



SOCCKERPLUS

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COACHING EVALUATION

INDIVIDUAL SESSION

Coach's Name
Team/Session
Name of Assessor

Email
Date
Time

PREPARATION

- 1 Did the coach have a session plan to refer to?
- 2 Was the coach ready to start as players arrive?
- 3 Did the coach dress for coaching?
- 4 Was the coach able to articulate his/her objectives for the session to the assessor?

KNOWLEDGE AND PERFORMANCE

- 5 Did the coach know the players names?
- 6 Did the coach have a working understanding of the development progression of each player?

METHODOLOGY

- 7 Did the coach engage the players?
- 8 Did the coach clearly articulate instructions to the players?
- 9 Did the coach demonstrate and/or use other players to demonstrate?
- 10 Were the demonstrations and instructions accurate and appropriate?
- 11 Did the coach get the right balance of instruction/coaching points and play?
- 12 Did the coach actually COACH?

CONTENT

- 13 Was the content appropriate for the stage of development of the players?
- 14 Was the content differentiated for the varying ability levels in the group?
- 15 Did the coach get the right balance of activity quantity and duration?
- 16 Did the session progress?
- 17 Were there noticeable signs of performance/knowledge improvement by the players?
- 18 Did the session balance individual and team development?

CONCLUSION

- 19 Did the coach review the key coaching points with the players at the end of the session?
- 20 Did the coach provide players with a skill, activity or research to work on at home?

GENERAL COMMENTS