

Enroll today!

Price: \$95* for 6 weeks

45 minutes per class

* Does not include Annual Membership Fee \$15

Class Schedule:

Wednesdays 1:30PM

10/28—12/02

12/09—01/20 *

Wednesdays 9:30AM

04/16—05/21

* Skips week of 12/28

Miss the first week? Call the center to see if there is room and we'll prorate the fee.

For more info call

978-649-9393

We offer many other Youth

Programs:

TBall

Soccer

Golf

Multi-Sports

Floor Hockey

Check out our website for
more information

Equipment Needed:

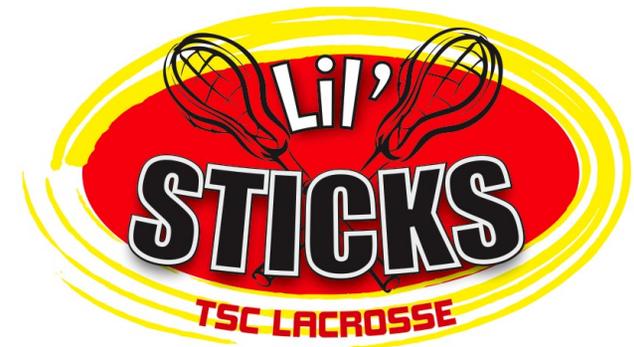
- Comfortable clothing
- Sneakers
- Lacrosse stick (we have some if needed)
- Bring water

Lil' Sticks

3 through 6 years old

Development Program For Boys & Girls

Fun activities structured
around lacrosse



Tyngsboro Sports Center

18 Progress Avenue

1/2 mile off of Exit 35—Route 3

Tyngsboro, Massachusetts 01879

(978) 649-9393

www.tyngsborosportscenter.com



Lil' Sticks Philosophy

Lil' Sticks is a child physical developmental program that uses a variety of engaging activities to promote the enjoyment of physical activity and promote the interest of lacrosse. Classes are professionally designed to develop motor skills, physical fitness and create self confidence. Instructor to student ratio is kept small to maximize individual development.

Registration Policy

- Classes based on availability
- Second family member \$10 discount
- Open enrollment - can join anytime for pro-rated fee
- Annual membership: \$12
- Ask about setting up your own class for groups

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Class Descriptions

Lil' Sticks is an introductory lacrosse program for girls and boys ages 4-6*. This program is a non-contact, safe, and fun way for the youngsters to learn the basics of the game by combining various drills and games. Lil' Sticks is fast-paced, and it's all about fun!

The benefits to players range from teamwork and exercise to motor skill development and getting a head start on the sport

***Ages at the start date of class**

**** More children's programs—check our website ****

www.tyngsborosportscenter.com

Please circle desired T-Shirt size

Youth: XS S M Adult: S M

Registration

Child Name

Date of Birth ___/___/___ Boy___ Girl___

Parent or Guardian Name

Address

City

Zip

Email

Day Phone

Please circle class on the reverse side.

\$95 per class. Add \$12 for annual membership fee if not already a member.

Amount*: _____