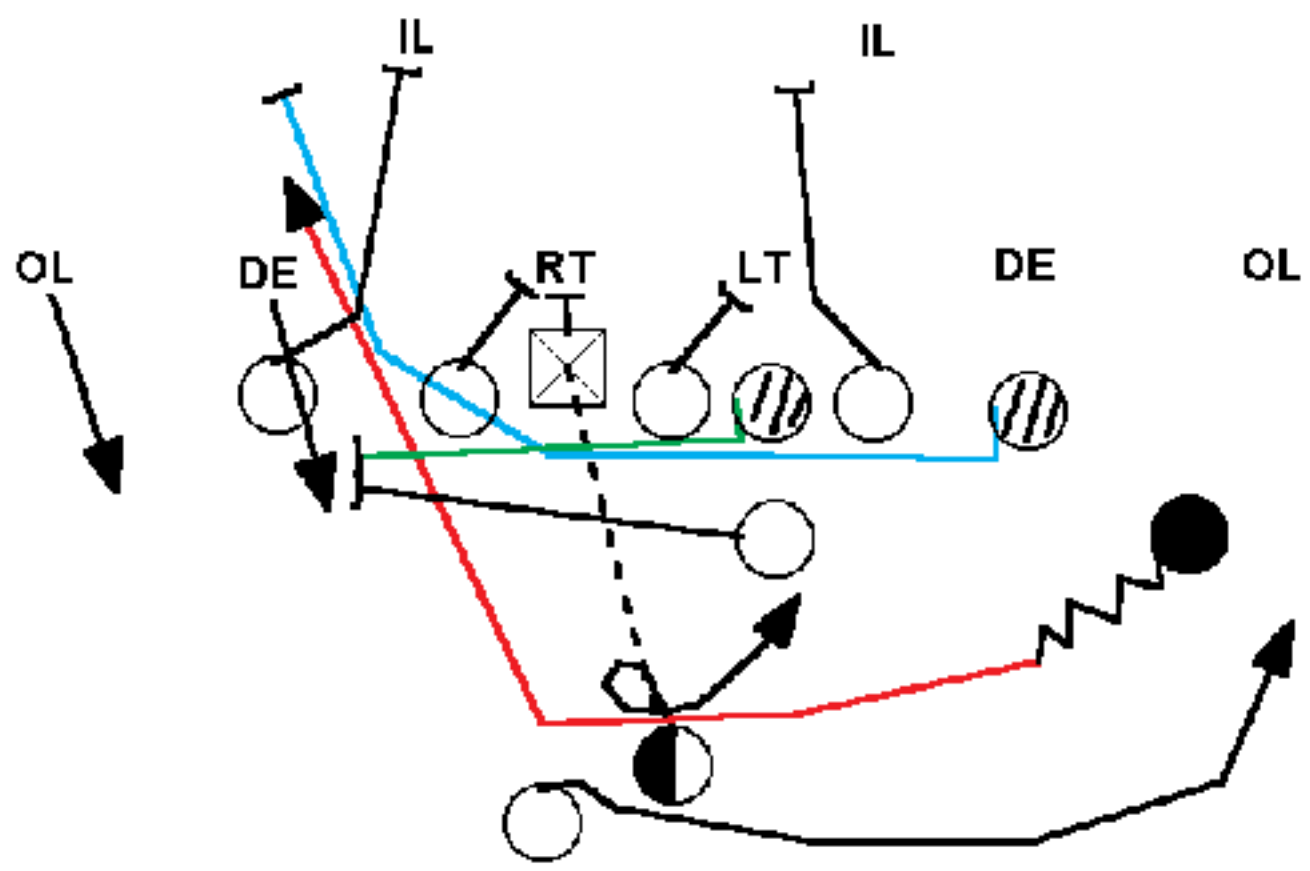
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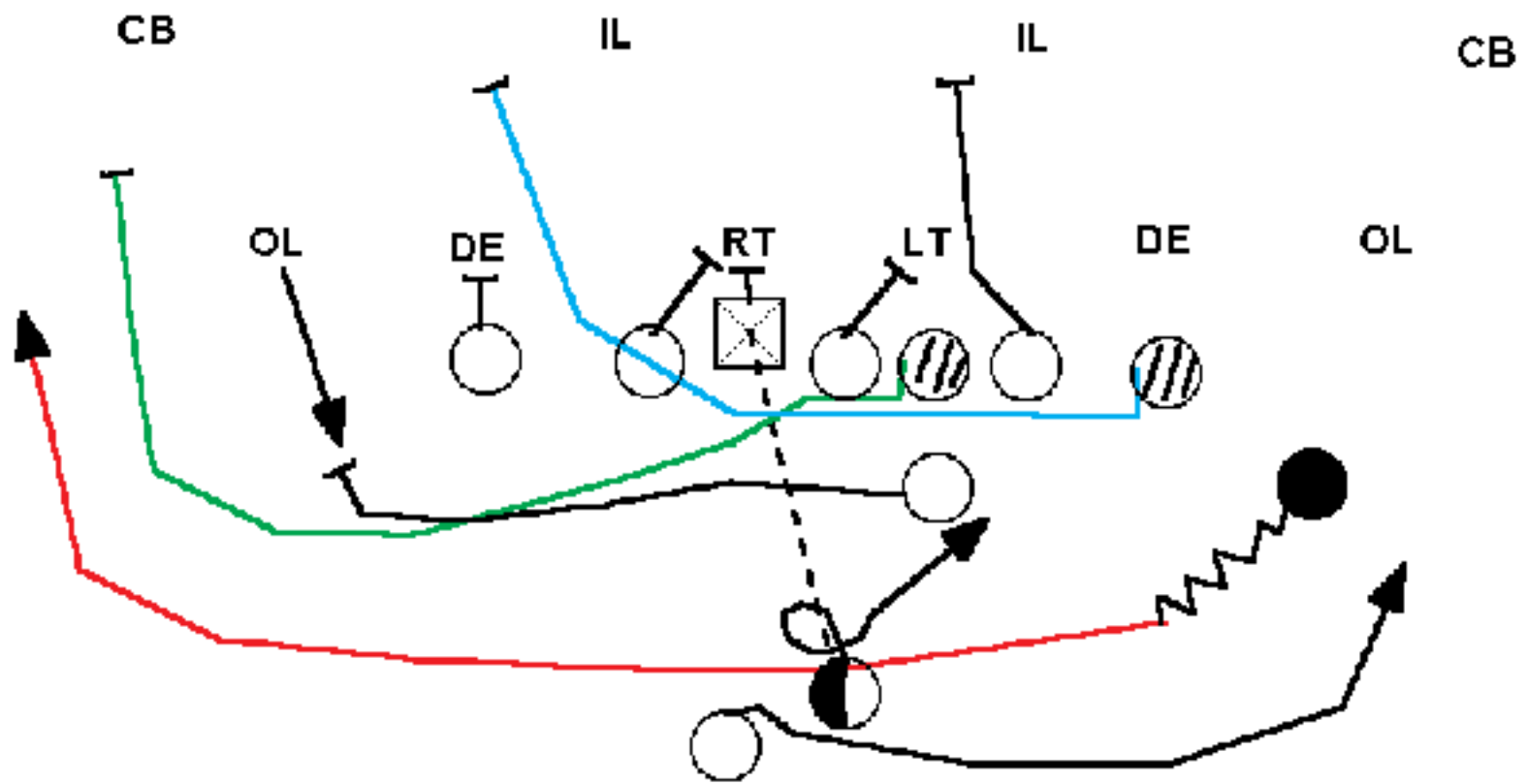
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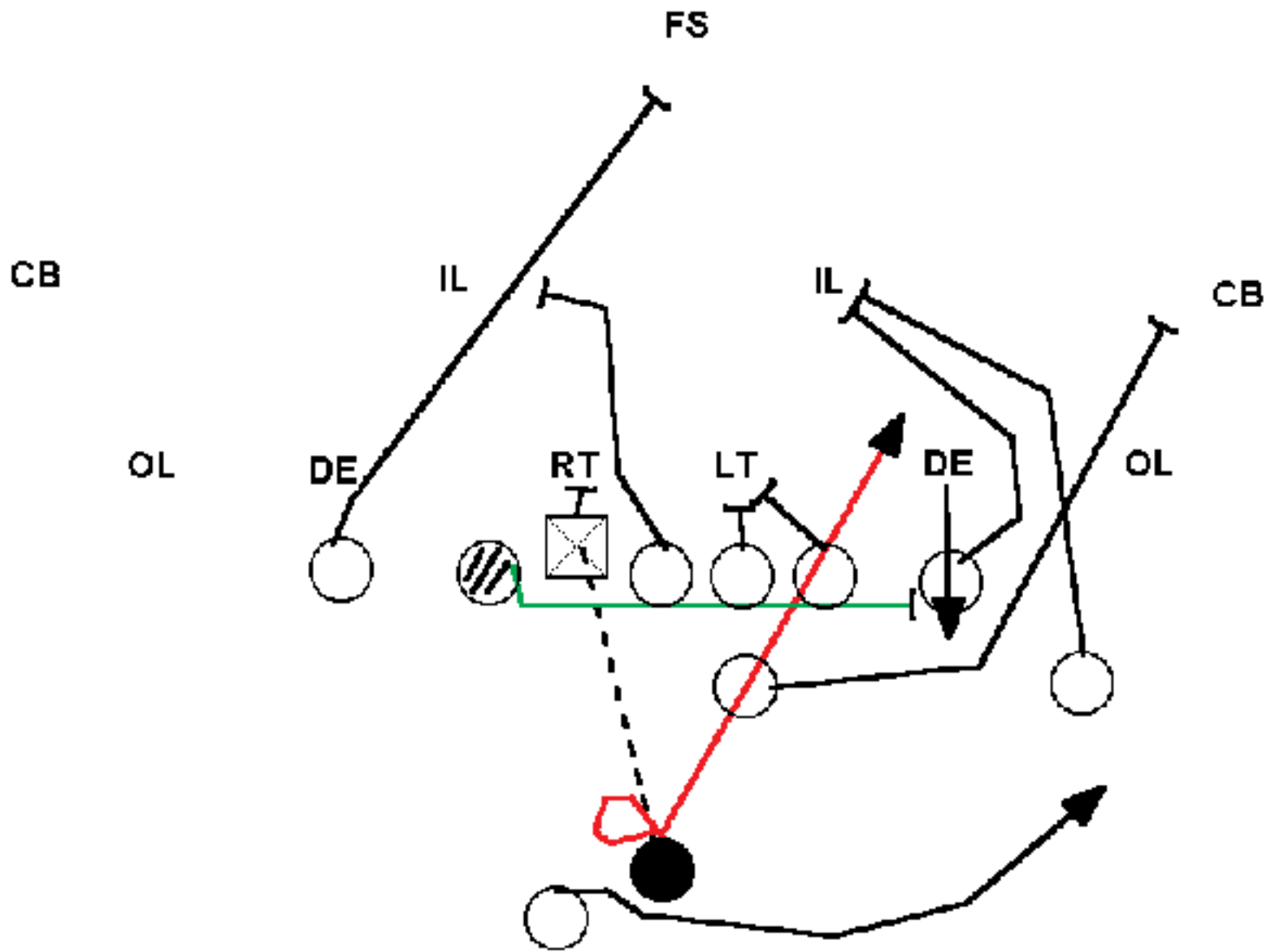


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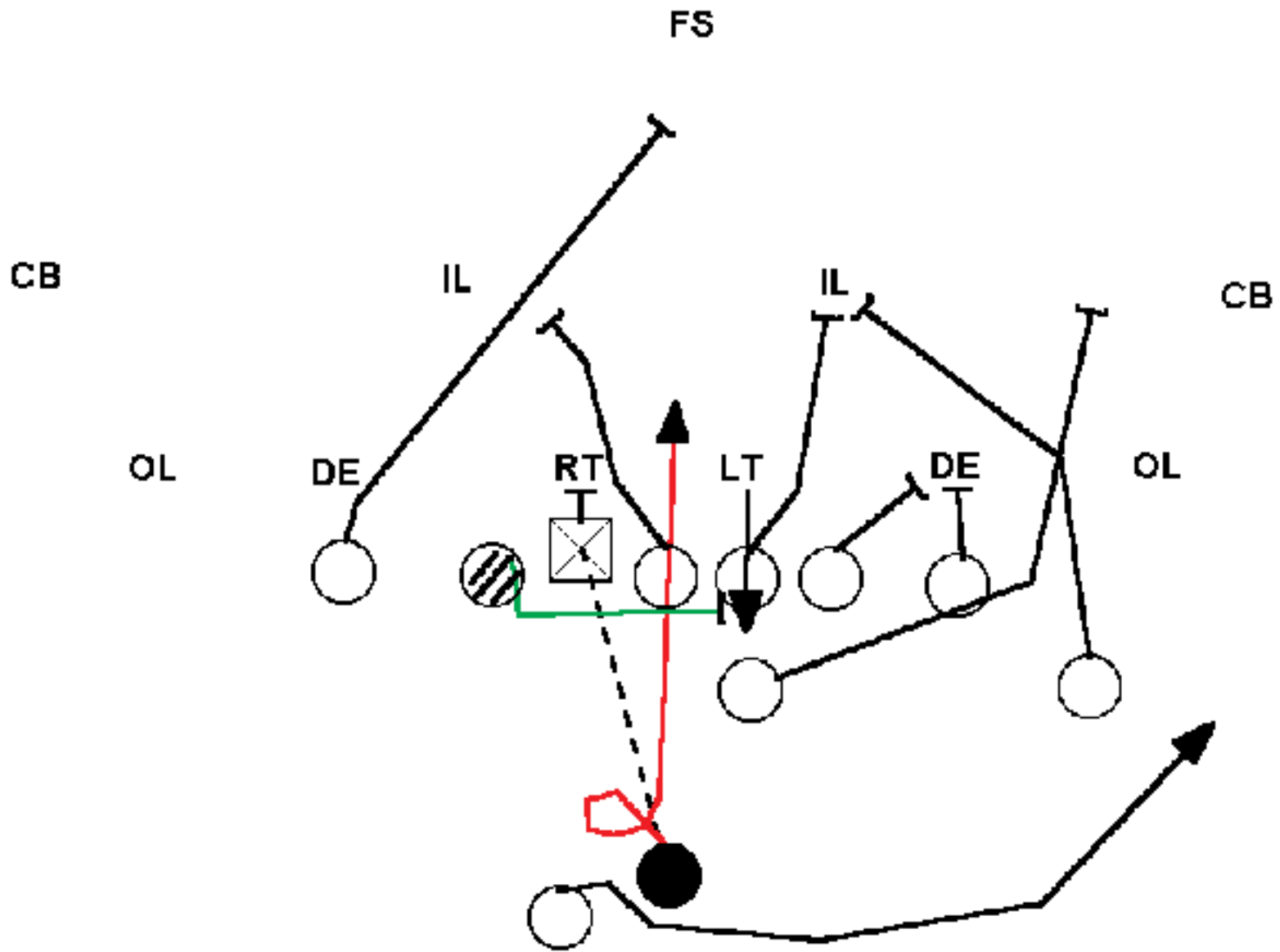
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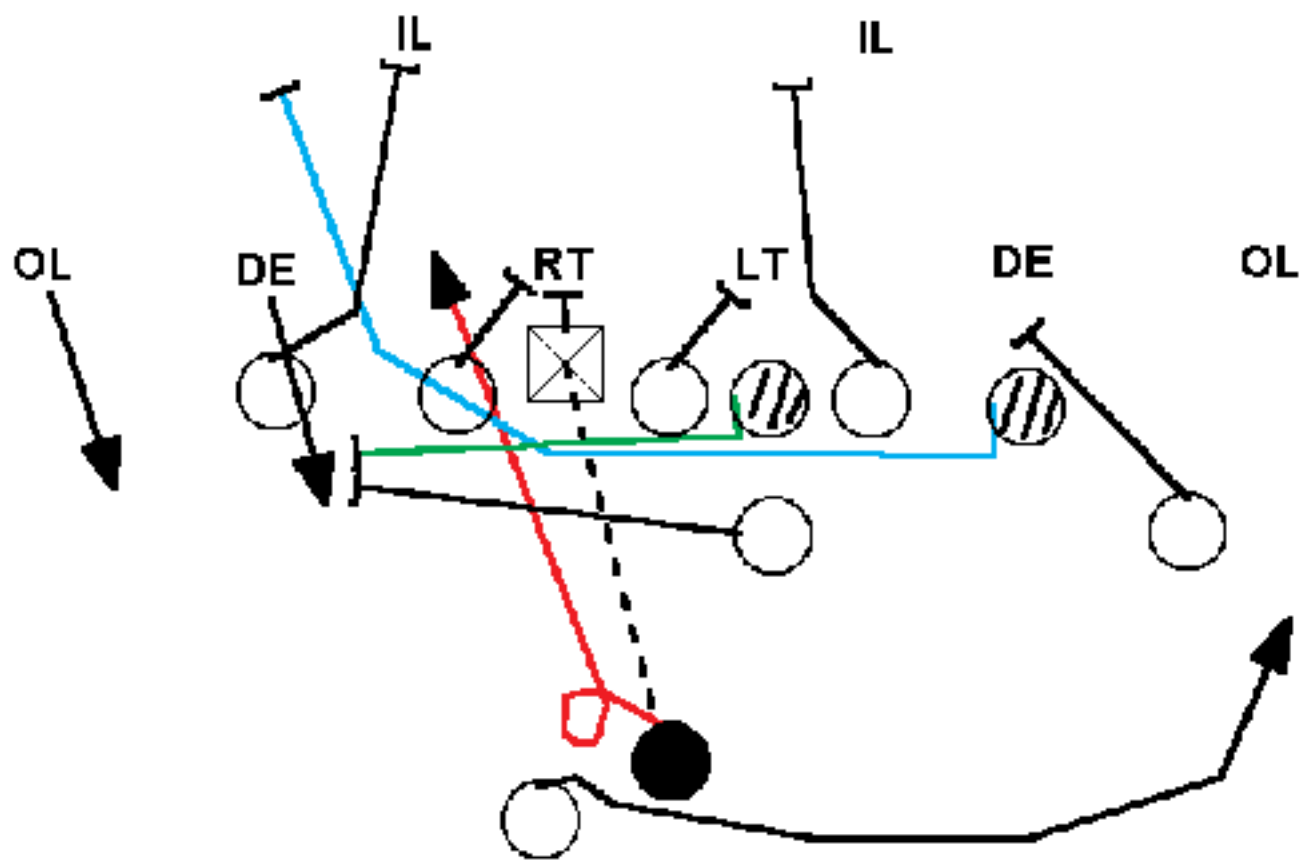


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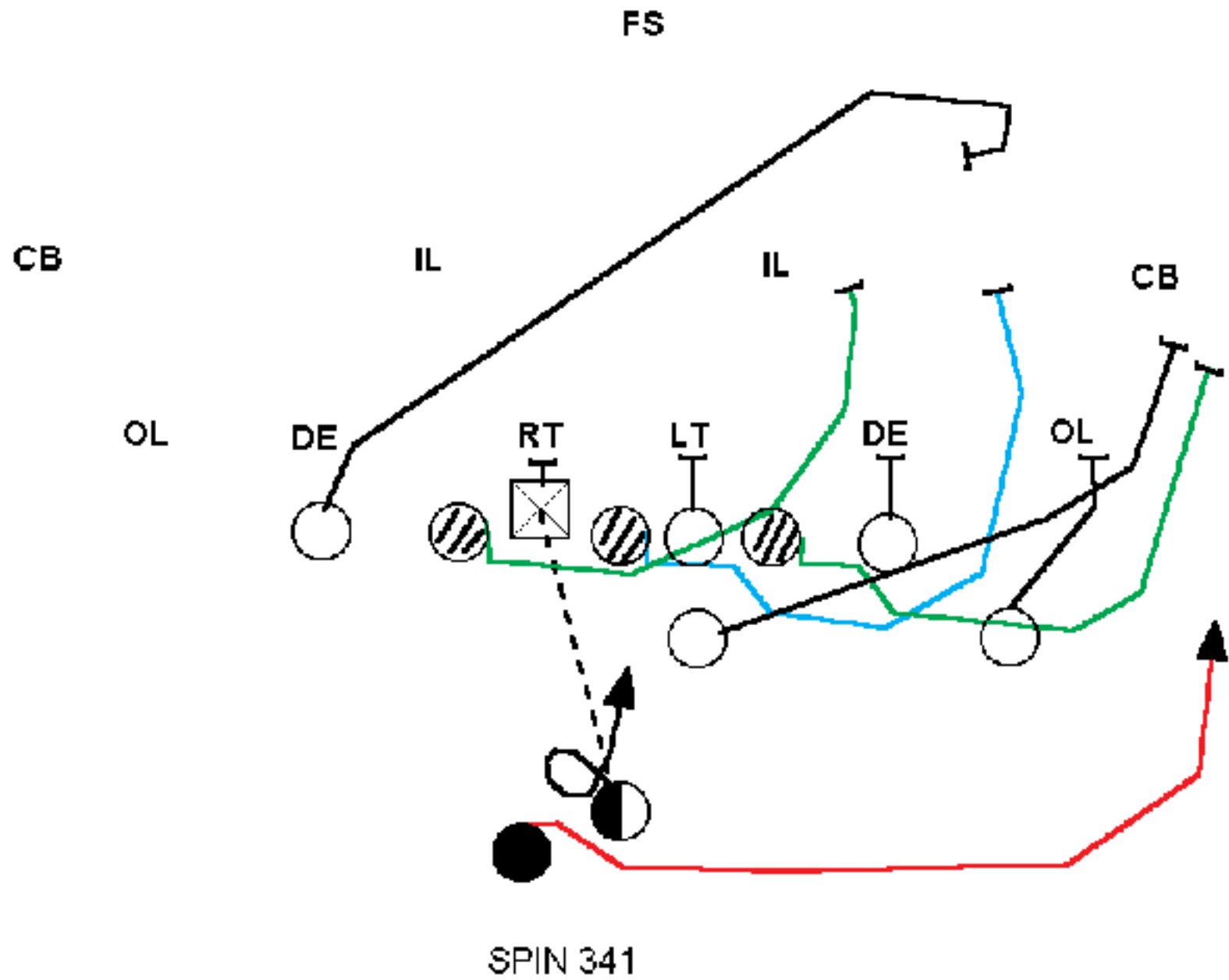
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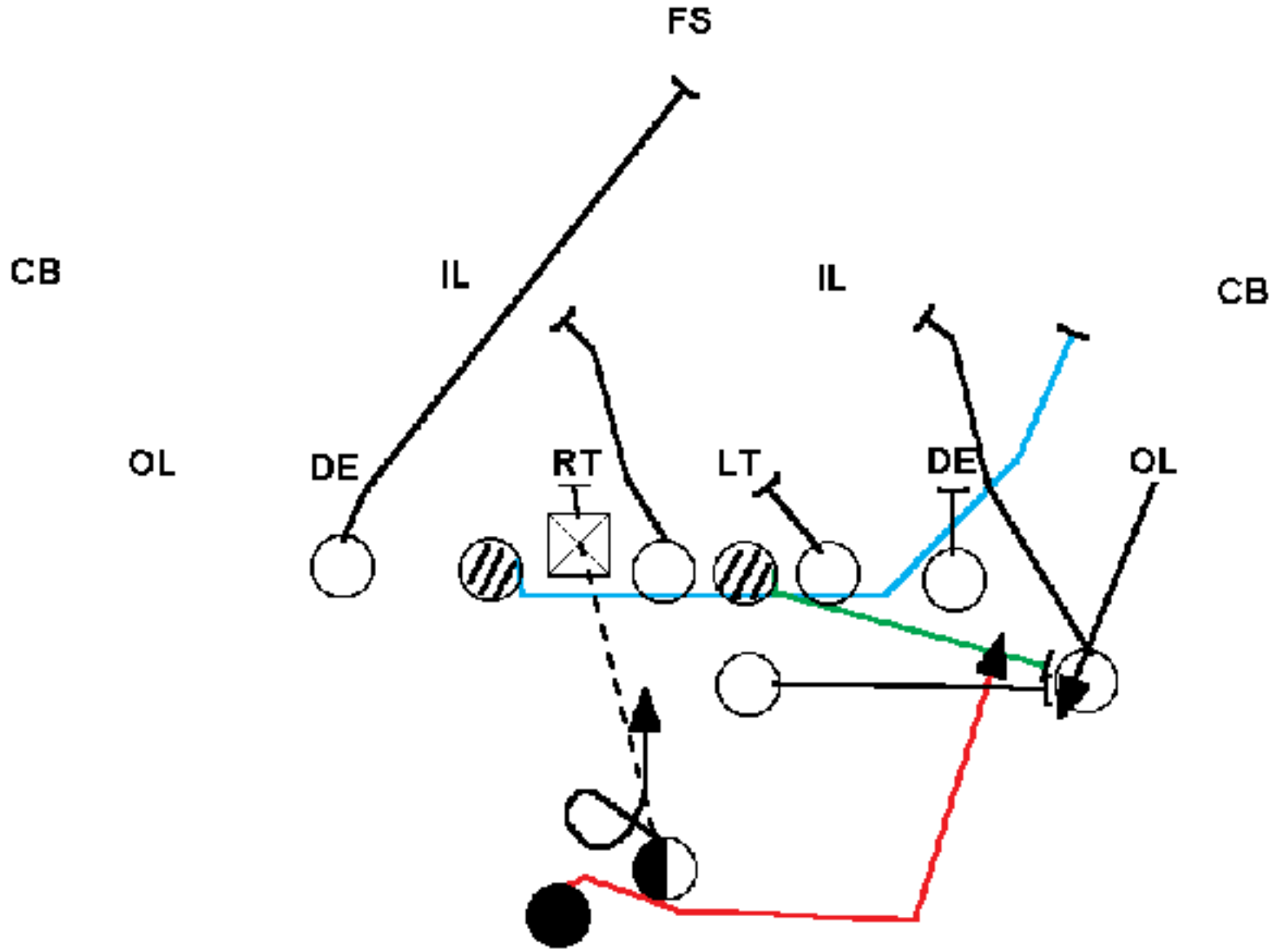
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