



**Fall
2020**

Intramural SOCCER



COVID-19 PROTOCOLS



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Return to Play Protocol

Introduction (EPYSA)

The guidance from the Commonwealth of Pennsylvania on the Green Phase still engages in mitigation strategies for COVID-19. It is a cautious and gradual re-opening. As the Governor and Department of Health provide additional information and guidance beyond the initial opening, we too will expand the opportunities for youth soccer.

These guidelines were created in consultation with those developed by the US Olympic Committee, US Soccer, US Youth Soccer, the CDC and the Commonwealth of Pennsylvania and is a collection of best practices for carefully moving forward in the COVID-19 world. We encourage you to follow all aspects set forward in this document.

The conditions during this pandemic have continually evolved and changed regularly. We know additional information and new guidelines are forthcoming. They will change at any time, so we must be flexible. ***These guidelines will be updated as necessary.***

This document does not replace the advice or direction of medical professionals. The risks of infection still exists. Until a vaccine or cure is developed for COVID-19, we must proceed cautiously and continue to monitor and comply with the Governor's office, PA Department of Health, CDC and any other federal or local regulations.

Please recognize that many families and individuals will have reservations about re-opening and reintegrating. We must be respectful, sensitive and flexible as we restart. If a parent, child or coach is not comfortable returning to play, they shouldn't.





General Hygiene and Safety Protocols

- Wash your hands frequently
- Have hand sanitizer available for all at times
- No sharing of water, snacks or equipment
- No shaking hands, high fives, fist bump, hugs, etc.
- Social distancing = six (6) feet apart
- No player or coach can attend if they are feeling sick
- Sick players or coaches must quarantine as required by CDC/PA Dept. of Health. They can only return with a Doctor's approval and must show notice to the club.
- Disinfect all training equipment- cones, goals, flags etc. Only coaches can touch or move equipment.
- Coaches to wear a face mask as per CDC/PA Dept. of Health at all times
- Players to wear face masks when not involved in soccer activities or on the bench.
Players may wear masks during activity at parents or players discretion.
- Scrimmage vests washed after every session.
- Each ball sanitized before/after every practice or game
- Only one coach may attend to an injured player and they must wear a mask
- Minimize contact with other teams before, during and after each session



Information for COACHES

- Comply with Commonwealth of Pennsylvania, EPYSA and any additional club directives or requirements
- Reinforce directives, policies and protocols as necessary with parents and children
- Inquire how players are feeling on arrival - if they are ill or appear to be ill, send them home (isolate from group and contact parent/guardian)
- Supply your medical kit or bag with extra masks, sanitizer, and facial tissues
- Implement social distancing at all times - each player and their equipment must be at least six (6) feet from the next player
- Coaches wear masks at all times
- Players may wear masks during training at their discretion, but must wear when not engaged in soccer activity
- Only coaches may touch or move equipment - players must not touch or move equipment (cones are classed as equipment)
- Sanitize all equipment after training – Clorox wipes or similar
- Only one coach can attend to an injured player – mask/gloves must be worn
- Be positive, fun and engaging - help the children acclimatize and reintegrate





Information for TEYSA Parents

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements - share information with your son or daughter
- Ensure player has no signs of COVID-19 for the past 14 days and no known exposure before sending them to activities - sick players and coaches must stay at home and follow appropriate health guidelines
- Determine if you want your child to wear a face mask during activities
- Sanitize and wash all equipment and uniforms after activities
- Pack hand sanitizer and a face mask in his or her bag
- Spectators are not recommended to attend, however, if you feel it necessary, apply common sense and physically distance yourself
- Comply with all social distancing and mask directives and adhere to rules of the club regarding attending training session (traffic/drop off/transit protocols)
- Instruct your child to never share water, snacks or equipment
- Notify club and coach should your child become ill
- Do not assist coach or coaches with equipment at the beginning or end of practice
- Allow players or coach to retrieve the ball if it goes off touchline or end line
- Parents make the ultimate decision on their child's attendance participation
- If your child has visited any of the COVID "Hotbed" states (<https://www.pa.gov/guides/responding-to-covid-19/#Travel>) they must quarantine for 14 days and cannot take part in TEYSA activities.





Return to Play – Action Plan

“What if” scenarios

- If a child turns up for practice or camp and appears unwell or exhibiting COVID symptoms, he/she must be isolated from the group and the parent/guardian must be contacted immediately
- If a participant (child/coach) comes into contact with a known COVID carrier, they must isolate for a minimum of 14 days and not return to TEYSA activities until they are symptom free for 3 successive days and have had a negative test
- If a participant (child/coach) has had a positive test for COVID they must quarantine for a minimum of 10 days and cannot return to TEYSA activities until they are symptom free for 3 successive days and have had a negative test
- TEYSA will follow CDC and State guidelines for contact tracing, should there be any incident that requires it.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/contact-tracing-CDC-role-and-approach.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/php/open-america/contact-tracing-resources.html>

If a parent has any questions regarding COVID club policy and Health & Safety, they should contact Kevin Halliday (Operations Director) at

khalliday@fceuropa.org

