

CONNECTICUT NORTHERN LIGHTS GIRLS HOCKEY

Where strong girls become strong women



Northern Lights Upper Level (U14-U19) Full Season Player Guidelines

1. All Full Season Players are expected to make the Northern Lights their priority during the winter sports season.
2. Full Season Players are allowed a maximum of two (2) excused absences from any Northern Lights team event at any time during the Northern Lights' season, not inclusive of any state, regional or national tournament games, in order to participate in an event for another ice hockey team, including but not limited to a high school, prep school, middle school, or other club ice hockey team. For an absence to be excused, prior notification of the absence must be provided to the player's head coach.
3. Full Season Players who violate their commitment agreement referenced above will be ineligible to play for the Northern Lights, and will forfeit their tuition.
4. All players are required to have a Northern Lights wind suit, matching helmet, gloves and designated pants shells.
5. No equipment from other teams or organizations may be worn on the ice, at either practices or games.
6. The Northern Lights rules regarding Tier I playing time policies apply to all Upper Level teams playing at the U16/U19 levels.

I HAVE READ THE FOREGOING RULES, AND I AGREE TO ABIDE BY THEM.

PLAYER'S NAME (PRINT)

GUARDIAN'S SIGNATURE

PLAYER'S SIGNATURE

DATE