



1-DAY CLINIC FOR GRADES 4-8 TO IMPROVE FOOTBALL SKILLS

MISSION

Each participant will learn skills at both the offensive and defensive positions. The goal of our football camp is to teach the basic essential skills in a safe and enthusiastic atmosphere. Rookie, or veteran, we will work on basic techniques, fundamentals, as well as, character development.

COACHING STAFF

Director of our clinic is Coach Jon Bartlett, Head Football Coach at Boston College High School. Coach Bartlett has been Head Coach at BC High for six years, with 2 Division 1 Super Bowl titles. Coach Bartlett is a positive role model, who has sent numerous players on to play college football.

The clinic will also feature talented high school coaches, as well as, past and current college football players.

For more information please contact:

Coach Jon Bartlett

617-750-6054

bartlett@bchigh.edu

"LIKE" US AND "SHARE" US ON FACEBOOK...
[facebook.com/RiseYouthFootballClinic](https://www.facebook.com/RiseYouthFootballClinic)

RISE YOUTH FOOTBALL CLINICS

c/o Coach Jon Bartlett

2 Doris Road

Acton, MA 01720



SUMMER 2016



1-Day Clinics for Grades 4-8

2016 1-Day Clinics

Clinic #1

Saturday, June 18th 4pm-7pm

@ BC High

Clinic #2

Thursday, July 21st 4pm-7pm

@ BC High

RYFC Information Summer 2016

CLINIC DATES/TIMES

- Clinic #1 Saturday, June 18th 4 pm - 7 pm
@ Boston College High School
- Clinic #2 Thursday, July 21st 4 pm - 7 pm
@ Boston College High School

CLINIC COST

Clinics are \$70.00 per session, per participant.

LOCATION

Clinics will be held at Boston College High School,
150 Morrissey Blvd. Boston, Ma. 02125.

EQUIPMENT/ATTIRE

Wear T-Shirt and shorts. Cleats are recommended. This is a non-contact clinic, helmets and shoulder pads not required. Every participant receives a RYFC T-shirt.

FOOD/BEVERAGES

Water will be supplied and participants may also bring their own snacks and beverages.

WEATHER

Clinic will be held **rain or shine**, on synthetic turf. In the event of inclement weather, please dress accordingly.

MEDICAL STAFF

A certified athletic trainer will be on site at all times.

PARTICIPANT'S MEDICAL INSURANCE

Participants must be adequately insured with personal insurance. In the event of injury or illness requiring treatment, hospitalization, and/or surgery, family medical insurance must be used. Medical personnel will be available at camp.

For more information please contact:

Coach Jon Bartlett

617-750-6054

bartlett@bchigh.edu

“LIKE” US AND “SHARE” US ON FACEBOOK...
[facebook.com/RiseYouthFootballClinic](https://www.facebook.com/RiseYouthFootballClinic)



REGISTRATION AND RELEASES

Please choose a 1-Day Clinic:

- Clinic #1 Saturday, June 18th 4 pm - 7 pm
@ Boston College High School ...\$70.00/Participant
- Clinic #2 Thursday, July 21st 4 pm - 7 pm
@ Boston College High School ...\$70.00/Participant

Please choose a T-Shirt size (Circle one): S M L XL XXL

Participant Information

Name: _____ Birthdate: _____
 Address: _____ APT. #: _____
 City: _____ State: _____ Zip: _____
 Age: _____ Current Grade: _____ Football Position: Off- _____ Def- _____

Parent or Guardian Information

Parent/Guardian: _____ Relationship: _____
 Mobil Phone: _____ Home Phone: _____
 E-mail: _____
 Participant's Physician: _____ Physician's Telephone: _____
 Date Of Last Physical Exam: (Must be within the past year) _____ Name Of Primary Card Holder: _____
 Health Insurance Provider: _____ Group/Policy Number: _____

Please list any orthopedic injuries within the past year. Briefly describe the injury and it's severity:

Emergency Contact #1: _____ Phone #: _____
 Emergency Contact #2: _____ Phone #: _____

I certify that my child _____ has had a physical examination within the past twelve months in order to participate in the Rise Youth Football Clinics. I authorize the RYFC to act accordingly and with their best judgment in case of an emergency. I have adequate insurance and hereby waive and release RYFC and its staff from any and all liability in the event of injury of illness requiring treatment, hospitalization, and/or surgery. RYFC is not responsible for and will not provide any medical, dental, hospital or laboratory fees due to injury while participating in the 2016 Rise Youth Football Clinics. I certify that all the above information is correct and to the best of my knowledge.

Parent or Guardian Signature: _____

Detach this form and mail to:

Rise Youth Football Clinic * c/o Coach Jon Bartlett * 2 Doris Rd * Acton, Ma. 01720