



AVON HIGH SCHOOL BOOSTER CLUB

THE BOOSTER BULLETIN Volume II, Issue 27

Reported by AHS Journalism Intern, Grace Keenan, graciek@comcast.net

4/2/2018 And ... they're off. Spring sports officially begin this week with first contests for nearly all teams. Good luck student-athletes and coaches. We hope to have lots of exciting news to report next week! *GO FALCONS!* *Susan RD*



SCORES

for the week of 3/26-4/1/18

| Team | Opponent | Score |
|-----------------|---|---|
| V Baseball | Gilbert (Scrim.) Ellington (Scrim.) Avon Old Farms (Scrim.) | <i>Scores not reported for scrimmages</i> |
| V Boys Lacrosse | Windsor (Scrim.) Canton (Scrim.) | |
| V Softball | Somers (Scrim.) | |



SCHEDULE

for the week of 4/2-/8/18

| Date | Time | Team | Opponent | Location |
|------|---------|--------------------|-----------------|-------------------------------------|
| 4/2 | 3:30 pm | V Ultimate Frisbee | Granby Memorial | Home - TBS |
| 4/2 | 3:45 pm | FR Baseball | Simsbury | Home - Avon HS |
| 4/2 | 3:45 pm | JV Baseball | Simsbury | Away - Memorial Park Baseball Field |
| 4/3 | 3:45 pm | V Softball | Simsbury | Home - Fisher Meadows |
| 4/2 | 4:30 pm | V Baseball | Simsbury | Away - Memorial Park Baseball Field |
| 4/3 | 3:00 pm | V Boys Golf | Simsbury | Away - Simsbury Farms CC |

| | | | | |
|-----|---------|-----------------------|-------------|---|
| 4/3 | 3:00 pm | JV Boys Golf | Simsbury | Away - Simsbury Farms CC |
| 4/3 | 3:45 pm | V Boys Outdoor Track | Southington | Home - Avon HS |
| 4/3 | 3:45 pm | V Girls Outdoor Track | Southington | Home - Avon HS |
| 4/3 | 3:45 pm | V Girls Tennis | Tolland | Away - Tolland |
| 4/3 | 4:00 pm | V Boys Lacrosse | Berlin | Home - Buckingham Field |
| 4/3 | 5:30 pm | JV Boys Lacrosse | Berlin | Home - Buckingham Field |
| 4/4 | 3:00 pm | V Boys Golf | Lewis Mills | Away - Fairview Farms Golf Course - Harwinton |
| 4/4 | 3:00 pm | JV Boys Golf | Lewis Mills | Away - Fairview Farms Golf Course - Harwinton |
| 4/4 | 3:45 pm | FR Baseball | Glastonbury | Away - Glastonbury HS |
| 4/4 | 3:45 pm | JV Baseball | Glastonbury | Home - Buckingham Field |
| 4/4 | 4:00 pm | FR Boys Lacrosse | Glastonbury | Home - Buckingham Field |
| 4/4 | 4:00 pm | V Ultimate Frisbee | Middletown | Away - Middletown |
| 4/4 | 4:00 pm | V Softball | Glastonbury | Away - Glastonbury HS |
| 4/4 | 4:15 pm | V Baseball | Glastonbury | Home - Buckingham Field |
| 4/4 | 4:30 pm | FR Girls Lacrosse | Glastonbury | Away - GHS Field #13 |
| 4/5 | 3:00 pm | JV Boys Golf | Conard | Away - Rockledge Golf Course |
| 4/5 | 3:00 pm | V Boys Golf | Conard | Away - Rockledge Golf Course |
| 4/5 | 3:45 pm | V Girls Tennis | Middletown | Away - Wesleyan University |
| 4/5 | 3:45 pm | V Boys Tennis | Middletown | Home - Avon MS |
| 4/5 | 4:00 pm | V Girls Lacrosse | Rocky Hill | Home - Avon HS |
| 4/5 | 4:30 pm | JV Girls Lacrosse | Rocky Hill | Home - Avon HS |



Spotlight: Spring Preview with Mr. Filon

Mr. Filon's main focus for this spring season is communication. Spring is a particularly difficult season because of unpredictable weather, wet fields, April vacation conflicts, scheduled AP/SAT/ACT exams, and student college visits that can all interfere with scheduling. Communication between Mr. Filon, coaches, and other Athletic Directors is necessary with so many moving parts.

Another challenge is 'spring fever' that can negatively affect student-athletes' grades. One of Mr. Filon's duties is to ensure students are maintaining grades high enough to play sports. Coaches whose athletes are receiving Ds and/or F's get notified every two weeks and must raise their grades or stop playing on the team. Helping students maintain a healthy balance between school and sports is a big priority for all coaches at Avon. Another is sportsmanship. Working with the coaching staff and team captains, Mr. Filon makes sure athletes and fans are behaving correctly, especially when visiting other schools.

In other news, the school weight room was renovated under the previous Athletic Director, a few years ago. Mr. Filon and P.E. teacher Mr. Redman have since been working on improving the weight room further. Having a place where students and student-athletes can workout helps improve their performance in school and in games. The latest renovation was the addition of *Free Motion* equipment (featured in last week's Booster Bulletin) which offers an easier alternative to the free weights already in the weight room. The next step is to significantly expand the weight room into the back part of the old gym, which will allow more students (and even staff) to train at a time.



DID YOU KNOW? SCHOLARSHIP APPS ARE OPEN!

The Booster Club awards a number of scholarships to qualifying AHS student-athletes every year.

The club sponsors two different scholarship categories: **Named Scholarships** (which honor specific, fallen Falcons) and **General Scholarships** (which recognize athletes for their participation and performance in the school athletics program). Student-athletes may apply to both.

Applications open today and are due April 15th. To review the applications or to apply, please click [here](#) and select the scholarship(s) you wish to explore in left-hand the drop-down menu under "Scholarships". Good luck!



FOR THE MIGLI TOURNAMENT : Each athletic team has been asked to create and donate a themed gift basket to be auctioned off at the end of the tournament. Examples from last year include a beach basket containing everything you need for a beach vacation (from towels to sunscreen to sunglasses); a Yard Goats basket with game tickets and other baseball/softball memorabilia; a BBQ basket with everything you need to host a backyard barbeque; and a bar basket stocked with beer, wine and spirits (very popular).

Find out what you can contribute to YOUR child's team gift basket by contacting the team rep today (consult the chart below for contact info). This is a fun and inexpensive way to honor Dick Migli, the tournament's namesake, and to support today's Falcons. Questions? Contact Susie Downey at susiedow@aol.com. Thank you!



COMING UP:

Monday, April 9th is school vacation week, and most athletes are expected to be available for practices and games. Athletes who are unsure what their vacation week obligations are should check with their coaches.

Monday April 15th, Booster Club General and Named Scholarship applications are due. Please click [here](#) to access the application. All AHS graduating student-athletes are encouraged to apply.

Monday, April 16th, monthly Booster Club meeting at **7:30 p.m.** in the Community Room.

Monday May 7th, the 25th annual **Richard Migli Memorial Golf Tournament** will be held at the Golf Club of Avon. This event honors fallen falcon, Dick Migli, a highly decorated and beloved athlete. Money raised funds scholarships for student-athletes and resources for the teams. This year, a portion of the proceeds will benefit the ALS Association, in honor of Dick Migli who died from the disease.

Wednesday, May 9th @ 6:00 p.m., the Booster Club will recognize all graduating AHS athletes (and their families and fans) who will be going on to play their sport at the varsity collegiate level. Our **Senior Athlete Recognition** event is not to be missed! If you or someone you know is such an athlete, please contact our B.C. Events coordinator Jen Gorack, lodovicog@hartford.edu.



The **25th** annual **Richard Migli Memorial Golf Tournament**

will be held on **Monday, May 7th** at the Golf Club of Avon and hosted by The Booster Club and tournament chair, Steve Hahn. All money raised from the tournament funds scholarships and valuable resources and programs (like the capital items we just voted to fund!) for Avon's athletic teams. All Falcon parents are welcome and encouraged to participate as golfer (18 or 9 holes), diner (for dinner only), or donor.

Click [here](#) for full event details, and to register or learn how you can support this important event.

This year, in honor of the event's 25th anniversary, a portion of the tournament proceeds will be donated to the national ALS Association to fund research for this dreadful disease. The tournament's namesake, standout athlete Dick Migli, AHS class of 1970, died of the disease in his early 30s. His friends and classmates travel from as far as California - every year - to participate in the tournament that bears their friend's name. **Please help us make this year the most successful year ever.**



in partnership with the
Avon High School Booster Club
announces the **25th** annual



**Richard Migli
Memorial Golf
Tournament**

Monday, May 7, 2018
The Golf Club of Avon

18 Holes . 9 Holes . Dinner Only



WINTER SEASON FINISHES (w/some additions to last week's list)

The 2017-18 winter season officially wrapped up yesterday with the Boys Basketball team, Co-ed Swim and Dive team members, and Boy's Basketball team all competing for state titles. Here is a team by team wrap up:

Boys Basketball: The team finished **12-9** after a tough loss to Waterford in the CIAC State Class L Finals yesterday. The team played with a lot of heart - and that spirit was returned by their loyal fans. **Jordan Williams** scored his 1000th point in January and was also named to the CCC All-Conference Team

Girls Basketball: Under the leadership of second-year varsity coach Jamal Lee, the girls finished a competitive **7-13**, a significant improvement over last year and proof that the team is indeed rebuilding. **Abby St. Onge** won CCC All-Conference honors and **Isabel Aguilar** was named Honorable Mention.

Co-ed Indoor Track: This team has no record because they don't have a 'regular' season. Instead, athletes qualify to participate in invitational meets. Four members of the team qualified for All-Conference Honors: **Zach Tilsch, Carly Carpino, Haley Gens** and **Rhiannon Richmond**.

Co-ed Swimming and Diving: The team finished **4-9-1** overall and enjoyed some outstanding individual and small group wins. The girls half of the team won the regional **Splash Classic** meet for the 12th time; swimmer **Andre Richards** and diver **Brendan Downey** were named to the All-State team and to the All-Conference team - along with **Alec Traktovenko** in the 100 breaststroke, and the 200 and 400 freestyle relay. **Chris Chute** and **Justin Arroyo** were also winners. Brendan Downey broke the school's 11-Dive record (twice)!

Boys Ice Hockey: Under the leadership of co-coach Scott Percival, this cooperative team of players from Avon and Farmington (primarily - plus Burlington and Windsor) finished a fabulous **20-2-1** and cinched the **CIAC Class L State Title** on Friday night in front of a roaring crowd at Ingalls Rink @ Yale University. Senior, **Peter Hoffman**, along with juniors **Eric Schweitzer** and **Trevor Paluso** were selected for the All-Conference team, and **Hoffman** also earned 1st team All-State honors.

Girls Ice Hockey: this brand new co-op team finished a respectable **6-12-1** in their inaugural season. Hopefully, they will follow in the boys' footsteps!

Wrestling: The boys finished a strong **16-7** with many young wrestlers posting big wins. An impressive six wrestlers earned All-Conference honors: **Abhi Bhabad, Matt Bourquin, Jack Colman, Chris Gens, Justin Meador** and **Henry Schrecengost**.



Congratulations to ALL of our winter athletes!



IN THE PRESS

- ❑ **The Collinsville Press** reported on Avon receiving votes in the final Connecticut Wrestling Online Top 10 wrestling poll, read the article [here](#).
- ❑ **The Valley Press** previewed the 2018 season for [Baseball](#), [Softball](#), and [Boys Lacrosse](#).



LINKS

Previous months' Booster Club meeting notes/agendas can be found [here](#), and previous months' financials can be found [here](#).

Full season schedules, scores and standings are available at the Connecticut Interscholastic Athletic Conference [website](#).

The Avon Athletics website is your source for forms, announcements, and the AHS Athletic Handbook which provides essential information for athletes (and fans). To visit click [here](#). Other essential forms and calendar info can be found by visiting our [our Booster Club website](#).

To see what the Avon athletics fan base has to say, check out the **Falconatics** twitter page [here](#).



SPRING CONTACTS

| Sport | Head Coach & Email | Team Rep & Email | Captains |
|----------------|--|---|---|
| Baseball | Jon Yolles coachyolles@gmail.com | Steven Angus svangus@yahoo.com | |
| Golf Boys | Josh Glick jglick@avon.k12.ct.us | Gwen Hahn gwenhahn64@gmail.com | Tyler Hahn, Sam Cuddeback, Alec Wang |
| Golf Girls | Eric Hoffman hoffmane@fpsct.org | KC O'Brien kcbobhome@hotmail.com | Katie O'Brien, Kerry Singer, Maddie Mackinnon, Julia Logan |
| Lacrosse Boys | Aaron Cohen avonhighblax@gmail.com | Ali Folkwein alifolkwein@gmail.com | Luke Davey, Tucker Gill Andrew Blea, Christian Becker |
| Lacrosse Girls | Kyle Kramek kkramek@avon.k12.ct.us | Julie Spivack julierut@sbcglobal.net | Rachel Spivack Rachel Levine |
| Softball | Bruce Michaels bruce.a.michaels@gmail.com | Brad Hards mbhards@yahoo.com | |
| Tennis Boys | Vinnie Costello vcostello@gmail.com | Sue Arciero suearciero@gmail.com | Chris Arciero, Evan Purcell, Dylan Melnick |
| Tennis Girls | Kim Moretti kmoretti@avon.k12.ct.us | Lisa Alesio mialesio@comcast.net | |
| Track Boys | Dave Zlatin dzlatin@avon.k12.ct.us | Sree Prathigadapa yashsree9@gmail.com | <i>No named captains. All seniors function as senior-leaders.</i> |
| Track Girls | Al Dadario adadario@avon.k12.ct.us | Nicole Leavens nicoledlox@gmail.com | <i>(ditto above)</i> |

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|------------------|---|--|--|
| Ultimate Frisbee | Jim Murray jmurray@avon.k12.ct.us | Meg Weist megweist@yahoo.com | |
| Crew Boys | John Kostal jkostal@alumni.princeton.edu | Tom Culbertson tomandkris10@hotmail.com | Neil Bratton, James McCormick Austin Moore |
| Crew Girls | Jon Rosow jkr2135@columbia.edu | Tom Culbertson tomandkris10@hotmail.com | Emily Boswell, Megan Boswell Phoebe Finch, Olivia Lazarus |

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|---------------------------------------|----------------|--|
| AHS Athletic Trainer | Justin Leduc | justin.leduc@hhchealth.org |
| Booster Club Spirit Wear Sales | Nicole Leavens | nicoledlox@gmail.com |
| Booster Club Webmaster | Lauren Yarnall | lyarnall@comcast.net |

EXECUTIVE BOARD

BOOSTER CLUB EXECUTIVE BOARD 2017-18:

President - Susan Rietano Davey, srietano@gmail.com

Co-Vice President, Events - Susie Downey, susiedow@aol.com and Jen Gorack, lodovicog@hartford.edu

Vice President, Membership - Janet Stokesbury, jstokesbury@sbcglobal.net

Vice President, Volunteers - Valerie DiBella, valeriedibella@comcast.net

Treasurer - Jim Stapleton, j.stapleton@comcast.net

Secretary - Tom Culbertson, tomandkris10@hotmail.com

The Booster Club also has two student representatives. This year's are Sara Leavens (XC and Track) leavenssara@gmail.com and Luke Davey (Soccer and Lacrosse) lukerdavey7@gmail.com. For a complete list of current season Booster Club *Team Reps*, please scroll above to the **Spring Contacts** section.