



## RECOMMENDED SYSTEMS OF PLAY (Formations including Goalkeepers)



### **Example: GK – Defenders – Midfielders – Forwards**

#### 7 vs. 7

GK – 3 – 2 – 1

GK – 2 – 3 – 1

GK – 3 – 1 – 2

#### 8 vs. 8

GK – 3 – 3 – 1

GK – 2 – 3 – 2

#### 11 vs. 11

GK – 4 – 4 – 2

GK – 4 – 3 – 3