

TSC Under 8 - 5 V 5 Rules

LAW 1 – THE FIELD:

A. Dimensions:

The field of play will be 21 yards wide and 30 yards long.

B. Markings:

- 1) Sidelines and goal lines will be marked.
- 2) Corners will be marked.
- 3) Mid-field will be marked across the field with a 3 yard radius center circle.
- 4) Goal area will be marked proportional to the field size.

Goals:

- 1) The goals should be, but not limited to, 6 feet high and 12 feet wide with a net.

LAW 2 – THE BALL: Size 3 ball only.

LAW 3 – PLAYERS:

A. A team roster will consist of a maximum of 12 players. If a team has less than 4 players for a game, the opposing team will lend players so a game can be played.

B. Each team will have a maximum of 5 players on the playing field at any one time 4 field players and one goalie.

C. Unlimited substitutions will be made only at:

- 1) Quarters, half time, and injuries.

LAW 4 – PLAYERS EQUIPMENT:

A. T-shirts will be provide by TSC.

If the opposing team jerseys are not distinguishable, then the home team will wear pennies provide by TSC.

B. Footwear must be tennis shoes or soft cleat soccer shoes.

C. Shin-guards are mandatory for all players and must be worn inside the sock.

LAW 5 – REFEREE:

A. The match will be officiated by an assigned official.

B. The Official is to instruct the players on the rules of the game for each infraction or when needed.

LAW 6 – LINESMAN: Not used in 5 V 5.

LAW 7 – DURATION OF THE GAME:

A. The game will be divided into 4 continuous 10 minute quarters.

B. There shall be a half time break of 5 minutes and a 2 minute break between each quarter.

C. Score Board will only be used for running time and not scores

LAW 8 – START OF PLAY:

A. The HOME team kicks off first.

B. The game starts by a player kicking the ball forward from center field. The opposing team must be outside the center circle until the ball is played. The kicker may not 'two touch' the ball.

C. After a goal is scored, the opposing team kicks off in the same manner.

D. After half time, teams shall stay with the same ends and the opposite team shall kick-off.

E. After each quarter, the ball will be put into play by a kick off alternating between teams.

LAW 9 – BALL IN AND OUT OF PLAY:

A. The ball is out of play:

- 1) When the ball has wholly crossed the goal line or side line.

- 2) When the game has been stopped by the Official.

B. The Official shall always stop play when there is a risk of injury due to fallen players near the play of the ball or

fallen players attempting to kick the ball.

C. The ball is in play at all other times.

LAW 10 – METHOD OF SCORING:

A. The ball must wholly cross the goal line and between the goal posts. **No scoring is recorded.**

Goals can only be made when kicked in the defensive half of the field

LAW 11 – OFFSIDE: No offside in 5 V 5.

LAW 12 – FOULS AND MISCONDUCT:

A. In the Opinion of the official, fouls include hitting, tripping, holding, pushing, slide tackling and any other non-sportsman like conduct.

B. Intentional ball handling with the hands is a foul.

C. Two touches on a kick-off, kick-in, goal kick or free kick is a foul. Indirect kick.

D. All fouls will be explained to the offending player, and a free kick awarded to the other team.

LAW 13 – FREE KICKS:

A. All free kicks in 5 V 5 are considered “indirect”.

B. A goal may not be scored until the ball has been played or touched by another player.

C. The opposing team must be at least three (3) yards from the free kick.

LAW 14 – PENALTY KICK: No penalty kicks.

LAW 15 – THROW-INS:

A. Throw-ins per FIFA rule. U8 players will have two chances to correctly throw it in. Opponents must be (3) yards away from the ball.

GOALIE THROWS:

Goalies must throw the ball after stopping the ball in the goal area, There is no punting or drop kicking. Ball can not go over the center line without first touching the field or another player.

LAW 16 – GOAL KICK:

A. When an attacking player kicks the ball out of play across the goal line, a goal kick is awarded to the defending team.

B. The ball is placed within the goal area. The attackers must be at least three (3) yards from the ball.

C. Ball can not cross the center lined in the air.

Restart, indirect kick at the center line.

LAW 17 – CORNER KICK:

A. When a defending player kicks the ball out of play across the goal line, a corner kick is awarded to the attacking team.

LAW 18 – COACHES and PARENTS:

A. Only the Official is allowed on the field.

B. No one is allowed on to the field.

C. Official will report all misconduct to TSC.

D. Home team and Visiting team bench area is along the curtain side of the field.

TSC RULES:

A. NO FOOD OR DRINK ALLOWED ON THE FIELD

(water and sports drinks allowed)

B. Coaches are responsible for cleaning up the team area before leaving

C. Players can not hang on the goals

D. Players can not hang on the netting