



—————→ Path of Ball  
 - - - - -→ Path of Player

# Chan Chaska Soccer Association

## Shooting and Finishing



|  | <p align="center"><u>Organization</u></p> <p>In pairs 20 yards apart 1 ball, 2 cones, 5 yards apart in the middle</p> <ol style="list-style-type: none"> <li>1. Players 1 and 2 shoot the ball across the area through the marker cones 5 yards apart</li> <li>2. Progress from stationary ball to moving ball</li> <li>3. Progress from multi touches to two touch onto 1 touch.</li> </ol>  | <p align="center"><u>Coaching Points</u></p> <p>Head down eyes on the ball.<br/>         Strike through the middle of the ball.<br/>         Follow through the ball<br/>         Shoot with accuracy before power.<br/>         Keep the ball low</p>                        |
|--|---|---|
|  | <p>Area 30 x 20 In groups of three 2 servers<br/>         1 goalkeeper (goalkeeper restricted to goal (area)<br/>         Server plays ball into players who have to score through the goal as quickly as possible<br/>         Progression- GK can attack the ball<br/>         Progression- Vary the service (height and pace)<br/>         Progression –Server becomes pressing defender<br/>         Rotate the players when a goal is scored or 4 minutes on 4 minutes off. Flags for multiple areas</p> | <p>Selection of surface<br/>         Body (open to goal)<br/>         Attitude Don't be afraid to miss<br/>         Follow the ball for rebounds<br/>         Keep the ball low. Eliminate GK<br/>         Shoot past defenders for deflections</p>                           |
|  | <p>Final Game Area 30x20 with two ten yard goals<br/>         3v3 with<br/>         Goalkeepers and 4 targets a good supply of balls<br/>         Targets can move around the outside of the field<br/>         3 minutes games winner stays on field<br/>         Targets replace losing team<br/>         One point for a goal<br/>         Two points for a one touch finish off a return pass from a target.</p>  | <p>Framing the goal<br/>         (covering as much of the goal area as possible rebounds)<br/>         Keep the ball low and towards the corners of the goal<br/>         Encourage the players to shoot at every opportunity<br/>         Create an attitude to shooting</p> |

Players have to have a good attitude towards shooting and take on the responsibility to shoot that some players lack. The most successful goal-scorers are the players who shoot first and don't mind taking the responsibility to miss.