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## Hotlanta News:

**Gwinnett County Satellite Summer Club Program**- Hotlanta will be offering a summer club program for Gwinnett County residents. We will have a MS and HS team for this summer, as well as a Practice Only option. Practices will be held at George Pierce Park on Mondays & Wednesdays in the month of June and July. Time TBA. Go to the Hotlanta website for more info.

**Middle School Spring Select Team** – Hotlanta’s MS Spring Select program begins this Sunday with the first practice from 3pm-5pm. Practices will be at Kell HS in Marietta.

**Summer Club News** – Hotlanta will be announcing the hotels for each club team for the summer tournaments and rolling out a new solo program next week. Do not delay on booking your room because the room blocks will fill up quickly. Stay tuned for more details.

**Hotlanta to Run Blessed Trinity Summer Camp** – Hotlanta was hired to run the Blessed Trinity summer lacrosse camp for girls. The dates are June 8<sup>th</sup> through 12<sup>th</sup> for rising 2<sup>nd</sup> through rising 9<sup>th</sup> graders. All skill levels are welcome. Open to everyone. Go to [btcatholic.org](http://btcatholic.org) for more info.

**Other Local Lacrosse News** – The Division I collegiate lacrosse games on Saturday February 14<sup>th</sup> at Kennesaw State University are as follows: Northwestern v. UVA (women’s) at 3pm and Duke v. Denver (men’s) at 1pm. An additional men’s game is Berry v. Young Harris at 10am. For tickets go to [www.wherekennesawplays.com](http://www.wherekennesawplays.com).

## Player of the Month



## Corinn Valeri

Our spotlight player this month is one of our 2019 Select players, Corinn Valeri. Corinn attends Atlanta International School which does not have a lacrosse program but that has not taken away from her game. Corinn is a natural athlete as well as a lefty with a fantastic shot. She transitioned to lacrosse from roller hockey and has never turned back. Keep up the great work Corinn!

## Recruiting Tip:

January 2<sup>nd</sup> through May 21<sup>st</sup> is a legal contact period for college coaches to reach out to you. The exception to this is April 13<sup>th</sup> – 16<sup>th</sup>, which is a dead period. Make sure to follow up with any inquiries.

# Game Changer

ACL injuries are one of the top injuries in women’s lacrosse. Check out this article from US Lacrosse to see how you can prevent such a long-term injury.

<http://www.uslacrosse.org/multimedia-center/blog/postid/817/us-lacrosse-funded-acl-injury-prevention-program-to-grow-in-2015.aspx>

## Featured College of the Month:

## American University

American University is located in the heart of Washington, D.C.



American offers 69 different majors and a 12:1 student/teacher ratio. American is well known for its International & Public Affairs programs, as well as International

Law and Human Rights. A little over 7,000 students are enrolled in undergraduate programs and there are over 100 study abroad programs offered. The Lady Eagles lacrosse team competes in the NCAA Division I Patriot League Conference.

For more information, contact Coach Emma Wallace at [ewallace@american.edu](mailto:ewallace@american.edu) or 202-885-3072.