

2016 WESTON TROJANS FOOTBALL ACADEMY



TUESDAY

6/14

WEDNESDAY

6/15

THURSDAY

6/16

Join us for our annual 3-day football academy where campers will learn and practice the offense and defense plays and skills of the Weston Trojans. In addition to running plays and learning the playbooks, campers will build upon fundamentals and basic skills of football. Each camper will experience drills, practice routines, and team time led and instructed by current Weston Trojan coaches and players. Campers will experience a typical practice week of the Weston High School Football Team, with two days being focused on offense and two days on defense.

TIME: 5:30 – 7:30 PM

LOCATION: WESTON HIGH SCHOOL FOOTBALL FIELD

GRADES: CURRENT 3RD – 7TH

FEE: \$100 PER ATHLETE (can pay by day)

TO REGISTER ONLINE, VISIT www.trojansfootball.org

WHAT CAN YOU EXPECT FROM THE CAMP?

- All players will be placed in groups according to position.
- All players will work in small groups with a varsity coach at that specific position.
- Individual and group instruction on both offensive and defensive fundamentals and strategies.
- Each practice will be broken into individual position time, pass game, run game, and team time. Each player will experience position specific drills and team play situations.
- Each player will be trained to be a better, more confident football player!
- You will go home a Trojan!
- Parents are encouraged to attend and watch camp as their players work with high school coaches and players.

CAMP ELIGIBILITY: All players currently in grades 3 – 7 are eligible to attend. The RTFA also welcomes new players to camp who have not played the game of football before to learn and develop the fundamentals and skills of the game.

DRESS CODE: This academy will be limited contact, therefore all players will be in helmets and shoulder pads throughout the week. Players should wear shorts and cleats in order to be fully prepared to participate each day. (Equipment is available June 5, Sun 9am-12pm, at WHS Cafeteria. If you will not be registered for 2016 WTYFC at that time, email michaelnevitt2001@yahoo.com to arrange for equipment.)

*Any questions or concerns please contact Weston Head Football Coach: Coach Pace –
chris83pace@gmail.com*