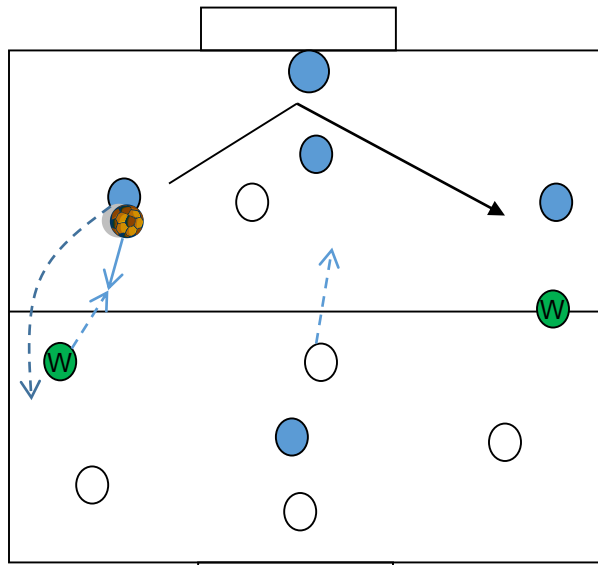


The importance of the wide midfielder

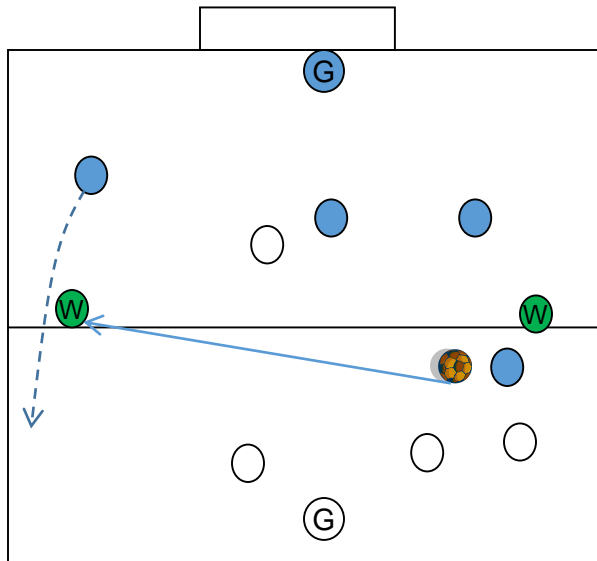




Wide midfielder Final Game



Striker is marked so the ball is played to the outside mid



Player being invited to overlap

Organization

Area 30x 40 yards with a halfway line

5v5

Two neutral wide players that start on the opposite half to the ball and must check in to receive a pass

These players cant be tackled and must pass to the team that passed to them

Teams have 4 players in defensive third and one in attack

Team can only break out of their half by

1. Passing to the forward
2. Passing to a wide player and having a fullback overlap

One the ball goes out of play the team shape resets

3. Finish with 5v5+2 with the 2 being the wide players

Coaching points

- Communication
- Awareness of striker
- Check to receive pass
- Receive with an open body shape
- Recognize whether to use striker or fullback as the next passing option
- Three F's of passing: Force, flight, and feel (pace, low drive/lofted, spin)
- Coach the players to recognize when to go forward
- Coach the players speed of play slow to pull in opponents and quick to hit out
- Coach early movement off the ball to support the wide midfielders
- Coach the wide midfielders ability to deceive the opponents with disguised passes