

## **INFIELD PLAY**

### **FIELD WITH YOUR FEET AND EYES!**

#### **Questions Infielders Answer**

1. Hitter / Speed
2. Count / Pitch
3. Game situation
4. Positioning / Ability
5. Communication

#### **Pre-pitch Stance**

1. Glove – Open
2. Upright / Athletic
3. Feet moving
4. Anticipate – pitch/hitters swing

#### **Approach**

1. Get outside of ball
2. Short hop / Big hop
3. Get through the ball

#### **Fielding Stance (Routine GB)**

1. Feet – glove side slightly front of arm side
  - A. Weight should be on the balls of the feet
2. Hands – Extend in front of eyes
  - A. Glove – fingers down and relaxed
  - B. Throwing hand – cover glove
3. Funnel – throwing side

## **Backhands**

1. Right foot lead vs. Left foot lead
2. Rake – palm down (check time) / Feet field

## **Throwing**

1. Skate (click-step)
2. Step inside with back foot
3. Follow until received

## **Middle Infielders**

### **Positioning**

1. Regular
2. In vs. halfway
3. DP depth
4. 6 hole / 4 hole / pinch

### **Double Plays – 50 everyday!!!**

1. Feeds
2. Footwork

### **Groundballs**

1. Glove side
2. Arm side
3. Slow roller
4. Right at them

## **FIRST BASE**

### **Positioning**

1. Holding runners
2. Front
3. Behind
4. Back

### **Receiving Throws**

1. Use throwing hand side foot as bag foot, even on throw hand side
2. Stretch to ball after it's thrown and lead with glove
3. Short Hops – meet ball at ground (snatch)

### **Double Play Feeds**

1. Right Hander vs. Left Hander
2. Inside / Outside runner (according to depth)

### **Communication and Feeds with Pitchers**

1. Make unassisted play, if possible
2. Communicate with pitcher on GB to right side
3. Lead pitcher to base – get him the ball before he reaches the base
4. Make sure pitcher knows positioning before the pitch

### **Bunt Defenses**

1. Know your responsibility
2. Slow roller play to 3B
  - A. LH – traditional 2 hand
  - B. RH – backhand if possible

## **Relays**

1. Reading / Cutting balls off-line
2. Keep ball on glove side
3. Move feet

## **THIRD BASE**

### **Positioning**

1. Depths
2. Know hitters / Game situation
  - A. Protect the line?
  - B. 2 strikes on RH hitter – protect 6 hole and adjust

### **Angles**

1. Forward and backward
2. Cut-off ALL possible ground balls to the left
3. Lower arm slot on balls to left

### **Double Play Feeds**

1. Glove side / Arm side
2. Angles

### **Slow Roller Play**

1. Angles
2. Barehand
3. Two hands vs. One hand – 3B ATHLETICISM

### **Bunt Defenses**

1. Positioning

2. Know pitcher's fielding ability
3. Hitter's bunting ability / game situation

## **Relays**

1. Know OF's arms
2. Positioning

## **DRILLS**

1. 2 Knee Through
2. 2 Knee Rake
3. Partner GB's – All Angles
4. 3 or 4 Man Relay
5. Agility – **GETTING FEET AND EYES TO BALL FIRST**
  - A. Shuffle, Carioca, Star, etc.
6. Bare hand / Soft hands
7. Fast hands
8. Double Plays
9. Communication (6-4, 6-5, 4-3)
10. Dives
11. Showtime
12. Batting practice – Hold accountable (Compete)
  - A. OF in / Corners in / MIF back hands