

Description of DYSA Programs

Duxbury Youth Soccer

DYSA Fall & Spring Mini Soccer

- DYSA's introductory offering for our youngest soccer players, both girls and boys
- This is a **HUGE** community event in the Fall and Spring -- virtually every eligible child in Duxbury plays
- Age groups U5 and U6 (typically Pre-K and K)
- Mini Soccer is fun, social, and instructional – we help Duxbury children to explore the game of soccer at a young age
- One session per week -- sessions are held on weekend afternoons at Coppens Field Complex/Chandler School

DYSA U8 In-Town Small- Sided Soccer

- DYSA's new introductory Fall & Spring offering for U7 and U8 boys and girls (typically Grade 1 and 2)
- Designed to be fun and developmental – **a bridge between mini soccer and U10 "big kids soccer"**
- Curriculum based on fun small-sided games that involve lots of touches in a game-like environment, providing a platform for young players to develop basic technical and decision-making skills

DYSA Fall In-Town Soccer

- DYSA's recreational fall intramural program for girls and boys ages U10, U12, and U14+ (typically grades 3 thru 8+HS)
- We form skill-balanced teams in each age group and run an intramural league that culminates in the "Fall Frenzy" championship tournament at season-end to crown a champion in each age group
- Parent- coached, friends playing against each other for bragging rights -- local community youth sports at its very best!

DYSA Spring Coastal League Soccer

- DYSA's competitive travel soccer offering for the spring – girls and boys ages U10, U12, U14, U16, and U19
- Teams compete on Saturdays versus other South Shore towns in the Coastal Youth Soccer League ("CYSL") and train typically once per week
- No tryouts for U10s – we create skill-balanced teams – but for U12s and U14s, we form both select teams and also skill-balanced teams that compete against like teams from nearby towns

DYSA Skill Sessions, Clinics, & Camps

- DYSA provides developmental skills sessions to interested players from U10 thru U14, including goalkeeper training – these sessions take place weekly throughout the fall and spring seasons, as well as during the winter and summer off-seasons
- DYSA offers developmental day camps and clinics during the April vacation week, in early July, and also in mid August

DFC Dragons U7/U8 Academy

- A developmental program for enthusiastic young girls and boys that are ready for more soccer than DYSA mini soccer provides -- a more intensive training program providing a head start for developing young soccer players
- Offers superior, professional-level coaching and an advanced, age-appropriate player development curriculum
- Players must also be registered for DYSA mini soccer
- Provides one additional training session per week in Fall and Spring

DFC Dragons Fall & Spring Club Soccer

- For those Duxbury soccer players that want more soccer and want to play at the highest level of competition
- DYSA's most intense player development experience – a highly competitive Duxbury-players-only club soccer program
- For girls and boys U9 through U14 in the Fall and Spring and for U15 through U19 in the Spring only
- Teams train 2+ times per week and compete on Sundays in the Massachusetts Premier League (MAPLE)
- Provides exceptional professional coaching and an advanced, age-appropriate player development curriculum

DFC Dragons Futsal Training & Pre-Season Camp

- DFC offers its players the opportunity to play futsal in the months between during the winter off-season
- DFC also offers offseason skills training and intensive summer camps/clinics to help prepare our players for the most successful season possible

DFC Dragons