



St. Luke's Concussion Clinic

Dear Parent/Guardian

In order to better manage concussions sustained by student athletes, St. Luke's Sports Medicine Concussion Clinic is currently providing opportunities for baseline ImPACT testing. ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to assist in successfully diagnosing and managing concussions.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in a "video-game" type format on a computer and takes about 30 minutes to complete. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It is not an IQ or full neuropsychological evaluation. For more information regarding ImPACT, please visit their website at www.impacttest.com.

If a concussion is suspected, the athlete will be able to re-take ImPACT. Both the preseason and post-injury data will be provided to a physician and/or to help evaluate the injury. The test data will be an additional piece of information in order to enable health professionals in determining when return-to-play is appropriate and safe for the injured athlete.

Your child's baseline ImPACT data will be saved in our data base and released to requesting parents, schools, and/or physicians in the event of a concussion.

Please return the attached page with the appropriate signatures. If you have any further questions regarding this program, please feel free to call our clinic coordinator at 381-2665.

****Your child will need to bring the completed consent form to his/her testing appointment. Without this form, testing will not be completed.**

It is important that your child arrive on time to his/her test session, as no late test starts will be allowed.