



WESTON HIGH SCHOOL FOOTBALL



2016 COMBINE

Weston High School Footballs' biggest fundraiser of the year.

Purpose: Our inaugural Trojan Combine is one of Weston Football's biggest fundraisers of the year.

The money raised will go towards:

1. Much needed equipment.
2. Practice and lifting resources.
3. Helping pay for players to attend team camps.

Procedure: Each participant will gather sponsors that will donate money based on the amount of weight lifted by the player. Players will test and total pounds in the bench press, squat, and hang clean.

Goals:

1. Each Trojan sets a personal goal for each lift.
2. Each player raises a minimum of \$200.
 - a. **ANY AMOUNT RAISED OVER \$200, WILL GO DIRECTLY TO THAT PLAYERS "JUMP FORWARD" REGISTRATION.**
3. Team raises a total of \$6,000.

Awards:

INDIVIDUAL:

- 1st - \$100 Credit to Spirit Gear
- 2nd & 3rd - \$50 Credit to Spirit Gear
- 4th & 5th - \$25 Credit to Spirit Gear

Details:

- Date: Sunday, May 15th
- Time: 9:00 AM - 2:00 PM
- Location: Weston High School Football Field

Schedule:

- 9:00 - Trojans arrive to the weight room/Pledge sheet checks
- 9:30 - Combine Overview
- 10:00 - Trojan Parents and Supporters arrive
- 10:00 - Trojan Warm-up
- 10:15 - Speed/Agility/Skill Tests
- 11:00 - Youth Trojans Mini Combine
- 12:00 - Lifts/Strength Tests (Money makers)
- 1:00 - Awards and Recognitions
- 1:30 - Awards and Family Team Dinner/Meet the Coaches

Requirements:

- All players are expected to attend and FULLY participate.
- All players are to bring their pledge sheets for a check in of progress. Any player who does not bring their pledge sheet will be at risk for not participating. Since this is our top fundraiser for camp, players will also be at risk for not attending camp as well.
- Players should wear NEW Trojan gear (Tops and Bottoms) and bring both sneakers and cleats for testing.