

Wall Passes

→ Ball
 - - - → Player

Organization

Players in 20 a yard circle with 1 ball
 Players pass and follow across the area
 Add more balls to challenge

Player now passes and jogs in a straight line at the receiving player

Receiving player executes a give and go (wall pass) with a player from either left or right around the passer

Coach monitors the practice and adds or takes away balls

- Communication
- 1st touch out of feet
 - Head up
 - Quality of the pass
 - Foot and surface Selection
 - Communication specifics (support right/left)
 - Movement off the ball to support the wall pass
 - Quality of pass
 - Player passes one way and moves around defender the opposite way

Area 20x40 two teams 3 balls maximum
 3 minute games 1 ball to begin

When players perform a wall pass the coach serves another ball into their half of the field team

Winning team has most balls in their half-Teams send one defender per ball

- Awareness of pressure
- Communication
- Timing
- Recognition of space
- Creating space by drawing in defender
- Attacking space by dribbling at defender

Final Game
 4v4 or 3v3 for 12 players

Teams score 3 points for a goal
 1 point for a wall pass

- Team Shape
- Awareness of pressure
- Awareness of space
- Speed of play
- If defender commits to stopping the wall pass player dribbles into space