

DYSA Program Offerings and Player Roadmap

AGE GROUP	FALL	WINTER	SPRING	SUMMER
U5-U6 (Typically PreK thru K)	Introductory/Recreational: DYSA Mini Soccer		Introductory/Recreational: DYSA Mini Soccer More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps
U7-U8 (Typically Grades 1-2)	Introductory/Recreational: DYSA U8 In-Town Small-Sided Soccer Developmental: DFC U7/U8 Academy	Developmental: DYSA Skills Sessions	Introductory/Recreational: DYSA U8 In-Town Small-Sided Soccer Developmental: DFC U7/U8 Academy More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps
U9-U10 (Typically Grades 3-4)	Recreational: DYSA In-Town U10 Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U9 and U10 Club Teams	Developmental: DYSA Skills Sessions Intensive Developmental: DFC Futsal Training	Recreational: DYSA Coastal League U10 Travel Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U9 and U10 Club Teams More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps
U11-U12 (Typically Grades 5-6)	Recreational: DYSA In-Town U12 Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U11 and U12 Club Teams	Developmental: DYSA Skills Sessions Intensive Developmental: DFC Futsal Training	Recreational: DYSA Coastal League Skill-Balanced Non-Tryout U12 Travel Teams Developmental: DYSA Skills Sessions Highly Competitive: DYSA Coastal League U12 Select Travel Teams Highly Competitive: DFC Dragons U11 and U12 Club Teams More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps Intensive Developmental: DFC Pre-Season Training Camp
U13-U14 (Typically Grades 7-8)	Recreational: DYSA In-Town U14 Teams Developmental: DYSA Skills Sessions Highly Competitive: DFC Dragons U13 and U14 Club Teams	Developmental: DYSA Skills Sessions Intensive Developmental: DFC Futsal Training Highly Competitive: DFC Teams Competing in South Shore Futsal League	Recreational: DYSA Coastal League Skill-Balanced Non-Tryout U14 Travel Teams Developmental: DYSA Skills Sessions Highly Competitive: DYSA Coastal League U14 Select Travel Teams Highly Competitive: DFC Dragons U13 and U14 Club Teams More: DYSA April Vacation Camp	Developmental: DYSA Skills Sessions, DYSA July and August Camps Intensive Developmental: DFC Pre-Season Training Camp
U15-U19 (High School+)	Recreational: DYSA HS League	Intensive Developmental: DFC Futsal Training Highly Competitive: DFC Teams Competing in South Shore Futsal League	Competitive: DYSA Coastal League U116 and U18 Travel Teams Highly Competitive: DFC Dragons U15, U16, U17 and U18 Club Teams	Developmental: DYSA Skills Sessions, DYSA July and August Camps Intensive Developmental: DFC Pre-Season Training Camp