WESTPORT SOCCER ASSOCIATION TOTS & Pre-K Developmental Clinics

Program Emphasis:

- Basic Skill Development
- Personal Development
- Motor Skill Development
- Fun Enjoyment

Player Responsibilities:

VERY IMPORTANT

- ✓ Bring an inflated soccer ball
- ✓ Bring soccer shoes and shin guards -SAFETY
 - We will not let a child participate if we feel it is unsafe
- ✓ Bring water
- ✓ Be on time
- ✓ Good Attitude
- ✓ Have Fun

Parents:

- Each child in this program must be accompanied by an adult
- Parents are welcome to observe all sessions
- Stay off training area during sessions, unless coach requests your assistance
- Viewing on one side of field only (Parking lot side)
- Please follow all parking area rules **Be very careful in parking lot!**
- Cancellation hotline number <u>203-221-9900</u>
- Coaches are free for questions before and after sessions
 - Not during sessions!





www.kydessoccer.com

www.westportsoccer.org

WESTPORT SOCCER ASSOCIATION TOTS & PRE-K Developmental Clinics

PROGRAM CURRICULUM TOTS & Pre-K

Week 1

Emphasis: Fun, motor skills development, basic dribbling

Week 2

Emphasis: Fun, motor skills development, dribbling (keeping ball close to you)

Week 3

Emphasis: Fun, motor skills development, dribbling

Week 4

Emphasis: Fun, dribbling (protecting ball)

Week 5

Emphasis: Fun, dribbling (foot contacts)

Week 6

Emphasis: Fun, dribbling & changing direction, independent decisions

Week 7

Emphasis: Fun, dribbling and scoring, independent decisions

Week 8

Emphasis: Fun

GAME EMPHASIS:

- 1. Small Sided Scrimmages
- 2. Everybody is involved and running
- 3. FUN