

The EndZone



The Official Newsletter of Londonderry Youth Football & Spirit

Special Edition – Middle School Football Players Release
June 5, 2012

Middle School Spring Instructional Football Clinic

When: This Thursday, June 7

Where: Par 5 Facility (Field #42 - behind Middle School)

Time: 6- 8 pm (please check in by 5:45 PM so that we may start promptly)

Attire: T-Shirt, Shorts, Sneakers

Open to all Londonderry youth currently in grades 6, 7, 8. The purpose of this FREE instructional clinic is to teach the fundamentals of football, regardless of experience or knowledge. Lancer High School Head Coach John Rich will lead the one day clinic. Participants will gain a general knowledge of football positions, techniques, and terminology. This clinic is ideal for any middle school student who is interested in playing football at the youth or high school levels but has no experience. **NO PREVIOUS EXPERIENCE** is needed to participate, just an interest in participating or learning about the great sport of football. **Grab a friend** and come on down to meet some of the LHS coaches, learn about football, and have fun.

For more information, or to reserve a spot contact Ted Gear at ted.gear@lyfs.org.



The Children's Hospital at Dartmouth-Hitchcock (CHaD) is partnering with the New England Patriots and their alumni association to bring a FREE youth clinic to New Hampshire on Saturday, June 23 at UNH (Bremner Field). The clinic is for **kids ages 11-14** of all skill levels. Beginners are welcome!

Former New England Patriots players along with St. John's High School coaching staff will be the instructors for the entire clinic. The end of the camp will feature a discussion with a current Patriots player! Registration begins at 8:30am, and the camp runs from 9:00-11:00am, followed by an autograph session and lunch from Papa Gino's.

Children attending the clinic will also receive a FREE ticket to the 2012 NH East—West High School All-Star Football Game right after the clinic. The game will take place at Cowell Stadium (UNH), and features the best graduating high school football players from around the state in a battle of East vs. West. The game starts at 1:00pm. Gates will open at 12:00pm. Come support [Londonderry Lancers](#) graduating Gaurd - **Tyler Veilleux** at UNH



Click Here for [Information & Registration Form](#)

For More Information on this and other cheer & football clinics visit the [Camps & Clinics Tab](#) at www.lyfs.org

2012 Fall Season Registration Rolls On

Registration for the 2012 season continues. We will field a team at each level based on current numbers (Grade 3, 4, 5, 6, JV/V). Three of our youth teams are near capacity so please do not delay. Registrations after July 10th move into late registration period.

To register visit www.lyfs.org and click onto the Register Here Tab .

Final Live Information & Paperwork Collection Date:

- Our third and final Informational Night and paperwork collection is being targeted for Thursday, June 21st from 6 PM to 8 PM. LYFS personal will be on hand to answer any questions you may have on those evenings along with informational flyer, key dates and medical clearance forms. We are available to collect all required documents so that we can start putting together player folders to be installed into team books prior to first night of practice.

Before the first day of practice you will need (Due by July 13):

- Copy of the child's birth certificate. Only if you did not participate in LYFS in 2011.
- 2 Copies of child's report card for 2011-2012 school year (issued in June of 2012 by the school district)
- Medical clearance form signed by the child's physician. Form by clicking here → [Medical Clearance](#)

You may send these to the LYFS P.O. Box or bring to Live Information Dates at any time!

Still have Questions? Feel Free to contact us:

Registration Questions - Mary Montminy - Vice President
Football Questions - Ted Gear - Football Director
Cheer Questions - Deb Pfau - Cheer Director

mary.montminy@lyfs.org
ted.gear@lyfs.org
debby.pfau@lyfs.org

Key LYFS Dates:

July 13th: All Paperwork Due (Birth Certificate, 2 Copies of Report Card & Medical Clearance Form).
July 21st: Equipment Pick-up day at LMS (All Football & Cheer Teams)
July 30th: First Day of Practice (All Cheer Teams & Grades 3,4,5 & 6 Football)
July 31, Aug 1 & August 2nd: Lancer Youth Football Clinic (All Football Levels)
August 13th: First Day of Practice for JV & Varsity Football Teams

Other Information:

Safe Sports Network offers **FREE** sports physicals each June and a **FREE** walk-in clinic for sports injuries.

Located at NH Musculoskeletal Institute on 35 Kosciuszko St., Manchester, NH 03101. Phone number is 603-627-9728.

They offer: (click on the links for additional information)
a **FREE walk-in clinic** for sports injuries
a **FREE sports physicals** each June

Their mission is to take care of young athletes, something they have been doing in the greater Manchester and Salem areas for 20 years.

Contact Stephen Traynor, ATC, NHLAT at the above number with any questions. You can also email him at **Steve@nhmi.net**

Visit **www.lyfs.org** for more details and updates including camps & clinics

Don't Forget to "Like Us" on **facebook**

Londonderry Wildcats - LYFS