

# DYSA Program Offerings and Player Roadmap

AGE GROUP	FALL	WINTER	SPRING	SUMMER
<b>U5-U6</b> (Typically PreK thru K)	Recreational: DYSA Mini Soccer		Recreational: DYSA Mini Soccer More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps
<b>U7-U8</b> (Typically Grades 1-2)	Recreational: DYSA Mini Soccer Developmental: DFC U7/U8 Academy	Developmental: DYSA Skills Sessions	Recreational: DYSA Mini Soccer Developmental: DFC U7/U8 Academy More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps
<b>U9-U10</b> (Typically Grades 3-4)	Recreational: DYSA In-Town U10 Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U9 and U10 Club Teams	Developmental: DYSA Skills Sessions Intensive Developmental: DFC Futsal Training	Recreational: DYSA Coastal League U10 Travel Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U9 and U10 Club Teams More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps
<b>U11-U12</b> (Typically Grades 5-6)	Recreational: DYSA In-Town U12 Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U11 and U12 Club Teams	Developmental: DYSA Skills Sessions Intensive Developmental: DFC Futsal Training	Recreational: DYSA Coastal League Skill-Balanced Non-Tryout U12 Travel Teams Developmental: DYSA Skills Sessions Highly Competitive: DYSA Coastal League U12 Select Travel Teams Highly Competitive: DFC Dragons U11 and U12 Club Teams More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps Intensive Developmental: DFC Pre-Season Training Camp
<b>U13-U14</b> (Typically Grades 7-8)	Recreational: DYSA In-Town U14 Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U13 and U14 Club Teams	Developmental: DYSA Skills Sessions Intensive Developmental: DFC Futsal Training Highly Competitive: DFC Teams Competing in South Shore Futsal League	Recreational: DYSA Coastal League Skill-Balanced Non-Tryout U14 Travel Teams Developmental: DYSA Skills Sessions Highly Competitive: DYSA Coastal League U14 Select Travel Teams Highly Competitive: DFC Dragons U13 and U14 Club Teams More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps Intensive Developmental: DFC Pre-Season Training Camp
<b>U15-U19</b> (High School+)	Recreational: DYSA HS League	Intensive Developmental: DFC Futsal Training Highly Competitive: DFC Teams Competing in South Shore Futsal League	Competitive: DYSA Coastal League U116 and U18 Travel Teams Highly Competitive: DFC Dragons U15, U16, U17 and U18 Club Teams	Developmental: DYSA Skills Sessions, DYSA July and August Camps Intensive Developmental: DFC Pre-Season Training Camp