

The EndZone



The Official Newsletter of Londonderry Youth Football & Spirit

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May 14, 2012

7th ANNUAL NHFYSC - 3rd Annual LYFS ACADEMIC ACHIEVEMENT AWARDS

LYFS is very proud to announce the following recipients of our Annual Academic Achievement Award Program (NHFYSC & LYFS AAA). These individuals are being recognized for their outstanding work not only in the classroom but in their community.

The Wildcats congratulate the participants efforts in the following 3 levels:

Gold Level 96-100%

Silver Level 93-95%

Bronze Level 90-92%

Furthermore, congratulations to LYFS \$500 Youth Scholarship Award Winners: Christopher Komst & Derek Ramos

Well Done...We are proud of our all our 2012 youth scholars!

For those that have not collected their certificate - please contact: Mary Montminy at mary.montminy@lyfs.org
Certificates are also available at the remaining Camp Cheer dates at the Londonderry Middle School.

Gold Level	
Ryan	Goggin
Christopher	Komst
Kevin	Lyskawa
Kaitlyn	Marchant
Zachary	Martin
Peter	Navarro
Derek	Ramos
Conor	Warren

Bronze Level	
Sean	Psaledas

Silver Level	
Mark	Bickford
Austin	Bresnahan
Jessica	Brien
Marissa	Ciano
Jacob	Dionne
Samuel	Gray
Hannah	Martin
Kelly	McEachern
James	Nee
Benjamin	Psaledas
Cameron	Reddy
Nicholas	Scarfo
Travis	Ward
Olivia	Yerian

Middle School Spring Instructional Football Clinic

When: Thursday, June 7

Where: Par 5 Facility (Field #42 - behind Middle School)

Time: 6- 8 pm

Open to all Londonderry youth currently in grades 6, 7, 8. The purpose of this FREE instructional clinic is to teach the fundamentals of football, regardless of experience or knowledge. Lancer High School Head Coach John Rich will lead the one day clinic. Participants will gain a general knowledge of football positions, techniques, and terminology. This clinic is ideal for any middle school student who is interested in playing football at the youth or high school levels but has no experience. NO PREVIOUS EXPERIENCE is needed to participate, just an interest in participating or learning about the great sport of football. Grab a friend and come on down to meet some of the LHS coaches, learn about football, and have fun.

For more information, or to reserve a spot contact Ted Gear at ted.gear@lyfs.org.

2012 6th Annual **Camp Cheer** over 100 attend!



Camp Cheer is open to all area children ages 6-15 who wish to learn and perfect the necessary skills for traditional cheerleading. Cheer, Stunting, Tumbling & Dance. Over 100 have participated again this year!!

The remaining dates for the camp are May 16th , 23rd , and 29th at 6 PM at LMS

May 29th will be a **Camp Cheer** Exhibition for parents & friends.

Questions:

Please contact Wendy Noll-Cole at wendy.noll-cole@lyfs.org or Deb Pfau at debby.pfau@lyfs.org any time with questions or concerns.

2012 Fall Season Registration Rolls On

Registration for the 2012 season continues. We will field a team at each level based on current numbers (Grade 3, 4, 5, 6, JV/V). Two teams are near capacity so please do not delay. Registrations after July 9th move into late registration period.

To register visit www.lyfs.org and click onto the Register Here Tab .

Live Information & Paperwork Collection Dates:

- Our second Informational Night is confirmed for the LMS Gym on Wednesday, May 23rd from 6 PM to 8 PM. We will communicate a final additional live information and paperwork

collection date for June in 2012. LYFS personal will be on hand to answer any questions you may have on those evenings along with informational flyer, key dates and medical clearance forms. We are available to collect all required documents so that we can start putting together player folders to be installed into team books.

- For More Information and key dates visit documents tab and 2012 LYFS League Information Flyer or click here --> **LYFS INFO**

Before the first day of practice you will need (Due by July 13):

- Copy of the child's birth certificate. Only if you did not participate in LYFS in 2011.
- 2 Copies of child's report card for 2011-2012 school year (issued in June of 2012 by the school district)
- Medical clearance form signed by the child's physician. Form by clicking here → **Medical Clearance**

You may send these to the LYFS P.O. Box or bring to Live Information Dates at any time!

Still have Questions? Feel Free to contact us:

Registration Questions - Mary Montminy - Vice President	mary.montminy@lyfs.org
Football Questions - Ted Gear - Football Director	ted.gear@lyfs.org
Cheer Questions - Deb Pfau - Cheer Director	debby.pfau@lyfs.org

Lancer Night at the Ball Park: **New Hampshire Fisher Cats** vs. **Portland Sea Dogs**:

When: May 24th Location: Delta Dental Stadium in Manchester

Get out and enjoy a great night with several Londonderry friends at the beautiful ballpark for a Fisher Cats game. \$8 per ticket for the Fisher Cats vs. the Red Sox AA affiliate Portland Sea Dogs. Group Tickets are also available. If you have interest in purchasing a ticket or large group rate please contact Bob DelSignore directly at 490-0112 or via email: **rdel03@aol.com**

Key LYFS Dates:

May 23rd: Information Night & Paperwork Collection Night @LMS Gym
July 13th: All Paperwork Due (Birth Certificate, 2 Copies of Report Card & Medical Clearance Form).
July 21st: Equipment Pick-up day at LMS (All Football & Cheer Teams)
July 30th: First Day of Practice (All Cheer Teams & Grades 3,4,5 & 6 Football)
July 31, Aug 1 & August 2nd: Lancer Youth Football Clinic (All Football Levels)
August 13th: First Day of Practice for JV & Varsity Football Teams

Other Information:

Safe Sports Network offers **FREE** sports physicals each June and a **FREE** walk-in clinic for sports injuries.

Located at NH Musculoskeletal Institute on 35 Kosciuszko St., Manchester, NH 03101. Phone number is 603-627-9728.

They offer: (click on the links for additional information)

a **FREE walk-in clinic** for sports injuries
a **FREE sports physicals** each June

Their mission is to take care of young athletes, something they have been doing in the greater Manchester and Salem areas for 20 years.

Contact Stephen Traynor, ATC, NHLAT at the above number with any questions. You can also email him at Steve@nhmi.net

Visit www.lyfs.org for more details and updates including camps & clinics

Don't Forget to "Like Us" on [facebook](#) Londonderry Wildcats - LYFS

77 Days to Practice....See you on the fields soon!!!