



Arizona Girls Lacrosse Association

**Board of Directors Meeting
October 6th, 2010 @ 7pm
Granite Reef Senior Center
1700 N. Granite Reef Rd, Scottsdale, AZ 85257
(just north of McDowell between Hayden and the 101)**

Minutes

1. Roll Call Greg Ritter
Attendee list, based on sign-in sheet, located at the end of this document.
2. Reading / Approval of 9-1-2010 Amended Meeting Minutes Sara Diercks
Amended minutes approved as written. Minutes are posted on www.azgla.com.
3. Financial Report Drew Wagner
No update.
4. Old Business
A. SWR Drew Wagner
 - i. *2/26 – 2/27/10*
 - ii. *Planning Meeting – Thursday, 10/21/10, 7pm, Granite Reef Senior Center*
 - iii. *Volunteers still needed; only three volunteers have come forward.*
 - iv. *Fields to be determined at 10/21 meeting.*
5. New Business
A. Jamboree Nick Cosmany
 - i. *Fun activity to kickoff the season. Opportunity for players to interact in a fun environment. New Jersey league successful with this type of event.*
 - ii. *Coincide with SWR; Friday evening, 2/25*
 - iii. *League sponsored activity*
 - iv. *Discussed student board getting involved and taking responsibility.*
 - v. *Overall consensus – Yes*
- B. EMTs Nick Cosmany
 - i. *Huge cost - \$20 out of \$92/player expense in 2010.*
 - ii. *Could money be used more effectively? (\$7000)*
 - iii. *Boy's league fired EMTs. Changed to self regulated program. Implemented AYLL requirements, i.e. hospital information in scorebook.*
 - iv. *Sanctioned sports typically have athletic trainers.*
 - v. *Safety is primary concern.*
 - vi. *Liability/lawsuit may be a concern.*
 - vii. *What value do EMTs add? Ice, band-aids, aspirin. In real emergency, call 911.*
 - viii. *Could define responsibilities for home team, i.e. Ice, Medical Kit, Cell phone, designated medical responder.*

- ix. PCDS – requiring CPR for all coaches. AGLA to contact Shane Lewis, Athletic Director, regarding opportunity to tag along with their training.
- x. USL – extended grant program for AED. See USL website – Programs & Grants.

C. 2011 Rule changes

Tyna Murphy

- i. Posted on website.
- ii. More emphasis on cards. Bringing rules closer to international rules.
 - a. Two yellows – out remainder of game and next game.
 - b. Red card – out remainder of game and next two games
 - c. Team yellow card – after 2, team plays down
- iii. Head coach – responsible for sidelines. Need to enforce sideline manager role.

D. AZ Chapter of USL Update

Marie Baca

- i. Fast Break Initiative – 11/5 – 11/6, Arcadia High School
 - a. Phoenix chosen as host location. We need to show our support.
 - b. Lots of clinics. Something for everyone. i.e. Boys, Girls, ref clinics
 - c. Level 1 coaches clinic - Every team is required to have at least one attendee.
 - d. Friday – Keynote speaker Don Zimmerman
 - e. Saturday – clinics. i.e. 501, 503C; Recruiting; AED; Concussion awareness.
 - f. Open to everyone – coaches, players, parents, friends, neighbors. USL membership not required.
 - g. See USL website to register.
- ii. USL awarded equipment grant to Hillcrest Elementary school.
- iii. AYLL awarded grant to Estrella.

E. By-Law Changes

Greg Ritter

- i. Proposed change: Practice begin January 1st. Tryouts held under same timeline as AIA Spring sports allow.
- ii. Discussion:
 - a. Schedule moved back almost a month; would have 2 months prior to first game.
 - b. We aren't AIA
 - c. Teams that want to play shouldn't be stifled.
 - d. Create parity across all teams
- iii. Voting members – 23 present; 18 votes needed to pass
- iv. Vote – Yes 10; No 10; Abstain 3
- v. Proposed change not approved

6. Open Discussion

All

- A. Student Board – Emily Miller will oversee activities of the board. Input is appreciated. Will focus on expansion. Contact Emily at 480-250-1784 or Emily@Wildfirelax.com.
- B. PE Conference – 10/22 – 10/23. Looking for volunteers. Please contact Bill Casey. bcasey@glendalelax.com
- C. Coach Openings – Sara to send request for information to teams needing a coach. Information will be added to website.

7. Closing Remarks
8. Adjourn Meeting

Greg Ritter

Next scheduled meeting is Wednesday, November 3, 2010, at 7pm

By-Law Additions/Changes for October 6, 2010 AGLA BOD Meeting

R&R #15 A

Current Wording: Teams will be allowed to practice a maximum of two (2) times per week beginning November 1st with coaches present. All practice times and places will be posted on the AGLA website and will be open to all US Lacrosse members. The primary focus of these practices is to work on stick skills and conditioning. Teams may hold tryouts in December, with practices monitored by the coaches, this tryout period may not last longer than 5 days. Full team practices may begin the first week in January.

Proposed Wording: Teams will be allowed to practice beginning January 1st. Tryouts will be held under the same timeline that the AIA Spring sports allow.

Reasoning behind the Proposed By-Law Change: 1. The league now has our season dates aligned with the AIA. We should attempt to align our practice/tryout schedule with AIA as well. 2. This change begins to bring parity to all teams; we need to consider schools/teams that currently follow AIA rules and cannot practice in the Fall. 3. This will help promote the sport of lacrosse by allowing multi-sport athletes who participate in Winter sports to transition to a Spring sport with fewer conflicts. 4. Attempt to decrease overuse injuries in players who play “year round”.

Executive Committee Recommendation: Executive Committee does not endorse this by law change based on the wording of the change.

Meeting Attendees:

Last name	First name	Position *	Voting MAL
Amaro	Isauro	Team Manager	Y
Baca	Marie	President, AZUSL	
Bebout	Caitlin	Coach / MAL	Y
Berns	Sara	Parent/MAL	Y
Chamberlin	Rod	Coach / MAL	Y
Connell	David	Other	
Cosmany	Nick	2nd VP	
Dernier	Ann	MAL	Y
Diercks	Sara	Secretary / Parent	
Greenberg	Joy	MAL	Y
Harder	Carol	MAL	Y
Hart	Char	Team Manager	
Kay	Andrew	Coach	Alt
Laub	Stefani	Coach	
Layne	Ronna	Parent	
Lindsey	Jim	WebMaster	
Livingston	Jessica	Coach/MAL	Y
Low	Ann	MAL	Y
Martin	Julie	Team Manager	
Miller	Emily	Other	
Murphy	Tyna	Head Official	Y
Pizzi	Laraine	Immediate Past Pres / Coach	Y
Pohle	Doug	MAL	alt
Ritter	Greg	President	Y
Samuel	Brice	1st VP	Y
Wagner	Adrienne	MAL / Coach	Y
Wagner	Drew	Treasurer	Y
Warshawsky	Cathy	MAL	Y
Podolak	Dave	Coach	Alt
Sokol	Vicky	Parent	

Handouts:

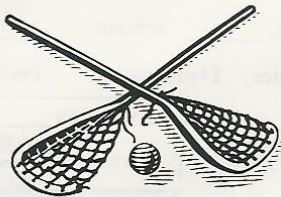


2010 Lax Locker Girls Fall Lacrosse Instructional Sessions/League

Scottsdale, Mountain View Park

6 Weeks--- Oct. 17-Nov. 21

Open to all Girls K-12th Beg-Adv FEE: \$149*



Who

Girls Session—K-12 (1 Hour Instruction—1 Hour Game)

What

Each session will feature Brianne and her coaching staff instructing teaching the latest in girl's lacrosse fundamentals and drills (1 hr) followed by 1 hr scrimmage, game situation or game session. All players get equal attention and play time and much 1 on 1 attention.

Where

Scottsdale Session @ Mtn View Park in Scottsdale every Sunday
Behind Cochise Elementary School (86th St & Mtn View Rd)

When

All sessions will be held Sundays.

Sign Up Now—Don't Get Shutout!!—Spots are limited!!

Cost

K-12th \$149.00

Contact Info

Brianne Ruzek (Women's League Director) E:Mail Bmruzek@gmail.com
Albin Haglund (League Director) E:Mail Albin@laxlocker.com

Phone: 480-951-3LAX (3529) Fax: 480-998-5552

Info on all our clinics, leagues, can be found on our website www.laxlocker.com