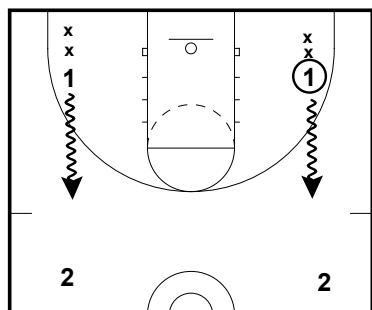


1

Bison Passing

Passing Drills

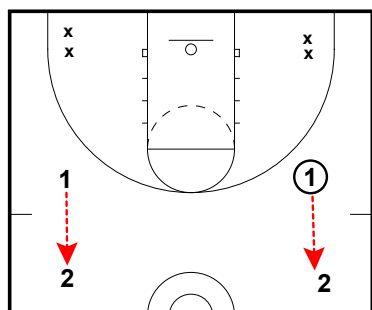


Start with two lines behind the baseline. Designate a player to stand near half court that will act like a post player.

The player(s) with the ball jab step twice, then explode with a dribble to about the free throw line extended. At that point, the player(s) jump stops

Bison Passing

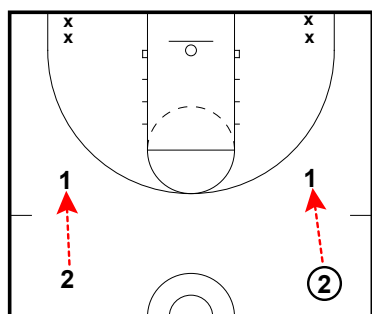
Passing Drills



After #1 comes to a jump stop, he must make three good pass fakes. Be sure the fakes include good pivots. Once the fakes are complete, make a post entry pass to #2

Bison Passing

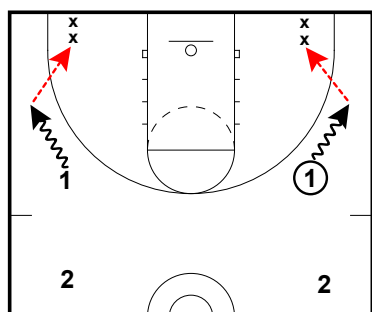
Passing Drills



After player(s) #2 has the ball, they must make 3 good pass fakes, then pass the ball back to #1

Bison Passing

Passing Drills



#1 makes a strong reverse pivot (rip through). Explode one hard dribble, then enter the ball to the next player in line (like a post entry).

After X catches the ball, he repeats the process.

#2 stays in designated spot for 3 rotations, then he goes to take the place of #1 who will become the new post near half court.