



# WINTER INDOOR SOCCER

## ERU 2019 WINTER TRAINING

**STARTS JANUARY 6<sup>TH</sup> AND WILL BE OFFERED ON SUNDAYS THROUGH EARLY APRIL**

### Session Details:

Winter sessions have been designed specifically to further develop player technical skills and tactical knowledge in a structured, fun, competitive environment, taught by our professional coaching staffs.

U9 – U15 boys and girls will train Sundays at both Samuel Staples Elementary School and Joel Barlow High School (outside on the turf, weather and field conditions permitting). See separate schedule document.

Payment must be made prior to your child's participation. You can pay by check (payable to East Redding United Soccer Club) or on-line at [erunited.org](http://erunited.org).

Please register at the ERU website to receive updated information on all sessions. Weather cancellations will be communicated via the ERU website.

If any session does not meet the minimum player requirement (8 players), we will attempt to accommodate those players who have shown interest in the sessions by placing them in an alternate age group based upon each player's skill level (as determined by the coaches).



**U9 – U15 GIRLS & BOYS**  
**Once-a-week training**  
**for (10) sessions**

**Alternative flexible**  
**schedule again this**  
**year with our (6)**  
**session plan...you**  
**pick which (6) dates**  
**to train**

**Sessions are scheduled**  
**each week at SSES. If**  
**weather and field**  
**conditions permit,**  
**any/all sessions will be**  
**moved outside to the**  
**Barlow turf field**

**U9 – U15 FULL-TIME PLAYER**  
**(10) SESSIONS = \$235**

**U9 – U15 FLEX-TIME PLAYER**  
**(6) SESSIONS = \$185**

**Contact Michael Bensch**  
**with questions**  
**[mbensch@optonline.net](mailto:mbensch@optonline.net)**

**EASTON REDDING UNITED**  
**SOCCER CLUB**

[erunited.org](http://erunited.org)

Minimum number of  
players per session is (6)  
full-time and (2) flex-time

**TRAIN LIKE A CHAMPION**