



# SOFTBALL & BASEBALL OPEN GYM

## Open gym for grades 7-12 players

Do you want space to start playing catch, work on some ground balls, and maybe work on some hitting drills? This open gym is for you. This will be ran by volunteer members of the Byron Baseball and Softball Associations. There is a one- time cost of \$20. You have the opportunity to come to one or all of the open gym sessions. Please sign-up at: <http://byronyouthbaseball.com>

### DATES:

Wednesday, February 8<sup>th</sup> 7-8 pm

Sunday, February 12<sup>th</sup> 4-5 pm

Wednesday, February 15<sup>th</sup> 7-8 pm

Sunday, February 19<sup>th</sup> 6-7 pm

Wednesday, February 22<sup>nd</sup> 7-8 pm

Sunday, February 26<sup>th</sup> 6-7 pm (time change)

Wednesday, March 1<sup>st</sup> 7-8 pm

Sunday, March 5<sup>th</sup> 4-5 pm

**Byron Middle  
School Gym**

**Wednesday Nights**

**7 pm – 8 pm**

**Sunday Nights**

**4 pm – 5 pm**

**One time cost of  
\$20**

**Please sign-up at:**

**<http://byronyouthbaseball.com/>**

### SKILLS

Playing Catch  
Arm Strengthening  
Pitching  
Fielding Drills  
Hitting Drills