

500 Potash Hill Road & 18 Progress Ave, Tyngsboro, MA 01879

** 978-649-9393 **

www.tyngsborosportscenter.com



Tyngsboro Sports Center Indoor Soccer 2020/2021

Registration & Before League Starts:

- **Memberships:** All participants are required to have a Tyngsboro Sports Center Membership prior to their first game and they must be valid at all times during a season. We highly encourage parents to complete their Childs annual membership online under “membership” We will require a new waiver signed for all members but if yours is still up to date you will not pay again, until it expires.
- **Waiver Forms:** Players who have purchased a membership prior to 7/1/2020 are required to sign a new waiver form or purchase a new membership prior to playing. Waivers can be signed through your LeagueAthletics online account or can be printed and dropped off at the Centers office prior to the game.
- **Rosters:** A full and accurate team roster must be submitted prior to the first game. Rosters are critical for contact tracing purposes, so players not on a roster may not be allowed to play. Players can be added to the roster at any point during the season.

Pre-Game Policies:

- **Stay Home If Sick:** If you are sick, have any Covid-19 symptoms, or have had close contact with someone who has tested positive for Covid-19, please stay home. Also, participants who are from, or have travelled to, a state with high infection rates must complete a 14-day quarantine as required by the state.
- **Entering The Facility:** We are asking that all players wait in their car until 5 minutes prior to their game time before entering the building. Please check our facility flow map online for the designated doors to use when entering.
- **Be Prepared:** All players should be dressed and ready to play prior to entering the building.
- **Entering The Field/Court:** Teams must wait until the field is cleared before entering the field/court and should enter through designated doorways.

In-Game Policies:

- **Face Coverings:** Face coverings are required at all times when not playing (including in the bench area, entering and exiting the facility, and in parking lots). The Commonwealth of Massachusetts is requiring facial coverings to be worn by all participants except during high intensity aerobic or anaerobic activities. Players must have facial coverings with them at all times, and where possible, play with the facial covering on.
- Altered Rules of the Game(Soccer specific)
- **Contact:** Shoulder to shoulder contact is now suspended. Deliberate physical contact must be eliminated and is at the discretion of the referee. Intermittent and slight deliberate contact

needs to be reduced. Intentional physical contact will be considered a foul, i.e., hand checking, shielding face to face with contact, and during a 50/50 ball challenge with contact.

- Reminder that all fouls result in a direct kick.
- Corner Kicks:

Indoor-The ball will be moved to the top of the penalty area line, one foot from the boards if applicable. Turf will be marked for ball placements. Corner kicks must have one touch prior to entering the penalty area.

Outdoor- Corners and Kick-ins must have one touch prior to entering the penalty area.

- **Headers:** Challenged headers are now suspended. Challenged header is defined as a header with two opponents within one foot of each other both going for the ball.
- **Goalies:** Sliding in the penalty area is allowed as long as the primary point of contact is the ball. Goalies need to avoid contact with the offensive player.
- **Bench Area:** The bench area is for players participating only. All players must be socially distanced and wearing masks when in the bench area.
- **Equipment-** We highly discourage the sharing of personal equipment (i.e. gloves, masks, shin guards, cleats, etc). Any shared equipment must be sanitized after each use.
- **Spitting:** Absolutely NO SPITTING on the field or yelling in someone's face! Players caught spitting or yelling in someone's face will be issued a Red Card (there will be no warnings given).

- **Referee Questions:** If there are any issues or questions for the referee during the game, only a team captain or coach can approach the referee/official.
- **No handshakes/High Fives:** Please refrain from high fives, shaking hands, elbow bumps, etc. A 'nice game' is always appreciated though!

Post Game Policies

- **Remove All Personal Belongings & Trash:** Please make sure you take all your personal belongings and place any trash in the trash can. Anything left behind will be disposed of.
- **Exiting:** We ask that all players exit the facility within 5 minutes after their game to keep traffic low. Participants should exit through the appropriate doors.

General League Policies:

- **Social Distancing:** Participants are encouraged to maintain social distance while entering/exiting and in all common areas.
- **Spectators:** Spectators are limited for adult games and are not limited for youth games unless building meets capacity.
- **Restrooms:** Restrooms will be available. Showers will not.
- **Water:** Water fountains in the facility will be available due to having a contact free filler.
- **Group Size:** TSC is following state guideline in regard to the amount of participants per group and in the facility. Players will be allowed to have spectators as the facility is allowed to have 50% capacity which for our building is 500 people. Although we are not limiting spectators please be respectful of our capacity when inviting friends/family.

Additional COVID-19 Safety Protocols:

- **Increased Cleaning & Sanitizing:** In addition to the thorough cleaning the facility gets overnight, we have increased our cleaning schedule throughout the day, including sanitizing high-touch areas after each group leaves (door handles, bench areas, etc). In addition, Inside facility doors will be propped open or removed to help prevent the touching of door knobs/handles as much as possible when weather is good.
- **Sanitizer Stations:** Sanitizing stations have been setup at the main entrance and throughout the facility. We also encourage teams to bring sanitizer to sanitize equipment after use and hands while playing.
- **Encouraging Personal Hygiene-** We encourage players to practice proper personal hygiene when in the facility (clean hands regularly, cough/sneeze into a tissue or elbow, etc).
- **Ill Players:** If players start to feel ill at any point, they should immediately remove themselves and exit the facility.

If any player tests positive for Covid-19 within 14 days of playing at Tyngsboro Sports Center, we ask that they notify us as soon as possible. If informed of a positive test, TSC will follow the disclosure and contact tracing protocols of the state, county and town. Any communication required will be handled in accordance with health regulations and will ensure the confidentiality of the reporting person. Covid-19 positive players should follow the guidance of the CDC and state prior to returning and may be required to show a negative test result.

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*All policies are subject to change as this fluid situation evolves and state guidelines change.