

OLD NORTH STATE LACROSSE CLUB

FALLBALL 2010

NAME: _____

ADDRESS: _____

CITY _____ ZIP _____

HOME PHONE _____

CELL PHONE _____

EMAIL _____

DOB _____

GRADE _____

PARENT'S EMAIL _____

POSITION _____

SCHOOL _____

US LACROSSE MEMBERSHIP # _____

FEE

\$125 (\$25 discount) if postmarked/received by September 1st

\$150 if postmarked after September 8th

Make checks payable to:

OLD NORTH STATE LACROSSE

And mail to:

PO BOX 2254

JAMESTOWN, NC 27282

Please pay with cash if paying after September 10th.

You may email Coach Goldsmith at mglacrosse@triad.rr.com.

The Old North State FallBall Lacrosse League is entering its 15th year. We will play on Saturdays beginning at 1:00pm and end after the last game. All games will be played at Pilot Elementary. FallBall will begin on Saturday **September 11th** and be played each Saturday through **October 23rd**. We will have both a Varsity and JV level league. We will keep all teams together. If you have someone to coach the team that is great, if not, then a coach will be assigned to your team.

Uniforms: All players are expected to provide their own reversible.

Games will begin on the hour and will consist of two 22 minute running time halves with a 5 minute half time. All time serving penalties will result in a fast break. Personal fouls will not be wiped out by a goal.

We will also have tryouts for 2 tournament travel teams that will represent ONS at tournaments held through December. The only fees are for uniforms and tournament and travel expenses. The tryout date is Sunday September 19th. We plan to pick 48 players. If you are interested in trying out please email Coach Goldsmith ASAP.

The schedule will be posted at oldnorthstatelacrosse.com.

Insurance Co.

Policy #:

INSURANCE INFORMATION:

I hereby request that my child named above be admitted to the ONS FallBall Lacrosse League and authorize the directors to act for me according to their best judgment in any emergency requiring medical attention.

PARENT'S SIGNATURE: