

## **Katie Woods - CT Lacrosse Hall of Fame - Class of 2014**

Katie Woods is a 1997 graduate of South Windsor High School where she played soccer, basketball, and lacrosse. At Drew University she was a four-time All-Conference lacrosse selection, also picking up two Regional All-America, and one National All-America award. Woods also excelled in the classroom as a two-time Scholar Athlete award winner. After graduating in 2001 with a degree in psychology she spent a year at Ithaca College as a graduate assistant coach. While at Ithaca, she earned her master's in exercise and sports sciences. Woods then served as an assistant coach at Davidson College for the 2003 season and was the first assistant at Cornell University for the 2004 season. She then spent two seasons as an assistant at Brown University in 2005 and 2006. In 2007 Woods took over as head coach at American University. During her four years at American the Eagles collected 23 all-conference selections, five Patriot League Player of the Year honors, and 72 Patriot League Academic Honor Roll accolades. Following the 2008 season Woods was named the Patriot League Coach of the Year. Woods amassed 26 wins in four seasons at American and led her team to the championship game of the Patriot League tournament twice. In 2011, Woods took over as head coach at the University of Connecticut. In four years at UConn, Woods has compiled a 42-25 (.627) record, the highest coach winning percentage in program history. In 2013 Connecticut finished the season 13-5 and clinched a berth in both the Big East Championships and NCAA Tournament for the first time in program history. Connecticut won at least ten games for the third straight season in 2014. Woods has coached six All-Big East First Team Selections and Four IWLCA All-Region First Team Selections at UConn. In 2013 she was named Big East Coach of the Year. Katie Woods is being inducted into the Connecticut Lacrosse Hall of Fame as a truly great coach.