

# Simsbury Youth Hockey Association

## 2010 Pre-Season Program

The pre-season program is for the conditioning of experienced players, not a "learn to skate" program. You must be registered with SYHA and USAH and you must skate with your own age group.

**The cost is \$65.00 per participant. All sessions will be at the ISCC**

### **INTRO TO CHECKING \*\* For First Year Peewees Only - no separate fee\*\***

|          |      |                                 |           |
|----------|------|---------------------------------|-----------|
| Saturday | 9/11 | 7:30 - 8:35 AM (Last names A-L) | Age: 1999 |
| Saturday | 9/11 | 8:45 - 9:50 AM (Last names M-Z) | Age: 1999 |

### **MITE ALL (2002 and 2003)**

|           |      |                 |  |  |  |
|-----------|------|-----------------|--|--|--|
| Tuesday   | 9/21 | 6:20 - 7:20PM   |  |  |  |
| Wednesday | 9/29 | 6:55 - 7:55PM   |  |  |  |
| Saturday  | 10/2 | 10:00 - 11:15AM |  |  |  |

### **SQUIRT A-L (1/1/00 - 12/31/01)**

### **SQUIRT M-Z (1/1/00 - 12/31/01)**

|          |      |               |  |          |      |               |
|----------|------|---------------|--|----------|------|---------------|
| Friday   | 9/17 | 6:20 - 7:20PM |  | Saturday | 9/18 | 8:45 - 9:50AM |
| Saturday | 9/25 | 8:45 - 9:50AM |  | Saturday | 9/25 | 7:30 - 8:35AM |
| Saturday | 10/9 | 8:40 - 9:40AM |  | Friday   | 10/8 | 5:20 - 6:20PM |

### **PEEWEE A-L (1/1/98 - 12/31/99)**

### **PEEWEE M-Z (1/1/98 - 12/31/99)**

|           |      |               |  |           |      |                 |
|-----------|------|---------------|--|-----------|------|-----------------|
| Tuesday   | 9/14 | 6:20 - 7:20PM |  | Wednesday | 9/15 | 7:30 - 8:30PM   |
| Wednesday | 9/22 | 6:20 - 7:20PM |  | Saturday  | 9/18 | 10:00 - 11:15AM |
| Saturday  | 10/2 | 8:45 - 9:50AM |  | Friday    | 10/1 | 5:20 - 6:20PM   |

### **BANTAM A-L (1/1/96 - 12/31/97)**

### **BANTAM M-Z (1/1/96 - 12/31/97)**

|          |      |                   |  |           |      |                   |
|----------|------|-------------------|--|-----------|------|-------------------|
| Saturday | 9/11 | 10:00 - 11:15AM   |  | Saturday  | 9/11 | 11:25AM - 12:40PM |
| Tuesday  | 9/21 | 7:30 - 8:30PM     |  | Saturday  | 9/18 | 7:30 - 8:35AM     |
| Saturday | 9/25 | 11:25AM - 12:40PM |  | Wednesday | 9/22 | 7:30 - 8:30PM     |

### **GIRLS U14 (1/1/96 - 12/31/97)**

### **GIRLS U12 (1/1/98 - 12/31/01)**

|          |      |                   |  |          |      |                 |
|----------|------|-------------------|--|----------|------|-----------------|
| Sunday   | 9/12 | 1:35 - 2:40PM     |  | Friday   | 9/17 | 6:55 - 7:55PM   |
| Saturday | 9/18 | 11:25AM - 12:40PM |  | Sunday   | 9/19 | 1:35 - 2:40PM   |
| Tuesday  | 9/21 | 6:55 - 7:55PM     |  | Saturday | 9/25 | 10:00 - 11:15AM |

### **GOALIES - All ages - This is included in the Pre-Skate fee**

|         |      |               |  |           |      |               |
|---------|------|---------------|--|-----------|------|---------------|
| Tuesday | 9/14 | 7:30 - 8:30PM |  | Wednesday | 9/15 | 6:20 - 7:20PM |
| Sunday  | 9/26 | 2:45 - 3:50PM |  |           |      |               |

Complete the Pre-Skate registration form On-Line at [www.simsburyhockey.com](http://www.simsburyhockey.com) and pay by credit card

Or pay by check and remit to: SYHA PO BOX 62, Simsbury, CT 06070

Please refer to the Simsbury Youth Hockey website for schedule changes

Please try and skate with your designated group, if necessary, you may skate with the other age appropriate group in your division