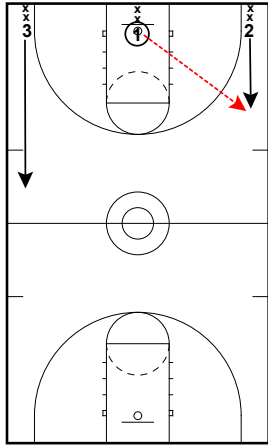


1

3 line passing

Passing Drills



Have players line up in 3 lines on the baseline (start behind the baseline - the picture doesn't allow players to go off the court).

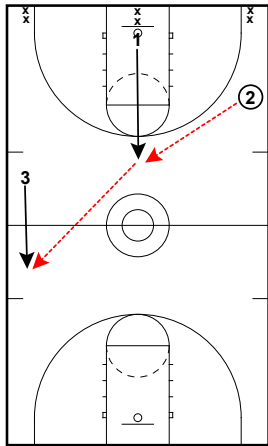
All passes will be chest passes until the final pass, which is a bounce pass.

Player #1 passes to # 2

ALL player run is a **straight line** - Do Not Weave.

3 line passing

Passing Drills

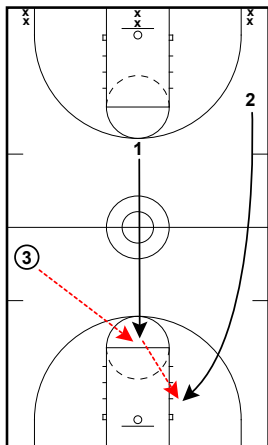


Players continue to run in a straight line.

IF PLAYERS DO NOT PASS THE BALL CORRECTLY: (CRISPLY AND IN THE HANDS), THE COACH MUST CORRECT THEM, GET THEM OFF THE COURT AND HAVE THE NEXT GROUP BEGIN.

3 line passing

Passing Drills



Once the ball is passed back to #1 between the top of the key and FT line, he comes to a perfect jump stop. At this point, he throws a **bounce pass** to #2 for a lay up.