



AVON HIGH SCHOOL BOOSTER CLUB

THE BOOSTER BULLETIN Volume II, Issue 26

Reported by AHS Journalism Intern, Grace Keenan, graciek@comcast.net

3/26/2018 And ... we're off! Spring sports officially began under winter-like conditions last week (and yet more snow delays and cancellations), but this week looks clear - and soon enough our athletes should be able to practice outside.

Team varsity photos will be taken on Wednesday, 3/28 in the old gym (coaches have been given a schedule). Please remind your Falcon athlete to bring his/her uniform to school for the photo. Aside from being used in the yearbook, these photos will be used for team schedule-calendar posters that the Booster Club is producing for each team. *GO FALCONS! Susan RD*



SCORES

for the week of 3/19-3/25/18

Team	Opponent	Score
V Boys Lacrosse	Guilford Jamboree	W-W
V Baseball	Canton and Region 7 (Scrimmage)	score not kept



SCHEDULE

for the week of 3/26-4/1/18

Date	Time	Team	Opponent	Location
3/27	3:45 pm	V Baseball	Gilbert (Scrim.)	Home - Avon HS
3/29	3:45 pm	V Baseball	Ellington (Scrim.)	Home - Buckingham Field
3/29	4:00 pm	V Boys Lacrosse	Windsor (Scrim.)	Away - Windsor HS
3/29	4:00 pm	V Softball	Somers (Scrim.)	Away - Somers HS
3/30	3:45 pm	V Baseball	Avon Old Farms (Scrim.)	Away - AOF



Spotlight: 2017-18 Booster Club Capital Disbursements

The Booster Club voted on 3/13 to approve all capital disbursement requests from 12 different teams, totalling, \$23,595. Please click [here](#) to access a complete list of approved disbursement requests.

The first of this year's disbursements was made last week when five pieces of *Free Motion* fitness equipment were delivered to and installed in the AHS fitness lab:



Free Motion units are found in commercial gyms all over the country. They are popular because of their high quality construction and broad functionality; individuals of any ability and strength level can use the units to exercise different parts of their bodies safely and in proper form. Good form in strength training is the key to muscle growth and function. *Free Motion* units are a pin select type of equipment unlike the free weight-type machines that are commonly offered in gyms. The units facilitate exercises to strengthen both lower and upper body, and include a seated chest press/chest fly machine, a shoulder press, a seated row for back and rear shoulders, an adjustable "Lift" machine that has multiple uses for all body parts as well as a "Lift" Machine that is designed for legs and hips development. Our new units are easy to use, safe, and accessible/appropriate for any level of fitness or experience. In fact, the motive for getting them is to improve access to fitness for ALL students (athletes and not) AND staff. The Booster Club thanks P.E. teachers **Jeff Redman** and **Cheryl Edwards** for making the capital disbursement request AND for finding these units at an incredible sale price. Come check them out in the fitness lab soon!



DID YOU KNOW? SCHOLARSHIP APPS ARE OPEN!

The Booster Club awards a number of scholarships to qualifying AHS student-athletes every year.

The club sponsors two different scholarship categories: **Named Scholarships** (which honor specific, fallen Falcons) and **General Scholarships** (which recognize athletes for their participation and performance in the school athletics program). Student-athletes may apply to both.

Applications open today and are due April 15th. To review the applications or to apply, please click [here](#) and select the scholarship(s) you wish to explore in left-hand the drop-down menu under “Scholarships”. Good luck!



COMING UP:

Wednesday, March 28th, winter team Varsity photos will be taken in the old gym. These photos will be used to make team game/meet calendars, courtesy of the Booster Club.

Monday, April 8th, monthly Booster Club meeting at **7:30 p.m.** in the Community Room.

Monday April 15th, Booster Club General and Named Scholarship applications are due. Please click [here](#) to access the application. All AHS graduating student-athletes are encouraged to apply.

Monday May 7th, the 25th annual **Richard Migli Memorial Golf Tournament** will be held at the Golf Club of Avon. This event honors fallen falcon, Dick Migli, a highly decorated and beloved athlete. Money raised funds scholarships for student-athletes and resources for the teams. This year, a portion of the proceeds will benefit the ALS Association, in honor of Dick Migli who died from the disease.

On **Wednesday, May 9th @ 6:00 p.m.**, the Booster Club will recognize all graduating AHS athletes (and their families and fans) who will be going on to play their sport at the varsity collegiate level. Our **Senior Athlete Recognition** event is not to be missed! If you or someone you know is such an athlete, please contact our B.C. Events coordinator Jen Gorack, lodovicog@hartford.edu.



WINTER SEASON FINISHES

The 2017-18 winter season officially wrapped up yesterday with the Boys Basketball team, Co-ed Swim and Dive team members, and Boy's Basketball team all competing for state titles. Here is a team by team wrap up:

Boys Basketball: The team finished **12-9** after a tough loss to Waterford in the CIAC State Class L Finals yesterday. The team played with a lot of heart - and that spirit was returned by their loyal fans. Jordan Williams scored his 1000th point in January and was also named to the CCC All-Conference Team

Girls Basketball: Under the leadership of second-year varsity coach Jamal Lee, the girls finished a competitive **7-13**, a significant improvement over last year and proof that the team is indeed rebuilding. Abby St. Onge won CCC All-Conference honors and **Isabel Aguilar** was named Honorable Mention.

Co-ed Indoor Track: This team has no record because they don't have a 'regular' season. Instead, athletes qualify to participate in invitational meets. Four members of the team qualified for All-Conference Honors: **Zach Tilsch, Carly Carpino, Haley Gens** and **Rhiannon Richmond**.

Co-ed Swimming and Diving: The team finished **4-9-1** overall and enjoyed some outstanding individual and small group wins. The girls half of the team won the regional **Splash Classic** meet for the 12th time; swimmer **Andre Richards** and diver **Brendan Downey** were named to the All-State team and to the All-Conference team - along with **Alec Traktovenko** in the 100 breaststroke, and the 200 and 400 freestyle relay. In other news, Brendan Downey broke the school's 11-Dive record (twice)!

Boys Ice Hockey: Under the leadership of co-coach Scott Percival, this cooperative team of players from Avon and Farmington (primarily - plus Burlington and Windsor) finished a fabulous **20-2-1** and cinched the **CIAC Class L State Title** on Friday night in front of a roaring crowd at Ingalls Rink @ Yale University. Senior, **Peter Hoffman**, along with juniors **Eric Schweitzer** and **Trevor Paluso** were selected for the All-Conference team, and **Hoffman** also earned 1st team All-State honors.

Girls Ice Hockey: this brand new co-op team finished a respectable **6-12-1** in their inaugural season. Hopefully, they will follow in the boys' footsteps!

Wrestling: The boys finished a strong **16-7** with many young wrestlers posting big wins. An impressive six wrestlers earned All-Conference honors: **Abhi Bhabad, Matt Bourquin, Jack Colman, Chris Gens, Justin Meador** and **Henry Schrecengost**.



IN THE PRESS

- ❑ **The Collinsville Press** reported on Boys Ice Hockey finishing at No.7 in the state top 10 poll, read the article [here](#).
- ❑ **The Collinsville Press** also reported on Boys Basketball receiving votes in the New Haven Register/GameTimeCT top 10 poll for the first time, read it [here](#). See the full list [here](#).
- ❑ **The Collinsville Press** covered the Swimming State Open Championships where our swimmers set 2 new school records! Read the article [here](#).



LINKS

Previous months' Booster Club meeting notes/agendas can be found [here](#), and previous months' financials can be found [here](#).

Full season schedules, scores and standings are available at the Connecticut Interscholastic Athletic Conference [website](#).

The Avon Athletics website is your source for forms, announcements, and the AHS Athletic Handbook which provides essential information for athletes (and fans). To visit click [here](#). Other essential forms and calendar info can be found by visiting our [our Booster Club website](#).

To see what the Avon athletics fan base has to say, check out the **Falconatics** twitter page [here](#).



SPRING CONTACTS

Sport	Head Coach & Email	Team Rep & Email	Captains
Baseball	Jon Yolles coachyolles@gmail.com	Steven Angus svangus@yahoo.com	
Golf Boys	Josh Glick jglick@avon.k12.ct.us	Gwen Hanh gwenhahn64@gmail.com	
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AHS Athletic Trainer	Justin Leduc	justin.leduc@hhchealth.org
Booster Club Spirit Wear Sales	Nicole Leavens	nicoledlox@gmail.com
Booster Club Webmaster	Lauren Yarnall	lyarnall@comcast.net



BOOSTER CLUB EXECUTIVE BOARD 2017-18:

President - Susan Rietano Davey, srietano@gmail.com

Co-Vice President, Events - Susie Downey, susiedow@aol.com and Jen Gorack, lodovicog@hartford.edu

Vice President, Membership - Janet Stokesbury, jstokesbury@sbcglobal.net

Vice President, Volunteers - Valerie DiBella, valeriedibella@comcast.net

Treasurer - Jim Stapleton, j.stapleton@comcast.net

Secretary - Tom Culbertson, tomandkris10@hotmail.com

The Booster Club also has two student representatives. This year's are Sara Leavens (XC and Track) leavenssara@gmail.com and Luke Davey (Soccer and Lacrosse) lukerdavey7@gmail.com. For a complete list of current season Booster Club *Team Reps*, please scroll above to the **Spring Contacts** section.