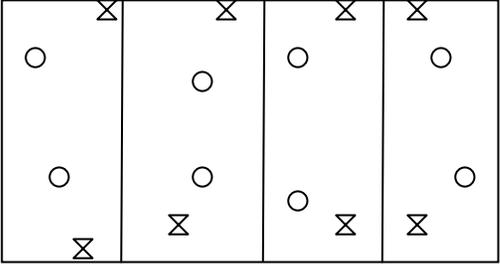
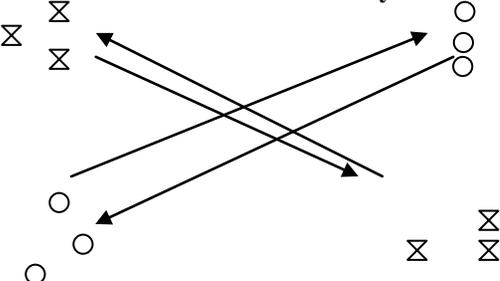
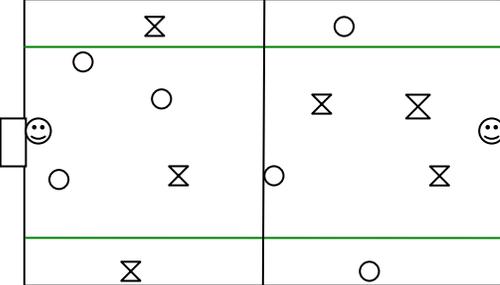
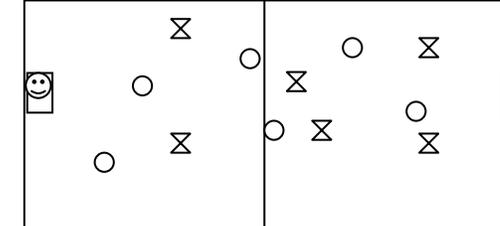




Crossing and Finishing



<p>Fundamentals (Warm up)</p> 	<p>Organization</p> <ul style="list-style-type: none"> • Create channels 25 to 60 yards long. • 10 to 15 yards wide. • One ball each group of 4 players • Low key movement warm up. • Introduce long and short range passing • O sets up X to drive the ball over the grid • Light Stretching exercises 	<p>Coaching Points</p> <ul style="list-style-type: none"> • Observe correct kicking technique using laces for power to drive the ball, without loosing accuracy. • Observe angled approach to the ball. • Observe quality contact with the ball • Observe good follow through of the ball. • Observe players ability to flight the ball and deliver over long distances
<p>Match Related Activity</p> 	<ul style="list-style-type: none"> • Area 2 x 25x25 8'O players 8'X players. • One player sets up second player delivers ball • Timing of the cross to miss other balls • Accuracy to deliver into the players • Control of the incoming ball 	<p>Observe the height and distance of the cross into receiving players Observe the receiving players first touch control Observe the players ability to set play up for the cross Observe accurate delivery into space for players to run onto</p>
<p>Match Related Activity</p> 	<p>Area of field 40X50 x 5 yard side zones</p> <ul style="list-style-type: none"> • Players restricted to stay in the center field of play. • X and O players cannot be challenged • 2, X. 2,O players play wide in the zones. • Zone players are not allowed on the playing area • Out field players are not allowed in the wide zones. • Goals scored 1 for a goal 3 points for a goal from a cross 	<ul style="list-style-type: none"> • Observe the free play of the players and their usage of the wide players • Observe accurate passing to outside flank players • Observe the angle and speed of the delivery • Observe the flank players ability to get the ball out of the feet into the running speed • Observe the target areas front post and back post delivery with pace and accuracy
<p>Game Condition Activity</p> 	<ul style="list-style-type: none"> • Area of field 50 x 30 yard. • 6 v 6 plus Keeper A good supply of balls, open play. • Creating width for crossing • Early delivery • First time shooting • Being around for second ball opportunities 	<ul style="list-style-type: none"> • Observe the players ability to retain width • Observe the players, ability to disguise their intentions to unbalance the defenders. • Observe the movement in the goal area • Observe the understanding of near and far post deliveries • Observe near and far post runs • Observe the players ability to be ready for half chances