

In the event of a head injury, a baseline concussion test can help medical professionals detect whether a concussion has occurred, the severity of the injury and when play can safely be resumed.

The test, called ImPACT, is available online or can be administered in a doctor's office. More information about the test, which is used by the NHL, NFL and many colleges and high schools, is available at: <http://www.impacttest.com>

Answers to Frequently Asked Questions regarding the ImPACT Concussion Test

What is it?

- Cognitive, computerized test for concussion management, specifically return-to-play decisions
- Measures cognitive baseline pre-concussion
- Can be used after a concussion but it must be disclosed or measurements are invalid
- Test length averages 30 minutes

Development and Use?

- University of Pittsburgh MD's and PhD's
- Peer reviewed and validity tested
- Many pro and student sports teams currently use ImPACT

Why use it?

- Player safety
- Current methods do not address subtle changes from concussions – ImPACT can detect these

How is it administered?

- Private physician office
 - Benefit: controlled administration
 - Benefit: local physician has baseline at office for comparisons
- On-line - \$10 on-line through Henry Ford Health System
 - Benefit: cost effective
 - Benefit: convenient

How can my child be tested?

- On-line @ \$10/test: <http://www.henryfordhealth.org/153781.cfm>
- The Center for Advanced Pediatrics. Office of Dr. Dobos in Norwalk, CT. \$25./test, Ellen Fahey, APRN will administer the test. Call 203-229-2000 to schedule an appointment.
- Pediatric Healthcare Associates. Office of Dr. Lee in Southport, CT. \$25./test. Call 203-452-8322 and ask for Lois to schedule an appointment.

It is a personal, family decision to use or not use the baseline test. This information is intended to help you make an informed choice.