

River Valley Youth Football League

2015 Age & Weight Matrix

as of 12/12/14

Ages as of August 31st of current year

Superlightweight:	Bare weight (up to)	With Equipment * (up to)	Starting Game 5 with Equipment* (up to)
Age 6-7-8	80	88	91
Striper 6-7-8	85	93	96
Double Striper 6-7	unlimited	unlimited	unlimited
Age 9	58	66	n/a

Lightweight:	Bare weight (up to)	With Equipment ** (up to)	Starting Game 5 with Equipment** (up to)
Age 8-9-10	103	108	111
Striper 8-9-10	108	113	116
Double Striper 8-9	unlimited	unlimited	unlimited
Age 11	74	79	n/a

Junior Varsity:	Bare weight (up to)	With Equipment ** (up to)	Starting Game 5 with Equipment** (up to)
Age 10-11-12	123	128	131
Striper 10-11	134	139	142
Double Striper 10	unlimited	unlimited	unlimited
Age 13	91	96	n/a

Varsity	Bare weight (up to)	With Equipment ** (up to)	Starting Game 5 with Equipment** (up to)
Age 12-13-14	161	166	169
Striper	192	197	200
Double Striper	228	233	236

Notes:

Weights are subject to change by River Valley Youth Football League

Players, ages six (6) and seven (7) on or before August 31 of the season can only play on the Super Lightweight level. Players, ages eight (8) and nine (9) on or before August 31 with a weight that exceeds 110 pounds, can only play on the Lightweight level. Players age ten (10), who weigh more than 136 pounds can only play on the Junior Varsity level.

*** Superlightweight Level ONLY - must weigh in with equipment including shoulder pads and game shoes**

**** When Lightweight, Junior Varsity & Varsity players weigh in, they must be wearing a minimum of the following equipment:**

Pants (Thigh and Knee pads)

Girdle Pads (Hip, Butt, Cup)

Game Jersey

Game Shoes & Socks

NO SHOULDER PADS ARE REQUIRED.

Extra Pads and Sweatshirts:

Rib Pads, Elbow Pads, Extra Sweatshirts, etc. do not have to go on until game time!