



DECEMBER 2010 NEWSLETTER

Player of the Month:

Congratulations:

Midgets 1 Team

Head Coach: Joe Cannif

Assistant Coaches: Bob Alber, Steve DeCoste & Chris Hill

Upcoming Events:

Board Meeting 12/8/2010

Ice Breaker Social 1/8/2011



Reason Coach Caniff has nominated & The CHA POM committee has selected the entire Midgets 1 team (See team news articles below page 4.)

Prizes donated by CHA sponsors:

Play it again Sports

www.playitagainsportschelmsford.com

Center Sports

<http://centersportschelmsford.net>

R&R Trophy and Awards

www.rrawardscorp.com

Sports-Wash

www.sports-wash.com

Honorary mentions to runners up:

Michael Regan – Mites- 1

Andy Robinson – Pee Wee -1

Jake Melisi – Bantam -2

Michael Brogdon – Squirt- 4

Ben Thomas- Midget - 2



SAVE THE DATE

January 8, 2011

Annual Ice Breaker Social at the Chelmsford Radisson Hotel

This is a great night out for the parents and friends of the Chelmsford Hockey Associations – adults only. Come out and eat, drink and socialize outside of the frozen tundra of the forum! The band Dawghouse will be providing the music, so you better be prepared to dance this year! Great current rock hits and your favorite classic rock tunes. You don't want to miss this!

Appetizers, fun, raffles, dancing, prize baskets

Tickets: pre-order: \$15.00 per person
\$25.00 per couple

Tickets at the door: \$20.00 per person

Live music featuring the band:

DAWGHOUSE!

<http://www.facebook.com/group.php?gid=56227476307&v=info>

http://www.myspace.com/dawghouse_band



Girls U-19 & U-14 Lady Lions Team updates

Girls Program Update – The U19 girls season is quickly coming to a close as Thanksgiving is here and High School Tryouts are just around the corner. Although the team has had a hard time putting the puck in the net this season, their play kept opposing teams from putting too many points on the board. A season highlight came recently as the team won 3-0, verses Dedham. Goaltender Emma Hickey recorded her first shut-out this season. Coach Mercuri reports that the girls have improved their play the past few games with good passing and lots of hustle. That is a great way to go into the High School Season. Good Luck to all of the U19 Girls, thanks for your hard work this fall and keep it up. The board would also like to thank Coach Bud Mercuri & his assistants, Sean Doonan & Larry Eppolito for their work with the team. CHA really appreciates your work coaches.

The U14 girls seem to be clicking right along as they have turned in an impressive win/loss record so far this season. Coach Mike Bowser has been working hard with the girls and their game results have shown it. Watching these girls practice, I have been impressed by their steady improvement skating with speed and puck handling. The girls are putting a lot of effort at practice and the results are visible. We are very happy to have such a solid foundation in the Girls program and look forward to the rest of the season for the U14 Girls

Chelmsford Hockey Association wants to thank the following sponsors for donating the Player of Month prizes each month.

Center Sports ~ \$25.00

Play it Again Sports Chelmsford ~\$25.00

Sports Wash ~ 1 complete equipment wash

R&R Trophy & Awards ~ Player of the Month

Plaque

Thanks Ralph DiBacco

secretary@chelmsfordhockey.com

Sponsor Spotlight

API Delta- T Chelmsford
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Law Office of Michael Bowser, PC
Jay Colangelo Insurance Agency
My Dear Watson Plumbing Heating & Cooling
Play It Again Sports Chelmsford
R & R Trophy
Sears Hardware Chelmsford
Sullivan & Gannon, LLC
1st Rate Plumbing & Heating

These are just a few local businesses that are supporting Chelmsford Youth Hockey. If you would like to help support youth hockey and have your business featured on the CHA web site, please download the sponsor form on the CHA web site, and email your graphic to Ralph DiBacco, CHA Secretary:
Secretary@chelmsfordhockey.com



Message from the President



CHA instructor Greg Roche helps a young skater work on his passing technique.

Chelmsford Hockey hosts Try Hockey for Free Day: Local children take to the ice and play the game of ice hockey for the first time.

Chelmsford, MA, November 03, 2010: The Chelmsford Hockey Association (CHA) hosted a Try Hockey For Free Day at the Chelmsford Forum on Saturday, November 6th. The event, scheduled as part of USA Hockey's *New England Hockey Day*, allowed children

between the ages of four and nine to lace up their skates and play the game of hockey; many did so for the very first time. Participants spent over two hours with CHA on ice instructors learning how to skate, stickhandle, and shoot. All guests received complimentary pizza, hockey jerseys, and goodie bags filled with hockey treats. CHA Board member Chris Thomas proclaimed, "All of the kids arrived with nervous grins on their faces but departed with huge smiles and sweaty heads, all due to their enthusiasm, our terrific on ice instructors, and the great game of ice hockey."

Chelmsford Hockey will be hosting another Try Hockey For Free Day on Saturday, February 19th and will make sign-up information available in December. If you are interested in enrolling your child in any of CHA's clinic programs, visit www.chelmsfordhockey.com or contact John Robinson clinicdirector@chelmsfordhockey.com or Chris Thomas at icedirector@chelmsfordhockey.com for more information.

Chelmsford Team News

CHELMSFORD MIDGET 1'S FINISH SECOND IN STATE TOURNAMENT

The Chelmsford Midget 1 team had a strong showing in the Midget State Tournament November 10-14 in Waltham, finishing second in the 10 team field. Chelmsford was lead by leading scorers Billy Kamenides (9 goals; 2 assists) and Brian Bottari (4 goals; 4 assists) and a defense anchored by Sean O'Shaughnessy and Thomas Murphy.

Chelmsford opened the tourney with a 6-3 come from behind win against Twin City. Chelmsford opened the scoring on a goal from Kamenides with assists from Pete Lawlor and Bottari. Twin City came back strong, leaving the Lions trailing the game 3-1 after 2 periods, but erupted for 5 goals in the third, including a hat trick from Kamenides, two goals from Bottari and a goal from O'Shaughnessy, and assists from Anthony Omobono (2), Bottari (2), Alex DeCoste, Tyler Evans, and CJ Emmonds. On Saturday, Chelmsford opened the day against a tough Stoneham team, and took an early 2-0 lead on goals from Kamenides and Derek Hill, but the Stoneham team continued to press Chelmsford hard and came back with 2 goals to force the tie. In the final preliminary game, the Chelmsford team came out flying and jumped on SWS 4-0 on goals from Hill, Evans, and two from Kamenides. SWS tried to begin their comeback with a penalty shot late in the second period but was stopped by goaltender Brad Alber. SWS did break through to start the third period, but the defense led by O'Shaughnessy, Murphy, Connor McCarthy and Kyle Emmonds finished strong, and Kamenides shut the door with his second hat trick of the tournament to advance to the Sunday semi-finals.

In the semi-finals, Chelmsford faced a strong Somerville team with a deep bench, but continued to play with the same energy and team-focused play from the day before. Chelmsford began the scoring early with a goal from Bottari and continued to dominate the puck. Goals from Kamenides (2) and Kyle Emmonds rounded out the scoring and combined with strong goaltending from Connor Carson and Brad Alber for the 4-0 shutout and a trip to the afternoon finals. In the finals, Chelmsford continued to put in a maximum effort, but was outmatched by a strong Mohawks team 8-1. Billy Kamenides had the lone tally for the Lions on an assist from Pat Neylon. Finishing as runner-up in the state tournament is a first for the Chelmsford Hockey program, and a major accomplishment by all players.



SQUIRTS TWO RULE VALLEY LEAGUE

By Scott Bungard



SQUIRTS 2 BACK IN THE MIX

For the Chelmsford Squirts Two team, one hockey recipe that never fails combines a mixture of passing, back checking hustle and team defense. Games six and seven in The Valley League "Land Of the Ones" featured a 4-2 redemption victory over Salem and a crushing 5-0 win versus the Masco Ones. The Lions leap-frogged Salem and are tied with the Masco Ones at 2-3-2 (11-4-2 overall) in the second ten game parity round. Chris Bungard started the fireworks versus Salem on Saturday with a nasty wrist shot that Connor Walsh re-directed masterfully, 1-0 Lions. Speedy defenseman

John Ossif completed a spectacular "Bobby Orr" coast to coast trip to make it 2-0 with :28 seconds left in period one. Goalie Dylan McElhinney made clutch pad and glove saves and Christian Gastonguay top shelled a breakaway for a commanding 3-0 lead after two periods. Winger Patrick Wilson snapped a hard laser-like wrister into the goal, 4-0 Chelmsford. Matt Ringdahl fore checked and back checked like a pro and Chad Lizine set up scoring chances with slick passes. Defensemen Conor Quinn and Mike Marchessault ruled the blue line. A Sunday six a.m. demolition of the Masco Ones featured "star of the game" performances by John Roark (two goals) and Adam Haded (two goals). Chelmsford pressured the Masco goalie constantly with a barrage of passes and shots. Roark - flying all game long - got the party started with a wrister. A Pete Dillman, Haded and Ringdahl line kept Masco bottled up with ferocious checking. Wilson blasted another wrister for a 2-0 lead early in the second. The passing clinic continued with a Gastonguay to Dillman to Haded combo, 3-0 Lions. Roark tipped in a goal and Haded finished the game with a wrister for the final 5-0 score - a shutout for McElhnet. Back in the saddle, the team plays Burlington this Saturday.



Jake Elmore Locker Room COMPLETE!

Work is COMPLETE! The Jake Elmore locker room is again available to any CHA team. Thanks go out to the volunteers who have worked very hard to finish this project started by Mike Melisi.

A special thanks to the professional contractors from:

P.V.B Kitchens & Remodeling, Chelmsford

Paul V. Bonaiuto, Owner

Custom Counter Tops & Complete Remodeling

1-617-653-7347

Call Paul for your home's remodeling needs.

Thanks to Ann & Nick Durso from: **Express Signs & Graphics** for donating the custom made Chelmsford Lions white board.

<http://www.signs123.net>

978-250-9890.

Also lending a hand & elbow grease:

Tom Ervin, Eric Finney, Rob Staples, and Steve Lubinger Sr. and from FMC: Casey Murdough

Thanks for your hard work!



January 8, 2011
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Featuring:
DAWGHOUSE!

<http://www.facebook.com/group.php?gid=56227476307&v=info>
http://www.myspace.com/dawghouse_band



Coaches Corner

Tips from the Elementary School Teacher

Differentiate Instruction on the Ice

If you were to divide your team into three groups based on skill (Low, Middle, High) your whole group instruction to your team is only reaching ONE THIRD of your players (Middle group). To reach all levels, try having your higher skilled players teach the lower skilled players drills. Another suggestion is to have Asst. coaches take a specific group to work with skills.

Also, have players suggest ways to other players to improve skills. Children and young adults learn more from peers than from listening to lectures by a coach. Using positive language with your players such as "What can I do to help you with that skill?" or "I noticed that you were..." can increase player's positive response to you and also increase respect on the ice.

Submitted By
#25 Coach Pat McInerney



Donate Now

The Chelmsford Hockey Association is a non-profit organization to promote and encourage sportsmanship, teamwork, self-discipline and skills in the participants through amateur hockey and figure skating.

To make a tax deductible donation, please make checks out to Chelmsford Hockey Association and mail to:

Chelmsford Hockey Association
PO Box 71
Chelmsford, MA 01824

If you have any questions, please email our Treasurer at treasurer@chelmsfordhockey.com

Chelmsford Hockey Association is a 501(c)(3) organization. Our tax id # is: 23-7121411.

Fundraising Update

Team Pictures

Sorry about the delay for some of the team pictures. Each team will be notified when we are able to reschedule. For those teams who had pictures taken; they will be mailed home directly to you.

Clothing Sale

Thanks to everyone who placed clothing orders. Everything has been sent in to Center Sports; you will be notified when all the items are available.

Ice Breaker Social

Tickets to the Ice Breaker Social will be available this week to the Team Parents. Please see your team parent for tickets. There will be a meeting on Friday, December 3, 2010 at the Forum for anyone who wants to help with the preparations or at the Ice Breaker event.

