



## ENFIELD HOCKEY ASSOCIATION, INC COVID-19 POLICY

The following Covid-19 policy\* will be strictly enforced, for the health, well-being and safety of all concerned:

### **General Player Requirements:**

1. All players, coaches and parents are expected to maintain 6ft social distance in the rink and will be required to wear a face mask at all times. Players and coaches will be allowed to remove their face mask (or other face covering) when taking the ice.
2. Only one parent/guardian will be allowed inside the rink per player. It is recommended that parents wait outside in the parking lot for older players during practices.
3. Only players and their parent/guardian will be allowed in the rink. Siblings will not be allowed. If you must bring a sibling with you during a practice, you will be asked to remain in the parking lot during practice time.
4. Players should come to practices and games fully dressed if possible, to minimize congestion in the locker rooms. At a minimum EHA is asking that players come dressed in pants, pads and socks. Players should also not be getting fully undressed after practice/games. Please remove skates, helmet and gloves and then exit the rink so rink staff can properly clean for the next team.
5. Players must bring their own water bottles to practices and games. Sharing of water bottles will not be allowed under any circumstances. Water fountains have also been turned off so your player must bring enough water for the entire practice.

### **Sickness and Exposure Requirements:**

1. Frequent and thorough hand washing is a MUST. Wash your hands frequently using antibacterial soap or an alcohol-based hand sanitizer.
2. Do **NOT** attend practices or games if you are feeling sick or exhibit any of the following most common Covid-19 symptoms:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - New loss of taste or smell
  - Sore throat

EHA understands that some of the symptoms listed above could be the cause of just a slight cold, allergies, or other non-Covid-19 related ailment, especially as we head into cold and flu season. Please use your best judgement when determining whether to keep your player home from practices/games. If are sneezing and have a runny nose from normal allergies they should be fine to attend. If they have a cold they should probably stay home.

3. If you, your players(s) or anyone in your family experience these symptoms or have been exposed/potentially exposed to these symptoms within the previous 2 days you must report the exposure/symptoms to your coach or division director immediately.



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### COVID-19 EXPOSURE POLICY:

- All players and coaches that exhibit any of the above symptoms, has been exposed or may have been exposed to someone who has or exhibits signs and symptoms of Covid-19 will be required to self-quarantine from EHA activities for 14 days. NO EXCEPTIONS.
- Vacations - All players and coaches that travel outside of CT to any of the states listed on the Travel Advisory List for vacations or work trips lasting more than 24 hours will also be required to self-quarantine from EHA activities for 14 days and will not be allowed to practice or play. NO EXCEPTIONS. This list is constantly changing as states improve their Covid-19 numbers and does not typically include any of the New England States.  
*Note: This is a state mandated requirement and only applies to those states on the Travel Advisory List. If you plan on traveling outside of the New England area for more than 24 hours you must notify your teams coach in advance of any travel. This will ensure that coaches can adequately prepare for the change in roster for 14 days.*
- Based on recommendations from the CDC and local health departments EHA plans to treat all exposures/potential exposures as presumed positive for Covid-19. Because of the potential for a lack of testing or a false negative, EHA will review any changes to quarantine status for players/coaches who receive a negative Covid-19 test on a case-by-case basis. EHA may still require a player/coach to finish their quarantine based on each individuals circumstances.
- In the event, that an entire team is potentially exposed to Covid-19, the entire team will be required to quarantine from all EHA activities for 14 days and all practices and games during that 14-day period will be canceled.
- EHA will not provide any refunds of tuition or pro-rated tuition payments in the event of a Covid-19 exposure and quarantine. In the event EHA is forced to stop operations due to Covid-19, tuitions will be prorated accordingly.

\*Information as of 9/9/20. Subject to change.