

# COLLEGIATE SOCCER ACADEMY

AFC Soccer School

11 Knoll Road

Rocky Hill, CT 06067

[www.academicafc.net](http://www.academicafc.net)



## Camp Philosophy

Everything included in the camp's curriculum meets two objectives concerning soccer: fun and progress. Any athlete finds that the mental concentration and physical effort necessary for success comes easily when the activity provides enjoyment. With this in mind, the program includes varied and creative exercises designed to resemble match conditions.

## Field Player Program

Each of the creative exercises targets one of three facets of play. The first is to improve the player's technical ability. Next, we emphasize the importance of the player's vision on the field by teaching the player the correct reaction to what he/she sees: the visual cues and their tactical implications. Finally, we increase the pace at which the player puts both technical and tactical skills together. Above all, we teach that soccer is fun, by promoting the positive and reducing the fear of failure.

## Goalkeeper Program

The goalkeeper program combines the conditioning, techniques, tactics, and psychology necessary to improve performance. Training a minimum of two times a day and joining teams for matches in the evening provides the goalkeeper with insight and application of soccer's most challenging position.

## The Staff

The staff members selected for the camp have all proven their knowledge of soccer and coaching techniques as their respective premier and college records indicate. More importantly, they were selected for their enthusiasm for soccer and enjoyment for developing kids into soccer players. They represent the best possible expertise to help you develop your natural abilities, improve your skills, and understand tactics.

For directions to the South Kent School, please visit our website: [www.academicafc.net](http://www.academicafc.net)

## Note from the President

*"CSA Soccer School staff take their responsibility to be great teachers of the game seriously. We strive to create a positive learning environment that fosters individual growth, while at the same time learning team work. Skill building is a key component to the school, because without the fundamentals of the game the remaining part will be difficult.*

*Finally, we believe that a good work ethic is fundamental to fulfilling a players potential on the soccer field. If you want to take your game to the next level in a great environment then the CSA Soccer School is for you."*



## Tony Horta

Owner and President of Collegiate Soccer Academy.  
Over 25 years of coaching experience.

### Head Coach, New England Mutiny – WPSL

- 2009 National Semi-finalist
- 2007 National Finalist
- 2007 WPSL Coach of the Year

### Head Coach CT Academica – AISL

- 2004—National Finalist
- 2003– National Finalist

### Head Coach – Quinnipiac University

- Three time conference champion – NE 10
- 1994 NE Coach of the Year

### Assistant Coach University of Hartford

### Assistant Coach University of Connecticut

# COLLEGIATE SOCCER ACADEMY



South Kent School  
40 Bull's Bridge Road  
South Kent, CT, 06785

# Collegiate Soccer Academy

## Featured Staff:

### Chris LeGates

- CSA Managing Partner
- 4-time GNAC Conference Coach of the Year
- Head Coach Saint Joseph College
- U16 Girls Pride Coach
- NSCAA Advance National License



### Manuel Oliveira

- CSA Director of Goalkeeping
- U16 and U18 Boys Pride Coach
- Owner and Director of Superior Goal-keeping

### James Luis

- U14, 15 Girls Pride Coach
- Head Coach, Cheshire Academy Girls Soccer
- CSA Director of Marketing

### Eric Foley

- Head Coach Plymouth North HS, MA
- Premier Coach Crusaders, MA

### Jess Gildea

- Head Assistant Coach Saint Joseph College
- Saint Joseph College Second All-Time Leading Scorer

**Plus college players from local colleges will be there!**

## Daily Camp Schedule

7:30 am	Wake Up
8:00 am	Breakfast
9:00 – 11:30 am	Technical training and shooting
Noon	Lunch
2:00 – 4:00 pm	Tactical training
4:00 – 4:30 pm	Sand soccer / Soccer tennis / Soccer volley-ball
5:00 pm	Dinner
6:30 – 8:00 pm	Small side games
9:00 pm	Soccer videos

## Camp Dates, Times, Locations:

### August 5-9, 2012

Both overnight and commuter students are welcome at the CSA Soccer School at South Kent School, South Kent, CT. Overnight and commuter students should arrive between 11 a.m. and 1 p.m. on Sunday, August 5th. The first session will begin at 2:00 p.m. on Sunday and camp activities end Thursday, August 9th following exhibition games that start at 6 p.m. Family and friends are invited to watch the exhibition games.



## Tuition

### Overnight: \$600 & Commuter: \$500

(includes five days of instruction, Adidas® soccer ball, Adidas® T-shirt, awards and meals)

## Medical Assistance

Certified First Aid personnel and an athletic trainer will be onsite at all times. Medical assistance, if necessary, is available at Sharon Hospital, which is located just five miles from the South Kent School.

## Registration Confirmation

Upon acceptance to the CSA Soccer School, players will receive an email with both a medical form, which must be completed prior to registration, and a complete list of what to bring to camp. As a general point of information, soccer shoes should be broken in at least three weeks prior to the start of camp. An Adidas® soccer ball and an Adidas® CSA Soccer School T-shirt will be issued to each player at registration. A \$100 non-refundable deposit must be received by July 1, 2011 and will be applied to the total tuition cost.



## Registration

Register online or complete and mail form below:

Player's Name

Address

City

State

Zip

Current Grade 2011

Age

Birth date

Parent/Guardian Phone #

Contact Person (In case of an emergency)

Email

Parent/Guardian Permission Signature

Roommate Request

(Doubles and some triples available)

Please check off proper session below:

☐ Aug 5th-9th (overnight/day camp)  
Level: Girls week age 8-18

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