

Passing and Moving

	<p style="text-align: center;"><u>Organization</u></p>	<p style="text-align: center;"><u>Coaching Points</u></p>
	<p>In 3's with one ball on outside of a 5 yard square</p> <ol style="list-style-type: none"> 1. Players pass the ball across the square and move to the open side 2. The player that does not pass or receives the ball moves to the open side 	<ul style="list-style-type: none"> •Communication •Quality of pass •Readiness to receive •Movement as ball moves •Recognition of pass
	<p>Area –30x40 with four 3 Yard squares. Players in pairs passing and moving looking for combination pass with targets</p> <ol style="list-style-type: none"> 1. Targets pass back to player who passed in 2. Targets pass back to team mate of player who passed in 3. Targets look to pass to another target before passing back into appropriate color 	<ul style="list-style-type: none"> •Communication Eye/Verbal • Awareness of open players •Movement off the ball Body shape •Quality of pass
	<p>Area 35x20 4v4</p> <ol style="list-style-type: none"> 1. Players must stay in zone (find forward) 2. Players can advance a zone if they pass ball in 3. Players can support a pass from their team mates in the attacking zone (see diagram) <p>Teams are reset when ball goes out of play</p>	<ul style="list-style-type: none"> •Awareness of forward •Speed of play •Awareness of space
	<p>3v3 with Goalkeepers Area 35x25 with two 10 Yard goals Play is restarted from pass ins</p>	<ul style="list-style-type: none"> •Awareness of forward •Reaction to pressure •Look to utilize width •Good team shape •Selection of side to attack •Team discipline