



WESTON
HIGH SCHOOL FOOTBALL



2016 COMBINE

Weston High School Footballs' biggest fundraiser of the year.

Dear Trojan Family, Friends, and Supporters,

As school is beginning to wind down and summer approaching, it is time once again to begin thinking of summer camps and getting ready for our 2016 fall football season. Over the past several months, we have dedicated ourselves to the off-season and preparing ourselves to be in the best physical and mental condition we can be for the football season.

In efforts to recognize and support our Trojans' commitment, we would like to continue to provide the best opportunities for them as student-athletes. One of those great opportunities and a proud tradition here in Weston is taking our team to preseason camp. Camp is a place where we can continue to grow and develop as a team and program. Our players are able to compete, bond, and build relationships with their Trojan brothers while at camp.

On Sunday, May 15th, the Weston Trojans Football Team will be hosting their 3rd Annual "Trojan Combine". We will host the combine at Weston HS football field and weight room. We are asking for support and donations to allow our program to provide our student-athletes with these opportunities. At the combine, our players will be maxing out in the bench press, squat, and power clean. Supporters are asked to donate a specific amount per pound of the total weight lifted. In addition to the lifting portion of the combine, players will be testing in the 40-yard sprint, 20-yard shuttle, 3 cone agility, and vertical and broad jumps.

Again we ask each supporter pledges a monetary amount per pound that the specific player totals in the four lifts. Usually people will pledge a penny, nickel, dime, quarter, or dollar per pound.

Example if one player lifts:

Bench Press:	235 LBS
Squat:	350 LBS
<u>Power Clean:</u>	<u>220 LBS</u>
Total LBS:	805 LBS

If you pledged a dime per pound, you would donate \$80.50.

All family, friends, and sponsors are invited and encouraged to attend and support the Trojans as they compete for new personal records. The combine starts at 10:00 AM at Weston HS. This year, we also invite family, friends, and sponsors to stay and join the team for the Awards and Recognition Ceremony at 1pm in the WHS Cafeteria, and the traditional Trojan Team Dinner immediately following, or around 1:30pm.

We are striving to make sure we provide the best for our players and in order to accomplish this we need the support of our family, friends, and community. Thank you for your interest and support in our football program.

GO TROJANS
Coach Pace
Head Football Coach
Weston High School