

OLD NORTH STATE LACROSSE CLUB

2010 U-19 Summer Overview

Eligibility. The U-19 teams are open to all players whose birth years are 1991 & later, players may not turn 19 before January 1, 2010.

Selection Process. Candidates for the U-19 teams may either be nominated by their lacrosse coach, be invited by a member of the Old North State staff or contact Old North State directly.

Team Membership. Old North State will field Orange, Blue and White U-19 teams. To ensure adequate playing time, the team will have no more than 25 players attending a tournament. All players are invited on all day trips.

Team Commitment. Once selected to play for any of Old North State's squads, players will be expected to attend all practices and tournaments as scheduled by their team. The team reserves the right to rescind an invitation at any time. As well, a player may be released from the program at any time if they, or their parents, exhibit behavior that is unsportsmanlike or become disciplinary distractions to the harmony of the team. Please refer to the Old North State Code of Conduct.

Summer 2010 Cost and Fees.

Summer 2010 Membership fee. Old North State summer 2010 membership fee is \$400 per player. The fee includes the coach's salaries, the player's game uniform and practice field use fees. The uniform includes one pair of Old North State Game shorts and an Old North State numbered game reversible.

Summer 2010 Per event cost. After membership and coach's fees there are additional fees for each event. In all cases, food, transportation, and lodging are not included. A \$200 deposit is due once a player has accepted an invitation to play for one of Old North State's squads. The remainder of the fee will be paid in April so that all players are paid in full. Additional tournament fees will be incurred as play dates are added.

March 1, 2010: \$200 Deposit Due.

April 1, 2010: Remaining balance due.

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2010 U-13 Summer Overview

Eligibility. The U-13 teams are open to all players whose birth years are 1997 & later, players may not turn 13 before January 1, 2010.

Selection Process. Candidates for the U-13 teams may either be nominated by their lacrosse coach, be invited by a member of the Old North State staff or contact Old North State directly.

Team Membership. Old North State will field one U-13 team. To ensure adequate playing time, the team will have no more than 25 players attending a tournament. All players are invited on all day trips.

Team Commitment. Once selected to play for any of Old North State's squads, players will be expected to attend all practices and tournaments as scheduled by their team. The team reserves the right to rescind an invitation at any time. As well, a player may be released from the program at any time if they, or their parents, exhibit behavior that is unsportsmanlike or become disciplinary distractions to the harmony of the team. Please refer to the Old North State Code of Conduct.

Summer 2010 Cost and Fees.

Summer 2010 Membership Cost. Old North State Summer 2010 membership cost is \$400 per player. The cost includes the coach's salaries, the player's game uniform and practice field use fees. The uniform includes one pair of Old North State Game shorts and an Old North State numbered game reversible.

Summer 2010 Per event fees. There are additional fees for each event, not included with membership. In all cases, food, transportation, and lodging are not included.

Deposit. A \$200 deposit is due once a player has accepted an invitation to play for one of Old North State's squads. The remainder of the cost will be paid in April so that all players are paid in full. Additional tournament fees will be incurred as play dates are added.

March 1, 2010: \$200 Deposit Due.

April 1, 2010: Remaining balance due.

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2010 U-15 Summer Overview

Eligibility. The U-15 teams are open to all players whose birth years are 1995 & later, players may not turn 15 before January 1, 2010.

Selection Process. Candidates for the U-15 teams may either be nominated by their school's head lacrosse coach, be invited by a member of the Old North State staff or contact Old North State directly.

Team Membership. Old North State will field two U-15 teams (Orange, and Blue). To ensure adequate playing time, the teams will have 22 players on each team. In the practices and camps leading up to a tournament the Old North State staff will select the best available 22 players for the Orange and the next 22 best will comprise the Blue. Players may be moved, at the coaching staff's discretion, from the A to the B team at any point during the summer schedule.

Team Commitment. Once selected to play for any of Old North State's squads, players will be expected to attend all practices and tournaments as scheduled by their team. The team reserves the right to rescind an invitation at any time. As well, a player may be released from the program at any time if they, or their parents, exhibit behavior that is unsportsmanlike or become disciplinary distractions to the harmony of the team. Please refer to the Old North State Code of Conduct.

Summer 2010 Cost and Fees.

Summer 2010 Membership Cost. Old North State summer 2010 membership cost is \$400 per player. The cost includes the coach's, the player's game uniform and practice field use fees. The uniform includes one pair of Old North State Game shorts and an Old North State numbered game reversible.

Summer 2010 Per event fees. There are additional fees for each event, not included with membership. In all cases, food, transportation, and lodging are not included.

Deposit. A \$200 deposit is due once a player has accepted an invitation to play for one of Old North State's squads. The remainder of the cost will be paid in April so that all players are paid in full. Additional tournament fees may be incurred as play dates are added.

March 1, 2010: \$200 Deposit Due.

April 1, 2009: Remaining \$200 balance due.

OLD NORTH STATE LACROSSE CLUB

CODE OF CONDUCT

Old North State Lacrosse is dedicated to providing its participants with a quality lacrosse experience that combines a high level of competition with the opportunity to demonstrate attitude, skill and ability. In its efforts, Old North State is committed to preserving the honor of the game and the true spirit of competition.

The Old North State Staff is committed to a *zero tolerance* position *on physical violence. We do not condone, teach or practice these acts.* Violent physical acts include, but are not limited to, fighting, foul language, taunting, hazing, abusive conduct to others and dangerous or harmful play. All players and parents are expected to conduct themselves in a manner that is respectful to each other, the teams, all coaches and all spectators. Failure to act in such a manner is cause for dismissal from the team and forfeiture of all dues and fees. Each player and his parents will be required to sign a sportsmanship commitment form prior to each season. Players without signed forms will not be allowed to practice or play until this is completed.

To help fulfill this mission, Old North State Lacrosse expects that all participants abide by the Code of Conduct. Failure to do so may result in immediate expulsion from the team without compensation or refund.

- Participants are expected to conduct themselves in a manner that honors the game and demonstrates respect for other players, coaches, officials, and spectators.
- Performing, permitting, encouraging, or condoning actions that are dangerous or demeaning to a player, coach, official or spectator is unacceptable.
- Participants are not permitted to be in the possession of or under the influence of alcohol, drugs, and/or tobacco products.
- Participants are not permitted to be in the possession of weapons.
- Participants are expected to wear all the necessary and required equipment for participation in lacrosse.
- Participants are expected to report any and all injuries to a member of the coaching staff and event medical staff.
- Participants are expected to treat all tournament and camp facilities with respect. The team will not tolerate any actions of vandalism or actions that result in damage to property. Old North State Lacrosse will hold participants legally and financially responsible for any and all damages to practice, game or camp facilities at every and all events we participate in.
- Participants are expected to report on time for all practices, games and scheduled team events.

OLD NORTH STATE LACROSSE CLUB

Overnight Participants:

When not participating in games or team events, overnight participants must remain at their respective hotel or dorm and are not permitted to leave the hotel or dorm for any reason. Overnight participants are not allowed to drive or ride in personal vehicles between the time they arrive at an event until the time we are scheduled to leave an event. Overnight participants must give their car keys to the Old North State coaching staff. In the event of an emergency you may contact the coach who has your keys.

All players must be members in good-standing with the U.S Lacrosse organization.

Refund Policy for Old North State

As part of the registration process, all Old North State participants and their parents agree to the following refund policy: Our refund policy is designed to minimize the impact to both parties in the event of a cancellation. All programs incur some expenses for each participant very early in the registration process including uniform, mailing costs, processing fees, and facility use fees. Shortly thereafter, the expenses increase again as the program contracts services for its staff. Due to expenses incurred at the time of registration, \$150 of the membership fee is non-refundable (regardless of the reason for cancellation). Since a large portion of the monies collected go directly to the camps or tournaments we are participating in, cancellations within three (3) weeks of the start of the program, \$300 of the fees are non-refundable (regardless of the reason for cancellation). For cancellations within two (2) weeks of the start of the program, all of the fees are non-refundable (regardless of the reason for cancellation). The entire fees are non-refundable once the program starts (regardless of the reason for cancellation).

Injuries: If a player is injured and can not participate we will make every effort to refund you in part or in full if a suitable replacement cannot be found. However since most of the monies we collect go directly to the camps or tournaments we are participating in, we can not guarantee this money will be returned. Injuries are handled on a case by case basis.

All requests for a refund must be in writing to:

Mark Goldsmith

PO Box 2254

Jamestown, NC 27282.

Or via e-mail to: mglacrosse@triad.rr.com.

336-707-8537 (Mobile)

336-454-2904 (Home)

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Sportsmanship Commitment

I hereby certify that I have read and understand the program information for the Old North State Lacrosse Club and agree to all provisions as outlined including the Code of Conduct. I agree to exhibit behaviors that are respectful to me and all others with whom I may interact with.

Player's Signature

Date

Parent's Signature

Date